

**nZion Evangelical Lutheran Church  
454 Miller Street Pembroke, Ontario  
Office (613)732-8792 Pastor Scott Schellenberger (705)313-0333**

**The Eighth Sunday after Pentecost – July 18 2021  
Setting Four - Evangelical Lutheran Worship p. 147**

**All page numbers are found in the front part of the hymnal and hymns  
are found in the back.**

Prelude

## **WELCOME, INTRODUCTIONS AND ANNOUNCEMENTS**

### **Land Acknowledgment**

We acknowledge that the land on which we gather is the traditional unceded territory of the Anishnabe and Algonquin People.

### **Introduction**

Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregivers' need. We are sent from Christ's table to care for others and for ourselves.

### **Confession & Forgiveness – Page 94**

Blessed be the holy Trinity, + one God, who forgives all our sin, whose mercy endures forever.

**Amen.**

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

**Amen.**

Let us confess our sin in the presence of God and of one another.

*Silence is kept for reflection.*

Most merciful God,

**We confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the +Son, and of the Holy Spirit.

**Amen**

**Gathering Hymn #502 ELW – “The King of Love My Shepherd Is” (v. 1-4)**

**Greeting - Page 138**

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**And also with you.**

**Kyrie– Page 138**

In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above, and for our salvation, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

**Lord have mercy.**

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

**Lord have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen.**

## **Canticle of Praise – Page 140**

This is the feast of victory for our God. Alleluia, alleluia, alleluia.  
Worthy is Christ, the Lamb who was slain, whose blood set us free to be people of God.

This is the feast of victory for our God. Alleluia, alleluia, alleluia.  
Power, riches, wisdom and strength, and honor, blessing and glory are his.  
This is the feast of victory for our God. Alleluia, alleluia, alleluia.  
Sing with all the people of God and join in the hymn of all creation:  
Blessing, honor, glory, and might be to God and the Lamb forever. Amen.  
This is the feast of victory for our God. Alleluia, alleluia, alleluia.  
For the Lamb who was slain has begun his reign. Alleluia.  
This is the feast of victory for our God. Alleluia, alleluia, alleluia.

## **Prayer of the Day**

O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Savior and Lord. **Amen.**

## **First Reading: Jeremiah 23:1-6**

<sup>1</sup>Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. <sup>2</sup>Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. <sup>3</sup>Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. <sup>4</sup>I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD. <sup>5</sup>The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. <sup>6</sup>In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

The word of the Lord. **Thanks be to God.**

## **Psalm 23**

<sup>1</sup>The LORD is my shepherd; I shall not be in want.

<sup>2</sup>**The LORD makes me lie down in green pastures and leads me beside still waters.**

<sup>3</sup>You restore my soul, O LORD, and guide me along right pathways for your name's sake.

<sup>4</sup>**Though I walk through the valley of the shadow of death, I shall fear no evil; for you are with me; your rod and your staff, they comfort me.**

<sup>5</sup>You prepare a table before me in the presence of my enemies; you anoint my head with oil, and my cup is running over.

<sup>6</sup>**Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the LORD forever.**

## **Second Reading—Ephesians 2:11-22**

<sup>11</sup>Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision”—a physical circumcision made in the flesh by human hands—<sup>12</sup>remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. <sup>13</sup>But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. <sup>14</sup>For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. <sup>15</sup>He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, <sup>16</sup>and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. <sup>17</sup>So he came and proclaimed peace to you who were far off and peace to those who were near; <sup>18</sup>for through him both of us have access in one Spirit to the Father. <sup>19</sup>So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, <sup>20</sup>built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. <sup>21</sup>In him the whole structure is joined together and grows into a holy temple in the Lord; <sup>22</sup>in whom you also are built together spiritually into a dwelling place for God.

The word of the Lord.

**Thanks be to God.**

## **GOSPEL ACCLAMATION – Page 142**

Alleluia. Lord, to whom shall we go? You have the words of eternal life.  
Alleluia. Alleluia.

### **GOSPEL: Mark 6:30-34, 53-56**

The holy gospel according to Mark.

#### **Glory to you, O Lord.**

<sup>30</sup>The apostles gathered around Jesus, and told him all that they had done and taught. <sup>31</sup>He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. <sup>32</sup>And they went away in the boat to a deserted place by themselves. <sup>33</sup>Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. <sup>34</sup>As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. <sup>53</sup>When they had crossed over, they came to land at Gennesaret and moored the boat. <sup>54</sup>When they got out of the boat, people at once recognized him, <sup>55</sup>and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. <sup>56</sup>And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

The gospel of our Lord. **Praise to you, O Christ.**

**Sermon - +ELCIC Summer Sermon Series - Pentecost 8** Mark 6:30-34, 53-56 - Rev. Prema Samuel Assistant to the Bishop, Alberta and the Territories

We are exhausted.

