

MORE BREAKING GOLF NEWS...

The Action Sertoma traveling golf team is once again headed to the great state of South Carolina for some fall golf. The team remains intact as none of its illustrious members were selected to represent the U.S. in the upcoming President's Cup. Somehow, U.S. Captain, Tiger Woods, overlooked the stellar play of our golfers. However, it was rumored that he was looking at Rudy LeVine as an Assistant Captain in charge of pep talks and moonshine. That now makes it every time since the event started in 1994 that no one has made it on the team.

A number of team members got in some practice rounds recently by playing in a couple of charity outings. First on the tee (get it) was New Star Services "Fore the Future" outing at Idlewild Country Club, in Flossmoor. Action Sertoma and New Star member Steve Reilly orchestrated our involvement in this event and welcomed all to the outing (through an interpreter.) Many an errant shot was hit, but none better than the one that hit and shattered the windshield of Joe "Big Banana" Racine. Joe violated one of the most sacred rules of parking at a golf course by parking along the 1st hole fairway, facing the tee and in range of the ever so errant shot to the right. Joe took it like a man and said "I was thinking of getting a new one anyway....it was getting kind of dirty."

Next on the stop for the erstwhile dew sweepers was "Golf Fore A Cause" organized by Tel- Tec Communications and our very own Rick Lakie. The event was held at Oak Hills Golf Course in Palos Heights on September 27th. The funds raised at this year's event benefited Action Sertoma. Thanks Rick!!!! Joe R. learned his lesson this time and Ubered it to the event. Just kidding, but he did escape this one unscathed.

'Till next time.



Update: 9-30-19 We got rained out at Oak Hills so the "Golf Fore A Cause" outing consisted of eating, drinking and a number of auctions. Action Sertomans won their fair share of the goodies with club President DJ Fioretti winning yet another TV. What does he do with all of these TVs?

BIRTHDAYS & ANNIVERSARIES



A Happy Birthday/Anniversary to all of our fellow Sertomans who are enjoying a September - October - November birthday or club anniversary.

BIRTHDAYS

- September 15 Kara Kiley
- September 24 Ed Fioretti
- September 28 Bob Hehl
- September 30 Kevin Gossewich
- October 5 Dennis Canalini
- October 28 Kristine Kalnins
- November 3 Joe Varanauski
- November 14 Jean Biela
- November 20 Tom Annerino
- November 20 Andy Sampalis
- November 27 Chas Lazzara



ANNIVERSARIES



- September 1 Joe Racine Sr.
- September 1 Dave Hartley
- September 2 Eileen Clancy
- September 2 Chris Obaggy
- September 18 George Fetcho
- September 29 Tony Casale
- September 29 Dom Porto
- October 2 Tracy Fioretti
- October 2 Jean Biela
- October 8 Anita Flassig
- October 25 Connie Barrera
- October 29 John Savaglio
- November 1 Glen Bylina
- November 1 Bob Clifford
- November 1 Ed Fioretti
- November 1 Joe Varanauski
- November 10 Stephen Reilly
- November 11 Gene Esposito, Sr.
- November 13 Joe Racine, Jr.

-If anyone was missed, or the info. is incorrect, please let me know so that your information can be updated.

We have a "Highway to Hell, but only a "Stairway to heaven."

Odd isn't it? What isn't odd is that motorists listening to higher tempo songs in the car are more likely to drive erratically, a study has found. People of different personalities, who took part in the study, completed 60 tests using a driving simulator on a mock-up six-lane motorway.



The two music genres considered in the study were rock music and light music. Ten popular tracks were chosen for each, with tempo for the selected rock songs all above 120 beats per minute (BPM) while the light music songs were all below 80 BPM.

Green Day's song American idiot, with a BPM of 189, was top of the "most dangerous" list while Led Zeppelin's Stairway to Heaven was crowned least dangerous. Songs with more than 120 beats per minute (BPM) were found to have the worst impact on driving. The study found participant's heart rate was higher when listening to rock music, compared with when a participant was listening to light music or no music at all.

Quicker rock music was found to make participants drive about 5mph faster and poorly impacted driving performance, causing participants to frequently cross lanes and drive at erratic speeds.

