

# Super Bowl LII



Super Bowl LII was held on Sunday, February 4, 2018, at U.S. Bank Stadium in Minneapolis, Minnesota. It was the championship game of the 2017 season of the National Football League (NFL), the 52nd Super Bowl overall, and the 48th of the league's modern era. The National Football Conference (NFC) champion

Philadelphia Eagles defeated the defending Super Bowl champion (and American Football Conference (AFC) champion) New England Patriots, 41–33, to win their first Super Bowl. Eagles quarterback Nick Foles, who completed 28 of 43 passes for 373 yards and three touchdowns with one interception, and caught a 1-yard touchdown pass, was named Super Bowl MVP.

Some fun facts and trivia related to the Super Bowl (as compiled by ABC10 and Wallethub):

- The last Super Bowl played in the Twin Cities was in 1992, when the Washington Redskins defeated the Buffalo Bills.
- Peyton Manning is the only starting quarterback to win the Super Bowl with two different teams - the Indianapolis Colts in 2007, and the Denver Broncos in 2016.
- 28 percent of Americans will attend a Super Bowl party.
- 1.35 billion chicken wings, 10 million pounds of ribs, an over 14,500 tons of chips will be eaten on Super Bowl Sunday.
- Pizza orders increase by 350 percent compared to a normal Sunday.
- Over 51.7 million cases of beer are sold on Super Bowl Sunday.
- The highest price ever paid for a Super Bowl ticket? \$27,983. The average cost of a ticket to Super Bowl I was \$12.00.

Oh, and how about ALSHON JEFFERY. Remember him.... former Chicago Bear! He not only caught two touchdowns in the Eagles' win against the Minnesota Vikings in the NFC championship game, he had 3 receptions for 73 yards and a TD in the Super Bowl. He predicted that he'd win a Super Bowl....too bad it wasn't with the Bears.

-Hope that everyone had fun and enjoyed the game whether you won or lost, and some hearty congratulations to those who were fortunate enough to win a Super Bowl pool.



# Valentine's Day

Every February 14, across the United States and in other places around the world, candy, flowers and gifts are exchanged between loved ones, all in the name of St. Valentine. But who is this mysterious saint, and where did these traditions come from? The history of Valentine's Day—and the story of its patron saint—is shrouded in mystery. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition.



The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons, where they were often beaten and tortured. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl—possibly his jailor's daughter—who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories all emphasize his appeal as a sympathetic, heroic and—most importantly—romantic figure. By the Middle Ages, perhaps thanks to this reputation, Valentine would become one of the most popular saints in England and France.

In addition to the United States, Valentine's Day is celebrated in Canada, Mexico, the United Kingdom, France and Australia. Americans probably began exchanging hand-made valentines in the early 1700s. In the 1840s, Esther A. Howland began selling the first mass-produced valentines in America. Howland, known as the "Mother of the Valentine," made elaborate creations with real lace, ribbons and colorful pictures known as "scrap." Today, according to the Greeting Card Association, an estimated 1 billion Valentine's Day cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year. (An estimated 2.6 billion cards are sent for Christmas.) Women purchase approximately 85 percent of all valentines.

Don't forget your sweetie!!!



# HERE COMES THE SUN...

by Anne Marie Helmenstine, Ph.D.

Updated January 18, 2018

If you ask a random person to tell you what color the sun is, chances are he will look at you like you're an idiot and tell you the sun is yellow. Would you be surprised to learn the sun is not yellow? It's actually white. If you were to view the sun from the International Space Station or the moon, you'd see its true color. Check space photos online. See the true color of the sun? The reason the sun appears yellow during the day from Earth, or orange to red at sunrise and sunset, is because we view our favorite star through the filter of the atmosphere. This is one of the tricky ways in which light and our eyes change the way we perceive colors, as is the case with the so-called impossible colors.

## The True Color of the Sun

If you view sunlight through a prism, you can see the entire range of wavelengths of light. Another example of the visible portion of the solar spectrum is seen in the rainbow. Sunlight isn't a single color of light, but a combination of the emission spectra of all the elements in the star. All of the wavelengths combine to form white light, which is the net color of the sun. The sun emits different amounts of various wavelengths. If you measure them, the peak output in the visible range is actually in the green portion of the spectrum (not yellow). However, visible light isn't the only radiation emitted by the sun. There's also blackbody radiation. The average of the solar spectrum is a color, which indicates the temperature of the sun and other stars. Our sun averages about 5,800 Kelvin, which appears nearly white. Out of the brightest stars in the sky, Rigel appears blue and has a temperature exceeding 100,000K, while Betelgeuse has a cooler temperature of 35,000K and appears red.

## How the Atmosphere Affects Solar Color

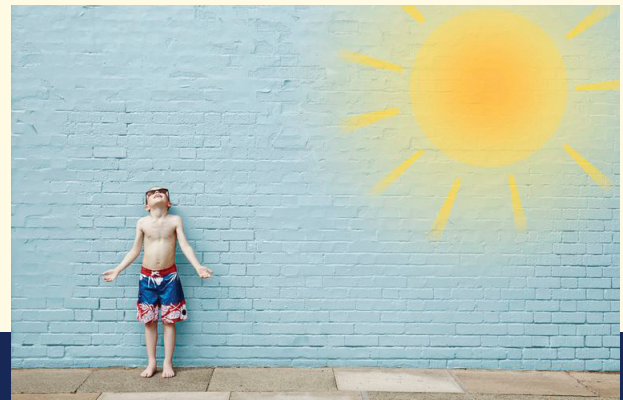
The atmosphere changes the apparent color of the sun by scattering light. The effect is called Rayleigh scattering. As violet

and blue light gets scattered away, the average visible wavelength or "color" of the sun shifts toward red, but the light isn't entirely lost. The scattering of short wavelengths of light by molecules in the atmosphere is what gives the sky its blue color.

When viewed through the thicker layer of atmosphere at sunrise and sunset, the sun appears more orange or red. When viewed through the thinnest layer of air at midday, the sun appears closest to its true color, yet still has a yellow tint. Smoke and smog also scatter light and can make the sun appear more orange or red (less blue). The same effect also makes the moon appear more orange or red when it is close to the horizon, but more yellow or white when it is high in the sky.

## Why Pictures of the Sun Look Yellow

If you view a NASA photo of the sun, or a photo taken from any telescope, you're usually viewing a false color image. Often, the color that is chosen for the image is yellow because it's familiar. Sometimes photos taken through green filters are left as-is because the human eye is most sensitive to green light and can readily distinguish detail. If you use a neutral density filter to observe the sun from Earth, either as a protective filter for a telescope or so you can observe a total solar eclipse, the sun will appear yellow because you're reducing the amount of light that reaches your eyes, but not changing the wavelength. Yet, if you used that same filter in space and didn't correct the image to make it "prettier", you'd see a white sun.



## EDITOR'S THOUGHTS

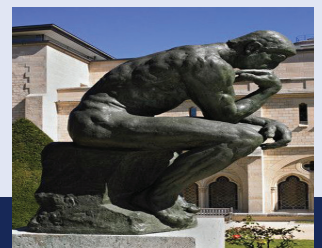
It's hard to believe that yet another year has passed and we're at the start of a new one. With each passing year we're presented with new challenges for the upcoming one. The year ends and also begins with winter...and winter brings snow. Snow...what is snow? "A snowflake is one of God's most fragile creations, but look at what they can do when they stick together.... Author unknown. This is exactly what we're all about, and what Sertoma is all about and what Action Sertoma is all about. Individually, we can only do so much; but, together we can accomplish much. Last year we did accomplish much and this year we hope to accomplish even more. Under our able leadership, and working together and pooling our efforts and resources, 2018 will be our best year yet.

We recently celebrated our 50<sup>th</sup> anniversary as a club. 50 years!!! Just think about that for a second and all that has been accomplished

over that period of time. Some of our members were not even born and others were just kids. Thanks go out to our Charter Members who had the willingness to band together and get things rolling and start up the Sertoma Centre. Their foresight and perseverance set the mold and set us on the path that we follow today. Hopefully, the next fifty years brings even greater success and more help for those that we have chosen to help. Let's shine individually and stick together and provide even more **SERVICE To MANKIND**.

As always, don't forget to visit our Action Sertoma website at <https://www.actionsertoma.org> and also please visit our Facebook page and "like" what you see.

*Bob Clifford*



# CRUISE FOR THE CAUSE

Join hundreds as we board the beautiful Anita Dee II and cruise the Chicago skyline followed by a grand finale firework show over Navy Pier with live entertainment and premium cocktails included.

100% of proceeds are going to Sertoma Centre Inc. to benefit the lives of individuals with disabilities throughout the Chicagoland area.

**Sertoma Centre, Inc.**  
presents

## CRUISE FOR A CAUSE

**SATURDAY, JUNE 23rd 2018**

**7:30 PM** - BOARD  
**10:00PM** - FIREWORKS

**8:00PM** - DEPARTURE  
**11:00PM** - RETURN

*21+ and Cocktail attire required*

**11:30 PM** - THE OFFICIAL AFTER PARTY

Join Chicago's elite as we board the beautiful Anita Dee 2 and cruise the Chicago skyline. Grand finale Navy Pier fireworks. Live entertainment and premium cocktails included. 100% of proceeds are going to Sertoma Centre Inc. to benefit the lives of individuals with intellectual disabilities throughout the Chicagoland area.

**UNDERGROUND**

The OFFICIAL After Party at the Underground Chicago. Transportation and VIP entry included.  
To Purchase Tickets: [sertomacentre.org/cruise](http://sertomacentre.org/cruise)  
Any Questions? Contact Mitch Zeiler: 708-408-5779, [mitch@zeiler.com](mailto:mitch@zeiler.com)

# BIRTHDAYS & ANNIVERSARIES

*A Happy Birthday/Anniversary to all of our fellow Sertomans who are enjoying a January, February birthday or club anniversary.*

## BIRTHDAYS

|             |                 |
|-------------|-----------------|
| January 4   | Steve McGarry   |
| January 9   | Kara Mitchell   |
| January 16  | Carla Salerno   |
| January 17  | Jason Nielsen   |
| February 3  | Brian Letizia   |
| February 18 | Jack Howe       |
| February 19 | John Parker     |
| February 21 | Dennis Fioretti |

## ANNIVERSARIES

|             |                  |
|-------------|------------------|
| January 5   | Joan Groos       |
| February 1  | Thomas English   |
| February 14 | Lorraine Schultz |



*If I missed anyone, please let me know so that our records can be updated.*

When talking to Dom, if you inquire as to his humble beginnings, he might just tell you that he was born a small black child in the state of Alabama and realized that he became somebody when he found his name in the phonebook. Of course, that's not true, it's actually a line from a movie. But what it does reveal is the essence of the man and his sense of humor.

Dom was actually born as a little rascal at Little Company of Mary Hospital on August 11, 1961. He grew up in Oak Lawn and attended Gasteyer & Sword Grammar Schools. Dom started out his life of responsibility by becoming a Cub scout and Webelo. During his free time, he attended Oak Lawn High School where he found music and played the trumpet. During his time at OLHS, Dom was in both the marching band & pep band. He also spent time in jazz band, varsity band and concert band.

After coming to the realization that he just wasn't going to cut as the new Al Hirt, Dom woke up, smelled the coffee and got a job. To satisfy his burgeoning foot fetish, he got a job with Kinney Shoes in 1979, entered their management program and became one of the youngest store managers in the Chicago District. Dom showed his metal and eventually got transferred to a Kinney Shoes in Brentwood Mall and this is where he met his bride to be, Terri. After a whirlwind romance of about 4 years, Terri finally said yes and they were married in April of 1984.

Dom and Terri decided to follow the sun and that Florida was where they wanted to be. Both quit their management positions

and moved to Florida to build a wholesale produce business with Dom's brother Steve. After a short time, they moved back to Illinois where Dominic started his insurance career.

Dom's first venture into the insurance arena resulted in working for Prudential Insurance. Eventually, Dom decided to leave the insurance nest, spread his wings and venture out on his own in 1988. Now that Dom was a real live, hardworking insurance man, he and Terri decided to purchase their first home and did so in Alsip. This house served them well as all of their children were born in Alsip. The first to arrive was Jessica who was born in 1989. She was followed by her sister, Alexis, in 1991 and her brother, Samuele, in 1997. Time does fly and the girls are now married and Dom and Terri have 2 wonderful sons in laws, Brad and Eric. Jessica and Brad live in Colorado and Lexi and Eric reside in Carol Stream. Sam currently still enjoys the benefits of living at home has been dating the same girl, Alyiah for 3 years now. In 2000, Dom and Terri moved to New Lenox where they currently reside.

One thing near and dear to the hearts of Dom and Terri is the making of pies and their Thanksgiving get together. They started making pies in November of 1986 with 2 pumpkin pies and today they make over 140 pumpkin pies at Thanksgiving. Dom and Terri also are grateful to all those who have donated over the past years to their toy drive. Through everyone's generous efforts these toys are given to kids in local hospitals at Christmastime. This event has now been tied into the pumpkin pie baking.

As to Sertoma, Dom joined the club in September of 1992. According to Dom, two of his old employees, Jacy Elsesser & Dennis Heidkamp, from his time working at the Brentwood Mall, invited him to an Alsip Sertoma dinner meeting and the rest is history. After that first dinner meeting at the Rosewood, he joined on the spot. Jacy & Dennis had been introduced to the club by longtime member, Norman Jacobus. During his time with the club, he's been honored to serve in a number of capacities such as Sgt. at Arms, VP of Sponsorship, Club President, Chairman of the Board, Club Secretary and Director. Currently, Dom serves as the VP of Social and has done so for the last 5 years. Additionally, on another level, Dom has served as our District Governor and is now the District Treasurer. He also sits on the Regional Convention planning committee and is the Chairperson of the Rocktoberfest Fundraiser.

On a personal note of thanks to all of his club mentors, as Dom puts it "those who took a young dude and took him under their collective wings," Dominic says "THANK YOU, I AM FOREVER GRATEFUL!!." According to Dom, he loves being active in the club and is very appreciative of the fact that his affiliation with Sertoma has afforded him the opportunity to have met many wonderful people.....people that he calls "my friends." Dom truly believes that the "force" exists within the Action Sertoma Club and that he is proud to be a Sertoman (clap.)

## SERTOMA CENTRE VISION

Every now and then it's nice to be reminded of both the Centre's Mission and Vision statements, so here they are:

Sertoma Centre's mission is to provide opportunities that empower individuals with disabilities to achieve personal success.

The vision of Sertoma Centre, Inc. envisions communities where all people with disabilities live, work, and fully participate.



# START RECRUITING YOUR FORESOME!

## SAVE THE DATE

The 2<sup>nd</sup> Annual

### DRIVE for the POWER of COMMUNICATION

Thursday, June 7, 2018 • Silver Lake Country Club

Support patients of Sertoma Speech & Hearing Centers who need your help to live healthy, productive lives.



## Thursday, June 7, 2018 at Silver Lake Country Club

- Player fee: \$175
- Golf, Breakfast, Lunch, Steak Dinner
  - 7 A.M. Registration
  - 9 A.M. Shotgun Start
- Payment in full by May 1, 2018

Check back for registration forms and details about the 2018 tournament.

*Have a sponsorship in mind?*

Please call 708-761-6684 or email **Michelle Morrison** at [mmorrison@sertomacenter.org](mailto:mmorrison@sertomacenter.org)

It was a sunny morning, The Action Sertoma golf team was assembled and teeing off on the first hole of a busy course. Vinny was beginning his pre-shot routine visualizing the upcoming shot when a piercing voice came over the clubhouse loudspeaker.

"Would the gentleman on the women's tee back up to the men's tee, please."

Vinny could feel every eye on the course looking at him. Still deep in his routine, seemingly impervious to the interruption, Vinny continued, wagging his club and looking down his target line.

Again the voice came, "Would the man on the women's tee back up to the men's tee, please!"

Vinny simply ignored the guy and kept concentrating, when once more the man yelled, emphatically, "Would the man on the women's tee back up to the men's tee, please!"

Vinny finally stopped, turned, cupped his hands and shouted back.

"Would the jerk with the microphone kindly keep quiet and let me play my second shot!"



## ROGER HARPOLD



It saddens me to announce that one of our Charter Members, Roger Harpold, passed away on Wednesday, January 31, 2018. A Memorial Service will be held at 12 noon Friday, February 23<sup>rd</sup> at Silver Lake Country Club, 14700 S. 82nd Ave., Orland Park. A luncheon will follow the service. Please call Pat Harpold at (708) 717-3447 to RSVP as to your attending the service/luncheon.

In lieu of flowers, donations to Action Sertoma would be appreciated by the family.

A tribute to Roger will appear in our next Action Sertoma Newsletter.