



ACTION SERTOMA

NEWSLETTER

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Please forgive me!! I did it again. I forgot to send out a Mother's Day greeting and now I see that I forgot out to send all of our fathers a Father's Day greeting. Here you go.



ACTION Sertoma is "A Club To Involve Our Neighborhood"

OUR MISSION: Action Sertoma is a not for profit club formed in 1967 to raise funds in support of those in the community that are less fortunate than ourselves. The majority of the money that we raise through events noted below are donated to the Sertoma Centre in Alsip, Illinois. Action Sertoma along with two other Sertoma Clubs  founded the Sertoma Centre in Alsip, IL. We are also a member of Sertoma, Inc.

WE SUPPORT: Additionally, we support the Sertoma  Speech and Hearing Center and other local needs.

"You have not lived today until you have done something for someone who can never repay you."

~John Wooden



Action Club Sertomans,

It is with a heavy heart that I tell you about the death of one of our own. I'm sure that by now you know of this sad event.



On May 28, 2020, Pauline Ann Kamholz passed away. Pauline was the wonderful wife, for 61 years, of one of our longest and most enduring members, Bill Kamholz. Bill has been with Action Sertoma from the start, and Pauline was by his side every step of that marvelous journey. Pauline

was a wife, a mother, a grandmother and a friend, and not to forget, an avid White Sox fan. Pauline will be sorely missed by all. She is now a memory of ours, please but remember, that when someone that you loves becomes a memory, that memory becomes a treasure. We will always treasure our dear friend, Pauline.

Our condolences are extended to Bill and his family and they remain in our thoughts and prayers during this most difficult of times.

Due to these unprecedented times and the health and safety of all, visitation and funeral Mass are required to be private. A celebration of life may be held at a later date.

"There are no goodbyes for us. Wherever you are, you will always be in my heart."

-- Mahatma Gandhi

IMPORTANT REMINDER

The 20TH ANNUAL ACTION
SERTOMA GOLF OUTING
sponsored by ESPO

ENGINEERING IS JULY 15TH.

There's still time for you to participate, but hurry. If you haven't already signed up your foursome, do it now.

We're back to somewhat of a normal outing. Shotgun start, 2 golfers to a cart and dinner. *IF YOU CAN'T JOIN US, PLEASE CONSIDER BEING A SPONSOR AND ALSO SUPPORTING THE 50/50 RAFFLE.* We're making the raffle so much more exciting this year!!! There are more donation levels than ever and even better odds of being a winning. **Tickets are available until 6:00 pm on 7/14/20.**

Sponsorships, golf registration and online ticket sales can all be purchased on our website: actionsertoma.org.

DON'T BE LEFT OUT OF ALL OF THE FUN AND GREAT TIMES TO BE HAD AT THIS YEAR'S OUTING. JOIN YOUR FELLOW SERTOMANS FOR A DAY TO REMEMBER. BE THERE OR BE SQUARE.



WE'RE GOING...
VIRTUAL

Dear Sertomans:

Monday night, the Sertoma Board of Directors held a conference call to discuss the upcoming National Convention. The health and safety of our members is our highest priority. In addition, it's highly likely that local guidelines will not allow gatherings of our size. As a result, **we have decided not to hold an in-person convention in 2020.** Sertoma staff will issue refunds for all registrations to this point. Please call the InterContinental Hotel at (855) 516-1093 to cancel your reservations.

However, we are excited to announce that we will instead be holding a **Virtual Convention** on Saturday, August 15th. Our virtual event will have everything you'd see in a face to face event: business sessions, training, and of course, some room for fun and socializing.

Look for information on how to register for this **free event** soon.

While we'll miss being together in person, we're looking forward to bringing convention to a wider audience than ever. We hope to see even more Sertomans at convention this year!

Yours,

John Kelly
CAE
National President

Aaron Ensminger,
Executive Director



Sertoma Centre, Inc. Vision Statement: The Centre envisions communities where all people with disabilities live, work, and fully participate.



From Jerry Lipinski, Regional Convention Chairman 2020 Great Lakes Region

I hope everyone is staying safe and healthy in these trying times. **It is with great dismay and frustration that we are cancelling the 2020 Great Lakes Regional Convention that we were planning for October 2 and 3, 2020 in Naperville, IL.** The uncertainty with being unable to make any sort of travel plans or group gatherings make it difficult to ask anyone to commit to an event in this year.