In the most extreme cases, some participants of the study drove 10mph faster than those listening to gentle music or driving in silence. In the study, drivers on average changed lanes 70 times during the hour-long simulation, but when listening to high tempo rock music the figure shot up to 140 times. This indicated a higher crash rate, the study concluded.

Least dangerous songs to drive to: Most dangerous songs to drive to

- | | |
|---|---------------------------------------|
| 1. Stairway to Heaven/Led Zeppelin | 1. American Idiot/Green Day |
| 2. Under the Bridge/Red Hot Chili Peppers | 2. Party in the USA/Miley Cyrus |
| 3. God's Plan/Drake | 3. Mr. Brightside/The Killers |
| 4. Africa/Toto | 4. Don't let Me Down/The Chainsmokers |
| 5. Location/Khalid | 5. Born to Run/Bruce Springsteen |

Qiang Zeng, of South China University of Technology, told International Journal of Environmental Research and Public Health: "The findings are useful for the development of effective driver education strategies." Cite: unknown

Is this why John Parker listens to nothing but smooth jazz (Watercolors/Ch. 66) on Sirius XM radio when driving?

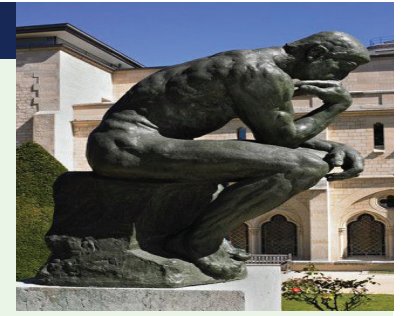
"Age is merely the number of years the world has been enjoying you."

Unknown

EDITOR'S THOUGHTS

Too soon!!!! What's too soon you ask? Summer ending and the Fall arriving, that's what's too soon. Where does the time go? More rain than we care to think about. Climate change? Who knows, who cares, but we should all care. It won't necessarily affect us, but it will affect all future generations. The term "climate change" is often used to refer specifically to anthropogenic climate change (also known as global warming). Anthropogenic climate change is caused by human activity, as opposed to changes in climate that may have resulted as part of Earth's natural processes. It kind of reminds me of the movie *The Day the Earth Stood Still*." Not the classic starring Michael Rennie, but the more recent version with Keanu Reeves. In the later version, Reeves comes to save the planet Earth. Actually, to save Earth from us...the human race because we are destroying it. Interesting concept, not that we need alien intervention, but that we need to start to pay attention to what we're doing. If you believe in Climate Change then you basically believe that Climate Change has brought about possible permanent alterations to Earth's geological, biological and ecological systems and that these changes have led to the emergence of large-scale environmental hazards to human health, such as extreme weather, ozone depletion, increased danger of wildland fires, loss of biodiversity, stresses to food-producing systems and the global spread of infectious diseases. Oh well, don't fret, estimates have the sun dying in about 5 billion years, so don't sweat the little stuff.

On a different note, I try my best to make the Newsletter the best that there is in all of Sertomaland. It's varied, interesting and serves the dual purpose of having something available to read when you visit the bathroom. Notwithstanding all of these admirable qualities, your Newsletter needs to be more about us and what we're all about as Sertomans and what makes us proud to be Sertomans.



What I'm asking for is nothing more than what I've been asking for since the Newsletter was resurrected, without much success I must add. Please tell me about yourself, by that I mean let everyone know what's going on in your life. Drop me a few lines about some event that happened that your proud of such as a birth, graduation, an award, a fantastic vacation, a retirement or simply something cool that you've done.

The last bulletin showcased some of our members and their events...a wedding, a vacation and a trip to the race track. We loved it. Send some photos also.

Bob Clifford

Your Editor

MEET THE MANGEMENT TEAM OF THE SERTOMA CENTRE, INC.

Each newsletter, you'll be introduced to a member of the Centre's management team. Learn a little something about the ones that are responsible for the operation of the Centre. Last month you were introduced to Gus van den Brink, the Centre's Executive Director. This month meet Paula Phillips, Assistant Executive Director.

