How brain injury impacts your daily life

LEFT VS. RIGHT BRAIN

LEFT SIDE

Speaking

Reading

Writing

Listening

Grammar

Number skills

Computation skills

Analyzing Information

Reasoning

Logic

Sequential Thinking

Time Awareness

Controls right side of body



RIGHT SIDE

Organizing information

Abstract meaning

Context

Spatial Relationships

(like map reading or shape recognition)

Visual Information

Face Recognition

Intuition

Emotion

Imagination

Detecting motion

Music & Art Awareness

Controls left side of body

INJURIES ON THE LEFT SIDE OF THE BRAIN CAN CAUSE:

Difficulty understanding spoken & written language Difficulty expressing spoken & written language Changes in speech Verbal memory issues Impaired logic Sequencing difficulties

INJURIES ON THE RIGHT SIDE OF THE BRAIN CAN CAUSE:

Impairments in attention Left neglect Memory issues Decreased awareness of deficits Loss of "big picture" thinking Altered creative or music perception Changes in speech