As I am preparing this sermon, I am hot and sticky and tired. It is 34 degrees and I have a whole week of this ahead. How I feel this dry, hot day reflects how I have felt the past number of months.

I turn to Facebook for some escape. I usually enjoy pictures of people's camping trips and flower gardens, beautiful baby pictures and family events. But populated throughout social media are stories of the great injustices – injustices perpetrated on our Muslim brothers and sisters... the horrors of the residential schools. These issues, along with concerns of climate change and gender equality, are of immense importance. But for just a few blessed minutes I want to find an escape from all that needs to be done, to be challenged, voiced — to find peace. Quickly enough, that quest for positivity becomes swallowed up by the darkness I was hoping to avoid for a few, precious minutes.

When I check out the news feeds from my family and friends in India, I find the same thing waiting for me. The grim realities of COVID, as my country of birth faces levels of death and trauma due to the virus which some have referred to as a genocidal in nature. Of course, that does not even take into consideration the migrant workers seeking work or refuge, amidst the numerous atrocities towards women and young children, students and so on. I feel helpless, knowing I am half a world away and can do nothing to help. All I can do is pray and hope that God will see my family and my country through this horrible time, and I worry.

The COVID realities here in Canada are fraught with uncertainty. The province I am currently living in is set to open on July 1st and many await it with anxiety. Yes, it will be nice to see everyone again and do the many things we have put on hold, but there is always the worry that this might precipitate another wave. We do not want to go through anymore lockdowns, but we certainly don't want to see any more loss of life either.

Needless to say, I am exhausted, deep in my bones and soul and I know that I echo a sentiment shared by many. I am exhausted!

In our Gospel reading, Mark tells of the disciples returning to Jesus from their missionary work, excited by all that they have done and taught. It reminds me of the day when my grade 1 child returned from a hot field trip day at the Zoo. He was so excited to tell all me about all that he saw and did at the Zoo, that he did not give any thought to the heat of the day and that he had been walking through most of it and possibly very tired. As a mother, my first thought was, "did you eat your lunch, did you drink enough water throughout the day?" – to ensure that he was well and cared for.

Responding to them, Jesus recognizes that and offers the disciples the invitation for rest and nourishment. They are invited to eat and rest, knowing that soon enough they will need to return to world. But right now,

rest is far more important. Without it, they will not be able to do what they have been called to do.

How many times, over the last many months, have you rested? And when I say rested, I mean truly rested. A soul rest that leaves you nourished and feeling alive. The soul rest that is so needed after the soul work, the Spirit's work that comes from passion and love for the speaking and doing – proclaiming the Gospel.

This soul rest has certainly been a challenging one for me through this time of COVID. Along with negotiating the world we live in, to negotiate education and care for my family, ensure the call I have been invited to serve is... to worry about loved ones' health and well-being. Not even to mention the exhaustion from weeping for and with our Indigenous siblings, speaking for climate justice, challenging discrimination against persons of color and disabilities, against the many oppressions and injustices... This is soul work and it is exhausting! And needs the soul nourishment and soul rest.

There isn't time for soul rests and taking the kind of nourishment that brings fullness to the soul. I am sure that like me, you have to make do with little dribblets of rest, most of which feel like cat naps when what we need is a long, real soul rest.

When Jesus offers his disciples rest, there is a part of me that wants to call out, “Me too. Please. I need that food and rest too!” It sounds so wonderful, to rest in the presence of Jesus.

Perhaps that sentiment was shared by others outside of the disciples. Because, as they rest, others, many others, come to Jesus. They are seeking something. Perhaps it is healing or wholeness or perhaps just standing in the presence of Jesus. Jesus, seeing them, goes to them because he has compassion on them. As the disciples rest, Jesus continues the soul work of teaching and healing. Many, like the Syrophenician woman from the June 27th reading, are content just reaching out to touch the fringe of Jesus’ cloak. In that moment, they find the rest, the love and the wholeness that they need. We don’t know what kind of life they were facing, but it was likely not easy. The Romans and the Judean elites would have made life difficult for them. But in Jesus, they had found life and it was enough just to touch the fringe of his cloak. It was enough for them to find the healing they needed so that they could keep moving and keep living.