Assistant Executive Director of Sertoma Centre, Inc. since 1989. She has a bachelor's degree in behavioral sciences and a master's degree in management from National Louis University. She is responsible for managing all program services, including developmental training, school transition, mental health, seniors, Insite community employment services, residential, community integrated living arrangement (CILA), foster care, home-based services, and specialized services.

Reach Paula at: pPhillips@sertomacentre.org



ROCKTOBERFEST 2019

Rockin' with Rocktoberfest. Another successful event as Gaelic Park was packed with Sertomans and their guests to enjoy a night that was filled with food, raffles, music and fun, fun and more fun.

As is said every year, it only gets better. The party goers enjoyed cocktails as they cruised the room to chit chat with each other prior to settling down to another splendid buffet dinner. The event as always was just fantastic, the night was wonderful and the Sertomans partied like there was no tomorrow.

All throughout the night, Sertomans and volunteers sold raffle tickets for a massive amount of liquor with too many bottles to count, gift certificate wreaths and rakes, a signed Dick Butkus jersey and football, Chinese auctions and numerous others items ruled the night. The Grand Raffle tickets (with a \$5,000 1st prize) sold like hotcakes.

While all of this was taking place, the ever-popular Maggie Speaks was setting up and getting ready to entertain the crowd. They kicked off with a stirring rendition of "Happy Birthday" for Yvonne Clifford and then it was off to the races. The dance floor quickly filled with all of those crazy Sertomans, and their guests, who wanted to show off their dancing skills (or lack thereof) or simply to satisfy their happy feet.

As for the raffles, there were far too many winners to list here. However, the big moment arrived with the drawing for the Grand Raffle prizes. In addition to the 1st prize, there were other smaller amounts to be given to the lucky ticket holders. The suspense built as the 1st prize was drawn and with much anticipation and bated breath the winner was announced. It was Laura Hawthorne!!! The lucky gift card wreath winner was Tina Hack, Lou Carnivele's daughter. The Liquor Raffle winner was Tony Casale's daughter & son-in-law, Cynthia & Mark LaRoy. Congratulations to all of you lucky winners.

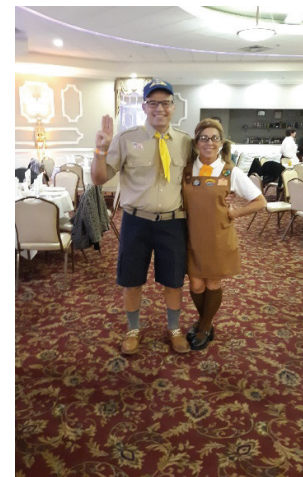
As we all know, Rocktoberfest didn't run itself. The committee worked their collective buttocks off and the end result was a phenomenal success. There are far too many workers and volunteers to mention here; however, there are a few that deserve special mention. Those who organized the event, those who volunteered and worked the event and those who contributed or donated to the event are to be saluted. Likewise, those who dealt with difficulties of pushing the raffle tickets and selling ads to fill the ad book deserve praise as well. In particular, Dom Porto and his idol, his lovely wife Terry, as always, deserve accolades for their hard work and never-ending devotion to this event. A special thank you goes out to our main sponsor, (\$5,000.00) – Mindy & McKenna Williams. Thank you ever so much for your generosity. Also, a big thanks to Gene Esposito, Jr. for all of his efforts in coordinating this event with "Eventbrite" and chairing the selling of the "Grand Raffle" tickets. Of course, we'd be remiss if we forget our very own Connie Barrera who administers our social media platforms and used them to get this event to the forefront. Finally, a shout out to the lovely young ladies from Mother McAuley High School who volunteered their time to make this event a success.

A spectacular effort by the committee and all of those Sertomans who helped made this yet again an event to remember. Thank you for your time, effort, and dedication. Congratulations to all for putting together another wonderful, fun and hugely successful event.



GIANNA ESPOSITO MEMORIAL SCHOLARSHIP "HALLOWEEN HAUNTED FAIRE"

In the years since Gianna Esposito, a freshman at Columbia College Chicago who loved photography and the arts, passed away, her family has raised almost \$57,000 for an endowed memorial scholarship in her name by hosting a Halloween Haunted Faire.