Sertoma National and the other Sertoma regions are also cancelling their conventions and planning to have virtual meetings or conventions for this year.

We will be planning a virtual convention meeting so you can meet our new Regional Director, Joe Schneider, and we can handle some of the agenda that we would have presented in October.

Unfortunately, it will be a BYOB and entertainment for that virtual meeting. This event will be held on October 3, 2020. More information and an agenda will be forthcoming, if we can ever get back to having meetings and doing and providing the Service to Mankind services we are accustomed to enjoying.

The Hickory Hills Sertoma Club has spent a lot of time and planning in the 2020 GLRC event and we would hate to see it go to waste, so we would propose to present this convention for the Great Lakes Region in 2021. We had a different concept to presenting an all-inclusive convention with entertainment, good food and, of course, Sertoma business all at one price.

We would appreciate your comments, suggestions, etc., in this regard.

Thank you,

Jerry Lipinski

BACK TO THE COVID-19 STUFF

*COVID-19 STATS AND THE FANTASY WORLD THAT THEY COME FROM:

WORLDWIDE:	Cases: 9.84 M	Deaths: 495 K
USA:	Cases: 2.51 M	Deaths: 127K
**ILLINOIS:	Cases: 142 K	Deaths: 7,059
**COOK CNTY.:	Cases: 37,679	Deaths: 1,956
**CHICAGO:	Cases: 51,728	Deaths: 2,580

* Stats are from the IDPH website from June 27th
<https://dph.illinois.gov/covid19>

-Cook County numbers are from outside of Chicago.

****Something needs to be explained about what exactly a COVID-19 death is. In late April, at one of the daily COVID-19 press conferences, Dr. Ngozi Ezike, Director of the Illinois Department of Public Health, said *“I just want to be clear about the definition of people dying of COVID. The case definition of COVID is very simplistic. It means that at the time of death it was a COVID positive diagnosis. So, that means if you were in hospice and given a few weeks to live, and then you were also found to have COVID, that would be counted as a COVID related death. It means technically, even if you died of a clear alternate cause, but had COVID at the same time, it’s still listed as a COVID death. So, everyone who’s listed as a COVID death doesn’t mean that that was the cause of the death, but they had COVID at the time of the death.”***

SAY WHAT? Killed in a car crash, but diagnosed with COVID-19 earlier in the day....it’s a COVID death. Shot to death, but diagnosed with COVID...it goes in the books as a COVID death. Jump from the top of the Willis Tower, but you’ve diagnosed with COVID-19 on the way down, you got it...COVID death. In the hospital dying from some rare tropical disease, with little time to live, catch COVID before you pass and it’s....you got it, a COVID death.

You wonder why the numbers are all messed up! Think that it has anything to do with control and money? Where’s all of the promised transparency? Want to hear it for yourself, then go to: <https://week.com/2020/04/20/idph-director-explains-how-covid-deaths-are-classified/>

If you have a morbid curiosity about COVID-19 deaths by zip code, you can search your zip code and neighborhood at:
<https://www.chicagotribune.com/coronavirus/ct-viz-covid-19-cases-by-zip-code-20200407-aikakoyycje4fbqvferzjffkg4-htmlstory.html> Simply cut and paste into your browser. If you can’t figure it out, ask one of your kids or grandchildren.



The number of confirmed cases of the coronavirus around the world has now topped 8 million. The World Health Organization said the virus has slowed in parts of Europe but is gaining speed in other parts of the world, including parts of Africa and the Americas. More than 100,000 new cases are reported globally every day, the WHO said Monday, June 15th. The more than 8 million people around the world who have been sickened by the novel coronavirus also is according to the data from the Johns Hopkins Coronavirus Resource Center.

The U.S. makes up for 2.1 million of those confirmed cases, and more than 115,000 Americans have died from the virus, remaining the country with the highest number of COVID-19 infections and related deaths.

The head of the World Health Organization said June 15th that more than 100,000 confirmed cases of coronavirus have been reported globally each day in the last two weeks, and countries that have curbed transmissions “must stay alert to the possibility of resurgence.”



ILLINOIS UPDATES:

We're in Phase 4 of the Governor's exalted [Restore Illinois plan](#). Hallelujah! Illinois moved to Phase 4 of the [Restore Illinois](#) plan on Friday, June 26th.

