

Kappa Epsilon Psi Military Sorority, Inc.

“ELITE PROFESSIONALS” Tampa Tau Chapter

4th Qtr 2022



Chaplain's Corner

Greeting Sorors,

As we head into a new year, I want you to reflect on what happen in the year 2022. What goals have you accomplished? What changes have occurred in your life willing and unwilling? As you reflect on that think about what you want for the year of 2023 whether it be old goals or new goals, healing from past hurt or loss, and/or changes in yourself. I encourage you to write it down and put it somewhere so you can go back and look it to motivate you throughout the year and see how far you come. Create positive affirmation for yourself to help keep away that negative thoughts and push you through the hard times. If you believe in God, pray and trust in him and do not lean on your own understanding.

Trust in the Lord with all your our heart and lean not on your own understanding Proverbs 3:5

Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your request be made known unto God. And the peach of God which passeth all understanding shall keep your hearts and minds through Christ Jesus. Philippians 4: 6-7

I can do all things through Christ which strengtheneth me. Philippians 4:13

A WORD FROM OUR PRESIDENT



Sisterly and Holiday Greetings!!!!!!

As we come to the close of 2022, I want to thank each you from for what you have done for Kappa Epsilon Psi Military Sorority, Inc and Tampa Tau this year. No matter how big or small, I am grateful for your contribution. Typically the end of a year is a time of excitement and reflecting. We are eager to start a new year and reflecting on the past 12 months on what went well and what didn't. Most of us also contemplate on what we can do better. Once we figure out what we want to improve, we then set new year's resolutions and goals to achieve for the upcoming year. I always remind myself while I'm reflecting that unexpected moments happen in life and if I did not met a particular goal that I had set does not mean that I failed. Instead it as an opportunity to learn and continue to develop as an individual. Going into my 5th full month as the President of this Chapter, I have learned that I truly need each of you to help make this Chapter a success. This is not a one person position, or a 9 person leadership team mission. It is a Chapter team effort and it indeed takes a village. So in the words of that great gospel singer Hezekiah Walker, We need *you* to survive: Each of *you* are important to Tampa Tau and *we* need *you* involved in order to survive. Take this time while we are in operational pause to relax and enjoy your family over the holidays. But I also ask that each of you to take some time to reflect on our year as a Chapter. We met some goals and others we fell short of. Reflect on the role you played in the successes as well as the short falls. We are all a part of this awesome Chapter, so lets *Honor* together, *Unite* together and *Mentor* together. Each of you are important to me and I wish you and your families a very Merry Christmas and a blessed 2023!



Vice President's Thoughts

Change is good. Change is different. Change has to happen in order to grow. Learn to embrace change, step up to be a part of the change and speak up for change. Be the change you want to see. If you want something different, YOU have to do something different. Tampa Tau needs your experience, your expertise and your ideas. Be an active participant in the CHANGE you want to see!

Sister Checks – Very important!
Have you called a sister lately?



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CALENDAR OF EVENTS

OCTOBER- Breast Cancer Awareness Month, National Domestic Violence Awareness and Prevention Month, National ADD/ADHD Awareness Month

10 Oct - Columbus Day
13 Oct - National No Bra Day
13 Oct - U.S. Navy 247th Birthday
20 Oct - Domestic Violence Awareness and Prevention Day
31 Oct - Halloween

NOVEMBER- Native American Heritage Month; Military Family Month; Diabetes Awareness Month; Men's Health Awareness Month

07 Nov - Daylight Savings Time Ends
08 Nov - General Election Day
10 Nov - Marine Corp 247th Birthday
11 Nov - Veteran's Day
24 Nov - Thanksgiving Day

DECEMBER- HIV/AIDS Awareness Month; Seasonal Affective Disorder Awareness Month

01 Dec - National Christmas Lights Day
01 Dec - World HIV/Aids Awareness Day
07 Dec - National Letter Writing Day
13 Dec - National Guard Birthday
14 Dec - National Free Shipping Day
25 Dec - Christmas Day
26 Dec-1 Jan - Kwanzaa Celebration



October

1st – Soror Klink
25th – Soror Melendez

November

5th – Soror Chambers-Johnson
25th – Soror Jallow

December

25th – Soror Burton
26th – Soror Molden-Verner

***** Soror Spotlight *****



Soror Michelle Jamison is from Miami, FL, born January 4th to Jerry L. Wimberly and Poullette V. Sims Wimberly. She attended Miami Norland Sr. High where she was a flagette in the band. While in high school Soror Jamison had an opportunity to be in two movies as an extra (Flight of The Navigator and Searching for Mr. Right) and a few commercials (Eastern Airlines and Burger King). After graduation in 1987, She attended FAMU in Tallahassee, FL and enlisted in the Army Reserves the summer of 1988. Her unit was the 400th MP EPW/POW Camp in Tallahassee. They deployed to Desert Storm/Gulf War in 1991. She graduated with a BS in CIS and finished her tour of duty with the Reserves at the same time, August 1994.

Soror Jamison enjoys learning about new technology and recently completed a BI certification training. She enjoys cooking, as well as relaxing and listening to music. Soror Jamison joined Kappa Epsilon Psi Military Sorority, Inc. to be a part of an “Elite” sisterhood that uplifts each other as well as the community. She presently serves as the Assistant to the CIO of the Tampa Tau Chapter where she is excelling daily in her duties. Soror Jamison also participates in on-going community service at the VA weekly and the local USO up to twice a month, fulfilling her promise to Kappa Epsilon Psi Military Sorority, Incorporated.

KEEEYYY-PSIII!!!

Soror Jamison is such a JOY to be around and work with. She always shows up with a smile, greets you with a smile and loves on you always. She is a true light to Tampa Tau!!!

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KEY Happenings – Chapter News

Tampa Tau Chapter dues for 2023

➡ \$150 ⬅

Dues must be paid in full

NLT 31 Jan 2023

Dues can be paid in 3 installments of \$50 ea.

Final payment NLT 31 Jan 2023



- National Qtrly Training, 8 Oct 222
- Tampa Tau 6th Anniversary Masquerade Ball, 29 Oct 22, 5-10 pm/Secret Location
- Chapter Business Meeting, 15 Oct 22
- KEY Fall 2022 Celebration of Sisters, 5 Nov 22, Atlanta GA
- KEY Operational Pause, 5 Nov 22 - first wk of January 2023
- Chapter Business Mtg, 13 Nov 22
- KEYSGiving Non-perishable food items collection, 19 Nov 22, Time/Location: TBD
- Soror Bonding Movie Night Wakanda Forever movie premier, 19 Nov 22 Time/Location: TBD
- Wreaths Across America, 17 Dec 22, Time/Location: TBD
- Tampa Tau Holiday Social, 17 Dec 22, Time/Location: TBD



National Dues Cycle is now open
15 Oct 2022 – 31 Jan 2023

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DONATE YOUR SNEAKERS TODAY
FUNDRAISER IN FULL EFFECT UNTIL
DECEMBER 31, 2022

Kappa Epsilon Psi, Military Sorority, INC Tampa Tau Chapter

Virtual “Got Sneakers” Donation Fundraiser

When: March 12, 2022 to December 31, 2022

How: Collection & Donation of used sneakers (men or kids sneakers are welcome)
Donated sneakers will be collected 2nd Saturday of every month
Contact the POC if additional pick up date is needed

Proceeds will support the Tampa Tau Operations and Education Fund

POC: Soror Denise Love
email address: taufund@militarysorority.com
Telephone#: 813-586-1482



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Columbus Day is observed on the second Monday in October each year. This means that the date changes from year to year. This year 2022, Columbus Day will be observed on Monday, October 10.



NATIONAL
NO BRA DAY
OCTOBER 13

No Bra Day: a reminder to women to celebrate their breasts, get a cancer screening and practice self-examination.

Every October 13 women are encouraged to go bra-less on No Bra Day, launched by a Canadian doctor 10 years ago to promote awareness of breast cancer.

The bra has a long history as a fashion accessory and a supportive garment, but studies of its value are inconclusive.

Domestic Violence Awareness Month (DVAM) was launched nationwide in October 1987 as a way to connect and unite individuals and organizations working on domestic violence issues while raising awareness for those issues.

Over the past 30+ years, much progress has been made to support domestic violence victims and survivors, to hold abusers accountable, and to create and update legislation to further those goals.



Purple Thursday is a national day of action each October during Domestic Violence Awareness Month. It is an opportunity to raise awareness about domestic violence and an easy way for people to show their commitment to promoting healthy relationships.

HAPPY BIRTHDAY

★★★ U.S. NAVY ★★★

OCTOBER 13, 2022

ON WATCH 24/7 FOR 247 YEARS.

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KAPPA EPSILON PSI MILITARY SORORITY, INC.

VIRTUAL RECRUITMENT EVENT

01 OCTOBER 2022

Kappa Epsilon Psi is a **premier** military sorority, which aspires to **HONOR** our past, **UNITE** our present, and **MENTOR** our future female servicemembers.

Honor **Unite** **Mentor**

COME JOIN US

EMAIL TO RESERVE SPOT:
RECRUITANDRETAIN@MILITARYSORORITY.COM

ZOOM LINK WILL BE EMAILED
48 HRS. PRIOR TO EVENT

7:00 PM - 8:00 PM (EST)



VIRTUAL RECRUITMENT EVENT

12 NOVEMBER 2022

"Women of Service, Being of Service"

Want to know what it means to be an *Elite Professional*?

Are you a **female veteran** or **servicemember**?

Kappa Epsilon Psi is a premier military sorority, which aspires to **HONOR** our past, **UNITE** our present, and **MENTOR** our future female servicemembers. **JOIN US** and learn what it means to **"BE ELITE"**

Contact Us
International:
recruitandretain@militarysorority.com

East, North and Southern Regions:
recruiteast@militarysorority.com

West and Central Regions:
EMAIL TO RESERVE



KAPPA EPSILON PSI MILITARY SORORITY, INC.

ATLANTA, GA

RECRUITMENT EVENT

IN-PERSON EVENT | 11:00 AM - 12:30 PM

03 DECEMBER 2022

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EVENT LOCATION:
HQ BUILDING
3951 SNAPPINGER PKWY
DECATUR, GA 30035

EMAIL TO RESERVE YOUR SPOT
recruitandretain@militarysorority.com

FLORIDA GENERAL ELECTION DAY



8TH NOVEMBER

OUR VOTE IS K.E.Y.!

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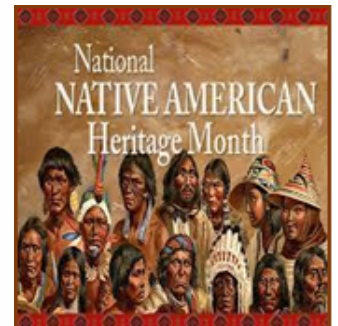
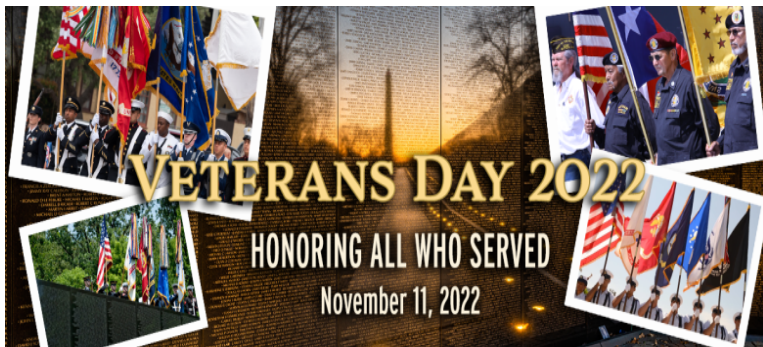
Daylight Saving Time 2022 will end this weekend. Millions of Americans are anticipating the national clock adjustment, which will go into effect on Sunday, Nov. 6, 2022, and will run until Sunday, March 13, 2023.



November is Men's Health Awareness Month with International Men's Day falling on November 19th. Men's Health Awareness Month is dedicated to bringing awareness to a wide range of men's health issues. As we focus on men this month, we can't ignore that men tend to be more reluctant to seek help or treatment for their mental health struggles (Chatmon, 2020).



GO VOTE



National Native American Heritage Month is observed by the YMCA in November. It is a time to honor and remember the culture, customs, folklore, and contributions of the Native Americans who once lived in and still do so in the United States.

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