"Halloween was Gianna's favorite holiday, and she loved costumes," says her uncle, Rick Macarol, who along with his wife Laura co-hosts the biannual event. This year's Faire was held Friday, October 25th at the Orland Chateau located at 14500 South La Grange Road in Orland Park. The Faire included a family style dinner, costume contest, prizes and DJ music provided by Standing Ovation.

Gianna was a freshman student at Columbia College Chicago had a passion for photography and the arts, which is why her parents, Gene and Vicki Esposito, along with the event planners, Rick and Laura Macarol, decided to turn the event into a way to fund endowed scholarships to honor the talented Gianna.



The family chose to establish the Gianna Esposito Memorial Scholarship at Columbia College Chicago because of her passion for the arts and her compassionate spirit. The Gianna Esposito Memorial Scholarship was established to recognize a Photography, Music, or Dance student who has demonstrated interest in or engagement with a community-based not-for-profit organization. Keeping her memory alive by funding arts education seemed like the best way to honor such a dynamic and creative student.

If you are interested in donating to the fund, checks should be made payable to the "Gianna Esposito Scholarship Fund" and mailed to Gianna Esposito Foundation at 131 Harvest Crossing, Orland Park, IL 60467.

Who are these Sertomans that are cleverly disguised (above photos) to hide their true Identities?



TOMB OF THE UNKNOWN SOLDIER

as provided by Joe Varanauski

The Tomb of the Unknown Soldier at Arlington National Cemetery stands atop a hill overlooking Washington, D.C. On March 4, 1921, Congress approved the burial of an unidentified American soldier from World War I in the plaza of the new Memorial Amphitheater. The dedication was officiated on the Memorial Plaza by President Warren G. Harding on Nov. 11th 1921. In 1956 President Dwight D. Eisenhower signed a bill into law whose purpose was to select and pay tribute to the fallen Unknown Soldiers of World War II and the Korean War. Years later in 1984, an Unknown Soldier from the Vietnam War was buried at this site. Through DNA testing, the body of the Vietnam Soldier was identified and removed from the Tomb, and given to his family. The tomb now lies vacant only identified with the inscription: "Honoring and Keeping Faith with America's Missing Servicemen".

The white marble sarcophagus has a flat-faced form and is relieved at the corners and along the sides by neo-classic pilasters, or columns, set into the surface. Sculpted into the east panel which faces Washington, D.C., are three Greek figures representing Peace, Victory, and Valor. The six wreaths, three sculpted on each side, represent the six major campaigns of World War I. Inscribed on the back of the Tomb are the words: "Here rests in honored glory an American soldier known but to God"

The Tomb sarcophagus was placed above the grave of the Unknown Soldier of World War I. West of the World War I Unknown are the crypts of unknowns from World War II, Korea and Vietnam. Those three graves are marked with white marble slabs flush with the plaza.

Tomb (Guard) Sentinels

The Tomb Guards have always been entrusted to the United States Army 3rd Infantry Regiment, affectionately known as the "Old Guard", headquartered at Fort Myer, Arlington Virginia. These Sentinels volunteer for this duty. They are then put through rigorous training, and must be between 5'11 and 6'1 in height. They must be proficient in the manual of arms, making sure their uniforms are clean and pressed, their hair high and tight and also make sure their shoes are (spit shined) highly polished, and their rifles are spotless on the outside.



Joe Varanauski on duty during a changing of the guard

Only 1% of those that volunteer is chosen to serve as a Sentinel.

The Tomb of the Unknown Soldier is guarded 24 hours a day, 365 days a year,

in any weather. During the summer, the Guards are changed every ½ hour, in the winter the changes are every hour on the hour. Sentinels are on duty 24 hours and off 48 hours. There are three sentinels assigned to every Shift.