Phase 4 of the "Restore Illinois" plan allows for the reopening or expansion of several industries, including indoor dining at restaurants, health and fitness, movies and theaters, museums and zoos and more. This next phase also increases the size of gatherings that are allowed from 10 people to a maximum of 50 people.

More on Phase 4 to follow.

NEWS FLASH: 06-21-20 Chicago will be ready to enter phase 4 with the rest of Illinois on Friday, June 26th, several days earlier than health experts had initially planned, the mayor announced. The transition means additional businesses and public amenities will be allowed to reopen with limited capacity and certain restrictions and gatherings can increase to up to 50 people inside and 100 people outside. Here's a look at what will open for the first time at the beginning of phase 4 in Chicago:

- Indoor seating in bars and restaurants
- Museums and zoos
- Performance venues
- Summer camps / youth activities

Phase four will also include adjustments to other industries that have previously reopened. Residents will still be urged to social distance and wear face coverings.

NEWS FLASH: Group of 16 friends were infected with the virus after a night partying in a Florida bar

A night of partying on the weekend that bars in Florida reopened resulted in a group of 16 friends becoming infected with the novel coronavirus and regretting the decision to go out, they said. On June 6, Erika Crisp and her friends visited a crowded Lynch's Irish Pub in Jacksonville Beach to celebrate a friend's birthday. The pub was packed with other celebrants who weren't wearing masks, she told CNN's Chris Cuomo on "Cuomo Prime Time" on Tuesday.

"At the time, it was more out of sight, out of mind. We hadn't known anybody who had it personally. Governor, mayor, everybody says it's fine," she said, adding that her friends showed symptoms within days of the outing. "It was a mistake. I feel foolish. It's too soon."

One of her friends from that night, Kat Layton, who lost her sense of smell, said she knew she and her friends "were pushing it" by being out that night. She warned viewers that the current state of the pandemic is not ready for such gatherings and that the coronavirus is still very much present. About seven employees at the pub also tested positive for the virus after the owner had them tested out of precaution, CBS Miami reported. Those employees also worked the night that Crisp, Layton and her friends went out, but the owner told the station he thinks a customer brought in the virus.

The bar closed for deep cleaning but reopened Tuesday night. Other nightlife establishments in the area recently closed again for cleaning after dozens of people claimed to be infected with the virus after going out. Florida's coronavirus cases have set new daily records over the past few days.



We just escaped from Phase 3 – Recovery, so, let's take a look at the Phase 4

Phase 4 – Revitalization

The rate of infection among those surveillance tested and the number of patients admitted to the hospital continues to decline. Gatherings of 50 people or fewer are allowed, restaurants and bars reopen, travel resumes, child care and schools reopen under guidance from the Illinois Department of Public Health. Face coverings and social

distancing are the norm. With each of the state's four regions in Phase 3 of Gov. J.B. Pritzker's Restore Illinois plan, the clock starts on moving on to Phase 4, where more businesses and activities are allowed. The plan to reopen Illinois — from restaurants and salons to open space to non-COVID-19 procedures at the hospital to concerts and festivals — depends on a host of metrics laid out by Pritzker.

The metrics focus on a rolling average of positive coronavirus cases and hospitalizations to keep track of the direction of the outbreak as well as availability of hospital beds and ventilators that would be needed to handle a possible surge. There are also benchmarks for testing and tracing positive tests.

and finally, on to: Phase 5 – Illinois Restored

With a vaccine or highly effective treatment widely available or the elimination of any new cases over a sustained period, the economy fully reopens with safety precautions continuing. Conventions, festivals and large events are permitted, and all businesses, schools and places of recreation can open with new safety guidance and procedures in place reflecting the lessons learned during the COVID-19 pandemic. Until COVID-19 is defeated, this plan also recognizes that just as health metrics will tell us it is safe to move forward, health metrics may also tell us to return to a prior phase. With a vaccine or highly effective treatment not yet available, IDPH will be closely monitoring key metrics to immediately identify trends in cases and hospitalizations to determine whether a return to a prior phase may become necessary. All public health criteria included in this document are subject to change. As research and data on this novel coronavirus continue to develop, this plan can and will be updated to reflect the latest science and data.

Just in case you didn't commit the *Restore Illinois* plan to memory, and you want more detailed information, go to the Dept. of Public Health's website at dph.illinois.gov/restore.

What can open? What stays closed

The governor's plan allows for more activities to open up as the coronavirus slows its spread. Here is a breakdown of changes, phase by phase.

Health care

- **Phase 1:** COVID-19 health care and emergency health care procedures only
 - **Phase 2:** Elective health care procedures, with IDPH approval
 - **Phase 3:** Health care providers open, with IDPH approval
 - **Phase 4:** All open
 - **Phase 5:** All open
-

Gatherings

- **Phase 1:** Essential gatherings must be 10 or fewer. No nonessential gatherings
 - **Phase 2:** Essential gatherings must be 10 or fewer. No nonessential gatherings
 - **Phase 3:** All gatherings of 10 or fewer allowed
 - **Phase 4:** Gatherings of 50 people or fewer allowed, following CDC guidelines
 - **Phase 5:** Large gatherings of all sizes can resume
-

Schools

- **Phase 1:** Remote learning. Schools, universities closed.
 - **Phase 2:** Remote learning. Schools, universities closed.
 - **Phase 3:** Remote learning. Schools closed.
 - **Phase 4:** All schools, universities can open
 - **Phase 5:** All schools, universities can open
-

Child care

- **Phase 1:** 10 or fewer and for essential workers
 - **Phase 2:** 10 or fewer and for essential workers
 - **Phase 3:** Limited child care and summer youth activities can open
 - **Phase 4:** Child care can open with guidance
 - **Phase 5:** All open
-

Restaurants

- **Phase 1:** Open for drive-thru, pickup and delivery
-

- **Phase 2:** Open for drive-thru, pickup and delivery
 - **Phase 3:** Open for drive-thru, pickup and delivery
 - **Phase 4:** Open with capacity limits
 - **Phase 5:** All open
-

Nonessential businesses

- **Phase 1:** Nonessential businesses are operating from home
 - **Phase 2:** Nonessential businesses are operating from home
 - **Phase 3:** Employees can return to work
 - **Phase 4:** Employees can return to work
 - **Phase 5:** All open
-

Essential retail

- **Phase 1:** Open with restrictions
 - **Phase 2:** Open with restrictions
 - **Phase 3:** Open with restrictions
 - **Phase 4:** Open with restrictions
 - **Phase 5:** All open
-

Nonessential retail

- **Phase 1:** Closed
 - **Phase 2:** Open for delivery and curbside pickup
 - **Phase 3:** Open with capacity limits
 - **Phase 4:** Open with capacity limits
 - **Phase 5:** All open
-

Manufacturing

- **Phase 1:** Essential only
 - **Phase 2:** Essential only
 - **Phase 3:** Nonessential with distancing
 - **Phase 4:** All open with distance
 - **Phase 5:** All open
-

Travel

- **Phase 1:** Emergency travel and nonessential travel allowed but discouraged
 - **Phase 2:** Emergency travel and nonessential travel allowed but discouraged
-

- **Phase 3:** All allowed, following CDC guidance
 - **Phase 4:** All allowed, following CDC guidance
 - **Phase 5:** All allowed, following CDC guidance
-

Health clubs

- **Phase 1:** Closed
 - **Phase 2:** Closed
 - **Phase 3:** Provide limited training and activities
 - **Phase 4:** Open with capacity limits
 - **Phase 5:** All open
-

Personal care

- **Phase 1:** Closed
 - **Phase 2:** Closed
 - **Phase 3:** Allowed with guidance
 - **Phase 4:** Open with capacity limits
 - **Phase 5:** All open
-

Outdoor activities

- **Phase 1:** Distanced outdoor activities
 - **Phase 2:** Some state parks; outdoor activities like boating, fishing, and golf allowed
 - **Phase 3:** State parks open, activities with 10 or fewer allowed
 - **Phase 4:** All allowed
 - **Phase 5:** All allowed
-

Entertainment venues

- **Phase 1:** Closed
- **Phase 2:** Closed
- **Phase 3:** Closed
- **Phase 4:** Movies and theaters can open with capacity limits
- **Phase 5:** Large events and festivals can resume

The above is to show what is in store for the future and, also, what may be in store if we need to revert to earlier phases. Reversion to an earlier Phase is not beyond the realm of possibility if we are not careful. **READ ON....**

"It ain't over 'till it's over" ~Yogi Berra, N.Y. Yankees

.....as the catcher for the Yankees once famously said. COVID-19 is still with us, and with us big time, and it ain't over by a long shot.

FOR THE THIRD DAY IN A ROW, THE UNITED STATES SET A SINGLE-DAY RECORD FOR NEW CASES, WITH 44,702 REPORTED FRIDAY, JUNE 26TH. THIRTEEN STATES SET THEIR OWN RECORDS FOR THE AVERAGE NUMBER OF NEW CASES REPORTED OVER THE PAST SEVEN DAYS.

Facing a surge of new coronavirus cases, Texas Gov. Greg Abbott expressed regret for allowing bars to reopen so early, saying Friday that he did not realize how fast the virus would spread. "If I could go back and redo anything, it probably would have been to slow down the opening of bars, now seeing the aftermath of how quickly the coronavirus spreads in the bar setting," Abbott (R) said in an evening interview with KVIA in El Paso.

Here are some significant developments:

- Officials across the country moved to slow their re-openings, with beaches in Florida's Miami-Dade County closing over the Fourth of July weekend.
- A federal judge in California on Friday cited coronavirus outbreaks when ordering the release of migrant children being held with their parents at the country's three family detention facilities.
- Vice President Pence, in the first public briefing of the coronavirus task force in nearly two months, offered no new strategies to combat the rapidly spreading virus.
- Europe is preparing to reopen to foreign travelers, but Americans don't even figure into the discussion.



This Mind-Blowing Trick Will Make Your Face Mask So Much Safer



A former designer at Apple has come up with an ingenious DIY solution to make normal surgical masks much more effective during the coronavirus pandemic. All

you need is three rubber bands, a surgical mask, and a handy tutorial video.

Sabrina Paseman is a former mechanical engineer who worked on the MacBook Pro and partnered with **Megan Duong**, a former marketer at Apple, in an attempt to solve the global shortage of N95 masks brought about the coronavirus pandemic. The two have launched a website called *Fix the Mask*, which promotes a new "mask brace." Here is their explanation: "We're facing a global shortage of N95 masks. N95 masks are difficult to manufacture. ASTM-level surgical masks—the kind hospitals have plenty of—are still available but do not seal tightly to the face, creating the risk of exposure to COVID-19 particles."

N95 masks are considered the most effective protection against COVID-19, in part due to the very tight fit they provide their wearers. But *Paseman* has presented a rather amazing solution to make a regular surgical mask fit much tighter, therefore making the surgical mask much safer and better to protect its wearers from any aerosolized droplets that may contain germs or viruses of any sort.

The "mask hack" only requires three rubber bands to make a "chain." The end rubber bands go behind your ears and the center rubber band provides a tight seal around your mouth and nose. It sounds more complicated than it is, so watch the very simple tutorial below (cut & paste):

<https://www.msn.com/en-us/health/wellness/this-mind-blowing-trick-will-make-your-face-mask-so-much-safer/ar-BB15ikGN?li=BBnb7Kz&ocid=mailsignout>

COVID-19 Vaccine: Latest Updates



June 10, 2020 --
With more than 160 potential vaccines for COVID-19 under [study](#), optimistic experts

hope that a viable vaccine may be ready by the end of 2020.

Other experts caution that the timeline may be unrealistic. Only a small [number](#) of those vaccine candidates are being tested on people, and chances are many of the other projects won't survive beyond the laboratory stage.

Even so, vaccine experts point out that funding has been plentiful, many different approaches are under study, and collaborations between small firms developing the vaccines and large drug companies with the capacity to mass produce them all give reason for hope.

An official from the Trump administration said in a conference call with reporters June 16 that they could not guarantee a vaccine will be ready by year's end.

On that same call, the official, who asked not to be named, said the [administration](#) has promised to give the vaccine free to "vulnerable" people who cannot afford it, according to media reports. Officials will use a tiered approach to distribute the vaccine: older people, people with pre-existing conditions, and health care workers.

The U.S. [said](#) it would fund and conduct the phase III trials -- the final step to determine how well the vaccine works and if it's safe -- of three candidates: Moderna Inc., AstraZeneca, and Johnson & Johnson. The Moderna and AstraZeneca vaccines are already being tested in people, while J&J announced it will begin its testing in the second half of July.

By [Kathleen Doheny](#)/WebMD Health News Reviewed by Brunilda Nazario, MD on June 10, 2020

Know someone who might be having problems with the many issues surrounding COVID-19 because of a language problem? Go to this [United Nations website for assistance:](https://www.unodc.org/listenfirst/en/covid_parents.html)

Cute Photos For Your Viewing Pleasure



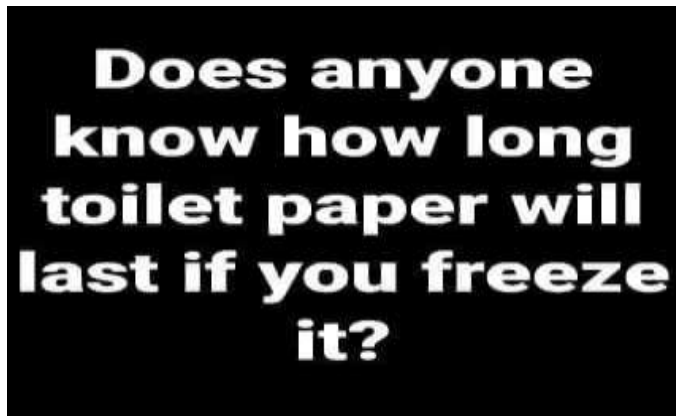


COVID-19

The Village has created a web page as a resource for information on COVID-19. As this is an emerging, rapidly evolving situation, this website will be updated with content from [CDC.gov](https://www.cdc.gov) as new information becomes available. You can access this page at the Village website: tinleypark.org. To ask questions, or voice your concerns, please email TP at: COVID19inquiry@TinleyPark.org.

Tinley Park falls within the Northeast region of Gov. J.B. Pritzker "Restore Illinois" plan that aims to reopen the state in five phases across four regions. The plan allows each region to begin a new phase based on the impact of the COVID-19 pandemic in that region.

In an effort to protect public health and ensure the safety of essential workers, the Village Board has passed a resolution necessitating that all people engaging in activities outside their homes in Tinley Park wear protective face coverings to mitigate the spread of COVID-19. This includes all employees and visitors of any grocery store, pharmacy or drug store, convenience store, gas station and other essential businesses.



What Is Flag Day?

When the American Revolution broke out in 1775, the colonists weren't fighting united

under a single flag. Instead, most regiments participating in the war for independence against the British fought under their own flags. In June of 1775, the Second Continental Congress met in Philadelphia to create the Continental Army—a unified colonial fighting force—with the hopes of more organized battle against its colonial oppressors. This led to the creation of what was, essentially, the first "American" flag, the Continental Colors.

For some, this flag, which was comprised of 13 red and white alternating stripes and a Union Jack in the corner, was too similar to that of the British. George Washington soon realized that flying a flag that was even remotely close to the British flag was not a great confidence-builder for the revolutionary effort, so he turned his efforts towards creating a new symbol of freedom for the soon-to-be fledgling nation.

On June 14, 1777, the Second Continental Congress took a break from writing the Articles of Confederation and passed a resolution stating that "the flag of the United States be 13 stripes, alternate red and white," and that "the union be 13 stars, white in a blue field, representing a new constellation."

Over 100 years later, in 1916, President Woodrow Wilson marked the anniversary of that decree by officially establishing June 14 as Flag Day.

As you celebrate the anniversary of the Stars and Stripes, here are some fast facts about "Old Glory."

- Etiquette calls for American flags to be illuminated by sunlight or another light source while on display.
- Unlike setting an intact flag on fire, flying one upside-down is not always intended as an act of protest. According to the Flag Code, it can also be an official distress signal.
- The practice of draping coffins in the American flag is not reserved for military veterans and government officials. On the contrary, any burial may incorporate this tradition.
- When flags are taken down from their poles, care must be taken to keep them from touching the ground. In fact, the American flag should always be kept aloft, meaning that rugs and carpets featuring the Stars and Stripes are barred by the Flag Code.

By: Jennie Cohen June 18, 2018/updated June 12, 2020



Thoughts from the Editor or "Cognito, ergo sum"

Another month has passed and COVID-19 is still on the tip of everyone's tongue. Illinois'

version of Lost in Space has taken us to another level, excuse me, Phase and we're getting closer to normalcy. Or, are we? Who knows? Who cares? We care!!! While COVID-19 is of the utmost importance in our lives, another issue has risen and has caused us to step back and reevaluate our norms.

Unless you constantly keep your earbuds in and listen to elevator music all day long, you know about the death of George Floyd in Minneapolis MN. Floyd, a black man, died at the hands of a white police officer during the course of his arrest. