

60 Second Homemade Jam:

This is a fresh, easy, and artificial sugar and pectin free jam.

Ingredients

1 Cup of your favorite Berries
1 Tbsp Chia seeds
1 tsp Honey

Directions

In small blender, blend all ingredients.
Pour into a jar with a lid.
Place in Refrigerator overnight.

The Chia seeds create a lovely jelly-like texture to the sweet berries and honey.

Note:

**If you have a Recipe or a Spiritual Thought that you'd like to share in one of the Monthly Relief Society Newsletters, please email or see Jen Baker. Thanks so much!
jen.k.baker@gmail.com

The Distribution Services Store

has now opened at: 221 E. Main St.,
Palmyra NY (next to the Grandin Building). Phone#(315) 502-1011.

The winter hours are:

T/Th 10am-5pm, W/F 3-7pm, Sat 9-5,
Closed Sun/Mon, and Closed any other day the Temple is closed.

Spiritual Thought:

From a talk in our most recent Stake Conference Saturday December 1st, 2018

by President Jim Brahm:

-“We need to remind ourselves to stay firm & steadfast through trial and affliction. Trials will turn into blessings.”

-“Persevere firm & steadfast following Jesus Christ.”

-“Trials & temptations can lead to our true conversion & healing, & can lead to sanctification of our sin-wounded souls.”

Ministering Message:

Christ said to Peter, “...And when thou art converted, strengthen thy brethren.”

Luke

22:32

Mission Addresses:

- Sister Lacey Smith
1370 Caldwell Blvd, STE #
300
Nampa, Idaho 83651

- Sister Jessica Rouland
Fiji Suva Mission Office
GPO Box 215
Suva, Fiji



February Birthdays:

- 2 Stacy Hargarther
- 3 Bobby Jo Monroe
- 5 Terri Payne
- 6 Ellen Thomas
- 8 Wanda Brake
- 9 Daisy Ramos
- 10 Deborah Decker
- 11 Vina Gardner
Ann Minges
Rachel Stoneham
- 12 Lori Guinup
Sharon Spears
- 17 Donna Leddick
- 18 Deb Brown
- 19 April Wilhelm
- 22 Donna Parker
- 26 Marsha Schroeder

February 2019 Announcements

- 8-8:00pm** Evening with a General Authority. View on Church satellite, lds.org, byu.tv or mormonchannel.org
- 16-6:00pm** Ward Dinner/Primary Luau at the Chapel
- 20-6:30pm** RS Activity-Bread Making & Knitting a Scarf classes

***Relief Society meetings** are now held the 2nd and 4th Sundays from 10:40-11:30am in the Relief Society Room.

***Please sign up for Ministering Interviews with the RS Presidency** on the RS Table in the back of the Chapel.

***We are in need of birthday card donations** for men & women in nursing homes for our ongoing service project. Please bring donations to a member of the RS Presidency. (If each of us brought 1-2 cards, it would still be a very big help!)

****Please see announcements and sign-ups in the back of the chapel each week to keep informed & involved in the work & activities of the Lyons Ward Relief Society.** We will try to put as many announcements in this newsletter as possible to help with this. Please also see the weekly Ward Bulletin, the Stake Calendar, & <http://www.are-you-ready.org/lyons-ward.html> for announcements & information. If there are any questions, please see a member of the RS Presidency. Thank you!

RS Lesson Schedule February 2019

-10 “Truth and the Plan” by Elder Dallin H.Oaks. (Nov 18 Ensign),
Sister Sandie Graham

-24 “Firm & Steadfast in the Faith of Christ” by Elder D. Todd Christofferson (Nov 18 Ensign)
Sister Lindsay Burditt

“Come Follow Me” Reading Schedule

1/28-2/3 – Matt 3; Mark 1; Luke 3
2/4-2/10 – Matt 4; Luke 4-5
2/11-2/17 – John 2-4
2/18-2/24 – Matt 5; Luke 6
2/25-3/3 – Matt 6-7

****If you do not yet have the “Come Follow Me” manual for your family, please go to the library (next to the YW room) to get your own copy to study.**

Lyons Ward Relief Society Presidency

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Svetlana Burris—2nd Counselor
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Jen Baker—Secretary
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Mari Potter—Asst. Secretary
marianzapotter@gmail.com

Lyons Ward Relief Society February 2019



Relief Society

“Although the name may be of modern date, the institution is of ancient origin. We were told by our martyred prophet that the same organization existed in the church anciently.” -Eliza R Snow

Get information from our Facebook page:
“Lyons Ward RS”

Lyons Ward RS Presidency email address:
lyons.ward.rsp@gmail.com