Now on to Action Sertoma's connection to the Tomb. Our very own Sertoman, Joe Varanauski, was honored and proud to be chosen in 1956 to be a "Guard at the Tomb of the Unknown Soldier." Joe was drafted into the U.S Army in July 1955 and served through July 1957. In the Fall of 1955, after basic training in Fort Carson, Colorado, he was transferred to Fort Myer Army Military Base, the home of the "Honor Guard" to the President of the United States. During Joe's first few months at Fort Myer, he was trained to preform military burial services. The U.S. Army alone preformed approximately 18 burials a day, 5 days a week.

While on duty, the Tomb Sentinel marches 21 steps across the black mat passing the grave markers of each of the Unknowns. He then turns 90 degrees and faces east for exactly 21 seconds. Afterward he then turns north of another 21 seconds, which is followed by a crisp shoulder arms movement where the guard places his rifle on the shoulder nearest the spectators to symbolize that he stands between the Tomb and any outside threat, after 21 seconds, he again marches across the mat to the other side of the tomb and repeats the process. When Joe served in 1956 and was on duty, his weapon was an M-1 rifle with a bayonet. Today the rifle of choice is a M-14 rifle with bayonet.



Joe is enrolled in the "Society of The Honor Guard, Tomb of The Unknown Soldier" as a lifetime member, and as Joe puts it "I am proud to have served my country and I'm proud to be a Sertoman."

For additional information about Arlington National Cemetery, The Tomb of Unknown Soldier and to see a changing of the Guard, enter, or cut and paste, Arlington's website into your browser.

<https://www.arlingtoncemetery.mil>

Joe, we thank you for your service to our country and Sertoma. You make us proud to be Sertomans.



FRANK ABAGNALE: NEVER DO THESE 2 THINGS BECAUSE 'THAT'S 98% OF ME STEALING YOUR IDENTITY'

Former con-artist, Frank Abagnale, seen below as portrayed by Leonardo DiCaprio, is out with a new book titled “Scam me if you can: “Simple Strategies to Outsmart Today’s Rip-off Artists.”

Your Facebook (FB) profile may have all the information a fraudster needs to steal your sensitive information.

“If you’re on Facebook, here’s the only things you have to remember — never tell anybody where you were born or your date of birth,” Frank Abagnale told Yahoo Finance’s The Final Round. “That’s 98% of me stealing your identity. I only need to know those two pieces of information.”



Abagnale, a former con artist famously portrayed by Leonardo DiCaprio in the film Catch Me If You Can, is out with a new book aptly entitled “Scam Me If You Can: Simple Strategies to Outsmart Today’s Rip-off Artists.” In it, he highlights the tricks that today’s scammers and con artists are using to commit fraud.

In the book, Abagnale outlines five rules of how to protect yourself from today’s scammers:

- Protect your identity *Tip:* Put your guard up as soon as someone says you need to share your personal or financial information with them right now — stop and verify the person you’re dealing with.
- Secure your finances *Tip:* Do not trust someone who tells you they always beat the market or can guarantee a certain level of returns. An honest and qualified financial planner cannot guarantee investment results.
- Preserve your digital presence *Tip:* Do not keep all your personal information in the cloud or on one laptop. Keep printouts of important documents in a lockbox or upload files to an external hard drive.
- Safeguard your home and hearth *Tip:* If you do not recognize the number calling you, do not pick it up. If you do pick up the call be sure to remain tight lipped as the con caller may be recording the call, and saying nothing usually results in the caller hanging up.
- Shelter your heart *Tip:* Verify that the person you are speaking with on a dating app is real. Search online to confirm claims of location, employment, and photos.

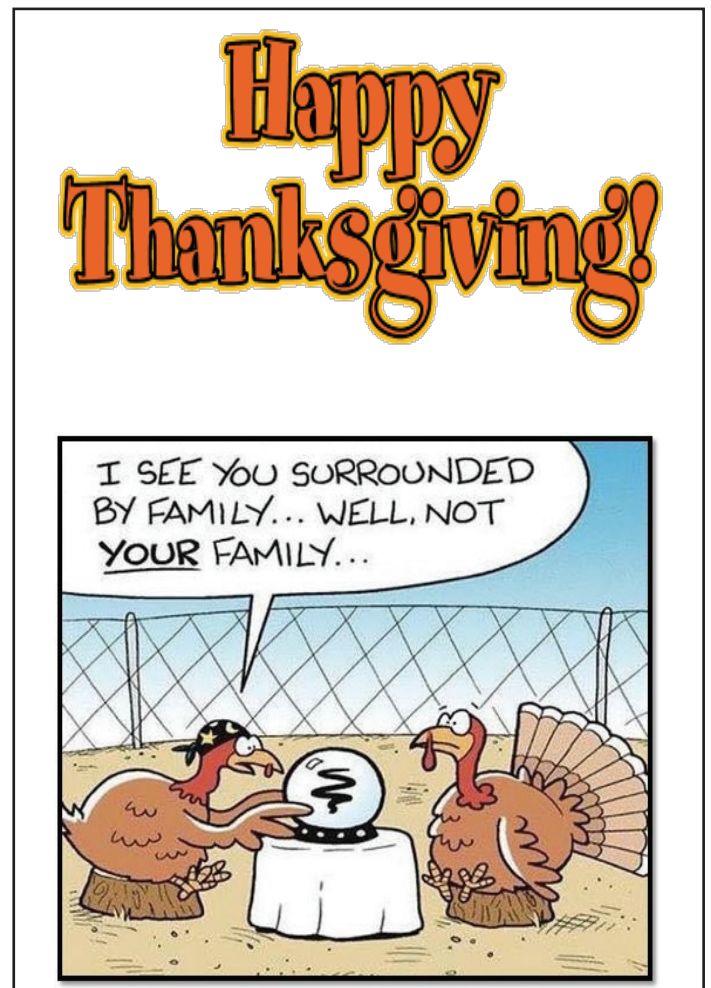
One surprising thing Abagnale notes in his book is the uselessness of passwords. He says that passwords were originally created to help secure individual time spent on computers used by multiple people, not to protect personal information or high security needs.

“Passwords are for treehouses ... If you look at ransomware breaches, malware, [breaches] all come from passwords. So, I’ve been a big advocate of eliminating passwords” Abagnale said. “I think you’re starting to see more and more companies, retailers, merchants, eliminating the need for passwords. So, in the next two or three years, I don’t think we’ll be using passwords”.

Abagnale said scamming and fraud are “4,000 times easier than when I did it 50 years ago because I didn’t have all the technology that exists today, the forms of communication that exist today.”

By: Sarah Dramer.

Ms. Dramer is an associate producer at Yahoo Finance.



SAY WHAT? A CHILDREN'S BOOK ABOUT HEARING LOSS.

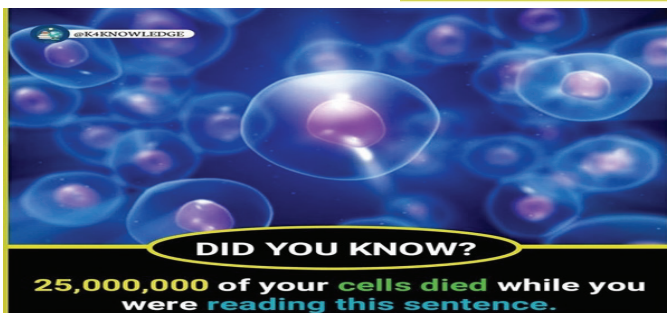
Sertoma's Hearing Health Collaboration for Kids!

Sertoma's partnership with *Hearing Charities of America* has allowed us to take part in a creative initiative to educate children about hearing loss.

Emily's story is inspiring. As her loved ones lose their hearing, her desire to help them grows, and she becomes an audiologist to give back. Emily is an audiologist. Throughout her life, she watched as many of the people she loves were impacted by hearing loss. One in eight people in the U.S. over age 12 has hearing loss in both ears. Audiologists like Emily help them hear and interact with their loved ones again. Emily is also a volunteer for the national Hearing Aid Project, a project from Hearing Charities of America that recycles hearing aids and makes them available to people who might otherwise go without. All proceeds from the sale of the book will be used to help fund the Hearing Aid Project.

How can our club use this story? Spread awareness! Donate a copy to a school, library or healthcare office. Read this book to your children or grandchildren and start a bigger conversation about hearing loss, how to prevent it and how to help others.

All of the proceeds help provide hearing aids to those who cannot afford them. Do you want to purchase a copy? Go to Amazon at amazon.com and order it now.



Some recent Action Sertoma "Money Matters" including proceeds from events and donations/sponsorships/assistance:

- \$40,000.00 was the approximate net profit from the Action Sertoma Golf Outing held on July 24th at Silver Lake Country Club in Orland Park.
- \$55,000.00 was the approximate net profit from the Action Sertoma "Rocktoberfest" held on October 18th at Gaelic Park in Oak Forest.
- \$ 1,000.00 to The Lazy Volunteers Annual "Toss for Tots."
- \$750.00 to New Star for a Beverage Sponsorship at the New Star Annual "Fore The Future" Golf Outing.
- \$500.00 to Respond Now for its 50th Anniversary Dinner.
- \$500.00 donation to the annual JDRF Walk.
- \$10,000.00 Sponsorship for the Sertoma Speech and Hearing Center.
- \$200.00 Lunch Sponsor for the Homewood Rotary Dinner.
- \$100.00 to Tinley Park Sertoma for their pub crawl.
- \$500.00 donation to Dementia Walk.
- \$300.00 Hole Sponsorship at the Rick Lachie's Golf Fore a Cause.
- \$500.00 donation to the Gianna Esposito Scholarship Fund.
- \$500.00 donation to the VA Hospital's Fisher House.
- \$3,000.00 donation to benefit Tray McCampbell.
- \$1,000.00 donation to Scott's Pit Crew a benefit for Scott Cicuto.

In the Spirit of Christmas ...



Due to many conflicts in December, it was decided to hold our annual Holiday Party in January 2020 rather than in December 2019.

A tentative date of January 10th was agreed upon, but were still looking for a location. If we wait any longer, we can just combine it with the Summer Social. Another reason, and maybe the real one, is the temporary unavailability of Santa. Rumor has it that

Steve Reilly is considering organizing a fund raiser to raise money for Santa's bail. It seems that the little bearded one may have had a few too many cocktails last year and won't be around until after Christmas.

UPCOMING EVENTS & IMPORTANT INFORMATION

Regular Meetings:

Monthly Member Meetings:

Dinner Meeting

First Tuesday of each month

Capri Ristorante Italiano

12301 S Harlem Ave

Palos Hts., IL

6:00 pm Cocktails, 6:30 pm Dinner

Monthly Board Meetings

Dinner Meeting –

Last Tuesday of each month

Sertoma Centre – Martha Polacek Facility

4100 W. 127th Street • Alsip, IL

6:00 pm Dinner



SAVE THE DATE for ACTION SERTOMA CLUB
& related events

2019/2020

- SATURDAY, NOVEMBER 30TH** **TOGETHER WE COPE "VINE and DINE"**
-Enjoy craft beer and spirits tastings, food pairings, raffles and silent auction.
Wiley's Grill, 800 Flossmoor Road Flossmoor, IL
6:00 pm to 9:00 pm
Tickets can be purchased on line at:
<https://togetherwecope.org>
Contact: Mandi Williams for event info. at (708) 633-5040; or, mwilliams@togetherwecope.org
- SATURDAY, NOVEMBER 30TH** **SERTOMA CENTRE "HOLIDAY BAZAARE"**
4343 W. 123rd St., Alsip, IL
9:00 am to 2:00 pm
Contact Laura Gardner for event info. At (708) 730-6311; or, lgardner@actionsertoma.org
- 2020**
JANUARY 10TH **ACTION SERTOMA CHRISTMAS PARTY**
Where: TBA
-Continue to check the Action Sertoma website and Facebook page for updated information.
<https://www.actionsertoma.org>
<https://www.facebook.com/actionsertoma>
- SUNDAY, JANUARY 19TH** **POW-R SERTOMA CLUB NFL BASH**
115 Bourbon Street
3359 W. 115th Street, Merrionette Park, IL
1:30 pm to 9:00 pm
Contact Frank Tomecek for event info.
(312) 259-2581

(Please check the respective websites/Facebook pages for additional information)