In this moment of our history, we need the rest in Jesus. We echo the needs of the disciples and those that came running and those that were brought to Jesus. Whether we were trying to help negotiate the

church through this unprecedented time or whether we were just trying to hold on, our very being cries out for relief and for hope. We are crying out for our God. And as Christ does, he comes to us in compassion and offers us that peace, that rest. Christ gathers us in and bids us to rest, to put down our burdens and let go.

That is not to say that we are no longer needed in the world. Soon enough, we will need to set off once again and be agents of Christ's love in the world. But we also need to rest and find nourishment and succor for our souls. We need to find that healing and peace that only Christ can give, or we risk being taken down by the cares of the world.

And mind you, as he did that day... while the disciples rested, Christ continued to heal, teach, nourish and care.

In our need, Christ comes and offers us food and rest knowing that we will have to go back out into the world. As we rest Christ continues the healing and teaching. We rest in Christ to be strengthened to get back to where Christ is to speak, challenge, heal, teach, nurture and nourish in compassion – to go and do the soul work. We are needed to be the hands, heart, ears, voice, eyes of Christ. But for now, knowing Christ continues the work of compassion, we are invited to rest, to rejuvenate, to renew. We will go out with renewed strength to clearly see and do, with

refreshed heart to passionately love and challenge, with revived hope to heal and forgive. But he won't let us do that so exhausted that we cannot even function. Instead, he will grant us peace, restore our hope and help us to see again that we are valued and loved always so that in turn, we can value and love God's children.

To this God who, in challenging and calling us to be the missionaries of justice, healing and peace, invites and reminds us of the peace, healing and rest bringing wholeness, we say, "Amen and thanks be to God."

Amen.

## **Hymn of the Day #676 ELW – “*Lord Speak to Us, That We May Speak*”**

### **Apostles' Creed– Page 105**

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### **Prayers of Intercession**

Rooted in Christ and sustained by the Spirit, we offer our prayers for the church, the world, and all of creation.

*A brief silence.*

Tend your church, O God. Encourage bishops, pastors, and deacons in their proclamation of the gospel. Raise up new leaders and encourage those pursuing a call to ministry. Embolden all the baptized to embody your love and justice. Hear us, O God.

**Your mercy is great.**

Restore your creation, O God. Sustain croplands and pastures and safeguard all farm animals and livestock. Preserve lakes, rivers, and streams that offer refreshment. Revive lands recovering from natural disasters and protect coastlands threatened by rising oceans. Hear us, O God.

**Your mercy is great.**

Reconcile the nations, O God. Break down the dividing walls that make us strangers to one another and unite us as one human family. Equip leaders to deal wisely with conflict and guide diplomats who seek peaceful solutions. Hear us, O God.

**Your mercy is great.**

Heal your people, O God. Look with compassion on immigrants, exiles, and all who are afraid or feel lost. Give rest to those who are weary, comfort to those who are grieving, and recovery to those who are ill; especially, Florence, Jason, Richard, Heather, Vince, Aileen, Robert, Flora, Dorian, Ryan. Hear us, O God.

**Your mercy is great.**

Nourish this congregation, O God. Prepare a table where we receive food for our hungering spirits. Renew our commitment to provide for one another and revitalize our ministries of feeding and nurturing hungry neighbors. Hear us, O God.

**Your mercy is great.**

You lead us home, O God. We give thanks for all who have died, now citizens with the saints. As you have received them into your heavenly home, so welcome all of us to dwell in your house forever. Hear us, O God.

**Your mercy is great.**

We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord.

**Amen.**

## **THE PEACE**

P: The peace of Christ be always with you

C: And also with you.

## **Offering**

*Please place offerings on the plate as you leave the church or feel free to drop off your envelopes at the church and you can also e-transfer offerings.*

## **Offertory Hymn 884 ELW Praise God from Whom all Blessings Flow**

### **OFFERING PRAYER (ELW p. 144)**

Let us pray.

Merciful God, as grains of wheat scattered upon the hills were gathered together to become one bread, so let your church be gathered together from the ends of the earth into your kingdom, for yours is the glory through Jesus Christ, now and forever. **Amen.**

### **GREAT THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

### **HOLY, HOLY, HOLY (ELW p. 144)**

**Holy, holy, holy Lord, God of pow'r and might, heaven and earth are full of your glory.**

**Hosanna. Hosanna. Hosanna in the highest. Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

### **THANKSGIVING AT THE TABLE (ELW p.145)**

You are indeed holy, almighty and merciful God.

You are most holy, and great is the majesty of your glory.

You so loved the world that you gave your only Son, so that everyone who believes in him may not perish but have eternal life.

We give you thanks for his coming into the world to fulfill for us your holy will and to accomplish all things for our salvation.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

For as often as we eat of this bread and drink from this cup, we proclaim the Lord's death until he comes.

**Christ has died. Christ is risen. Christ will come again.**

Remembering, therefore, his salutary command, his life-giving passion and death, his glorious resurrection and ascension, and the promise of his coming again, we give thanks to you, O Lord God Almighty, not as we ought but as we are able; we ask you mercifully to accept our praise and thanksgiving and with your Word and Holy Spirit to bless us, your servants, and these your own gifts of bread and wine, so that we and all who share in the body and blood of Christ may be filled with heavenly blessing and grace, and, receiving the forgiveness of sin, may be formed to live as your holy people and be given our inheritance with all your saints.

To you, O God, Father, Son, and Holy Spirit, be all honor and glory in your holy church, now and forever.

**Amen.**

**THE LORD'S PRAYER (ELW p.145)**

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,**

on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

### **INVITATION TO COMMUNION (ELW P.146)**

Taste and see that the Lord is good.

### **COMMUNION**

#### **COMMUNION SONG (ELW p. 146)**

Lamb of God, you take away the sin of the world; have mercy on us.  
Lamb of God, you take away the sin of the world; have mercy on us.  
Lamb of God, you take away the sin of the world; grant us peace, grant us peace.

#### **Music during Communion**

#### **Post Communion Prayer (ELW p. 146)**

Let us pray.

O God, we give you thanks that you have set before us this feast, the body of blood of your Son. By your Spirit strengthen us to serve all in need and to give ourselves away as bread for the hungry, through Jesus Christ our Lord. **Amen.**

#### **Benediction**

May the Lord bless you and keep you, the Lord make his face to shine upon you and be gracious unto you. May the Lord + look upon you with peace.  
**Amen.**

Hymn #834 ELW – *“Immortal, Invisible, God Only Wise”*

#### **Sending**

Go in peace. Serve the Lord. **Thanks be to God.**

## **Postlude**

From sundaysandseasons.com.

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## **News and Announcements:**

### **Please Pray for Those Who are Ill, in Hospital, or Requested Special**

**Prayers:** Florence Felske, Jason Godin, Richard Hubert, Heather Miller, Vince Rabishaw, Aileen Roesler, Robert Schoof, Flora Schrie, Dorian Verch, Ryan.

## **RE-OPENING FOR IN-PERSON SERVICE.**

We are excited to announce that Zion is holding in-person services again - capacity is limited to permit physical distancing of 2 metres.

## **WEBSITE UPDATE**

It's time to update our pictures for the website....our church family during the pandemic....please email them to [jan.scheidt21@gmail.com](mailto:jan.scheidt21@gmail.com) or call 613-732-8792 so that we can make arrangements to come take your picture! Thank you!

## **SERVICE BROADCAST ON COGECO**

Cogeco Community Channel is now broadcasting Zion's services at 9:00 a.m. and 12:30pm on Sunday mornings a week later.

## **UPDATES FROM CHURCH COUNCIL**

We would like everyone to know that Pastor Scott will be available at the church office during regular office hours – Monday, Wednesday and Thursday from 9:00am to 12:00 noon. If possible please call in advance of coming into the office to ensure that he is available to see you. Pastor Scott is available for backyard visits too. The church office phone number is 613-732-8792 or call Pastor Scott's cell phone at 705-313-0333

## **CAMP LUTHERLYN SUNDAYS**

We are excited to announce that we will be holding our Rally Sunday morning service at Camp Lutherlyn on Sunday, September 12, 2021.

### **Today's Video Has Been Brought To You By Zion Lutheran Church's Production Crew:**

**Presider:** Pastor Scott Schellenberger

**Musician:** Blaine Sack

**Worship Assistant/Reader:** Sandra Sell

**Projectionist:** Ellen Vandersleen

**Recorder:** Ty Phannenhour

**Sound Board Operator:** Todd Phannenhour

**Credit Researcher:** Diane Hammel

### **Today's Scheduled Worship Leaders**

**Counters:** Lisa Campitelli, Karen Gauthier, David Lehman

**Ushers:** Sonya Grife, Cheryl Sack

**Sexton:** Diane Hammel

### **This Week at Zion – July 19 - 25**

**Tuesday 7 p.m.** Narcotics Anonymous

**Sunday 10 a.m.** Pentecost 9 Worship Service with Holy Communion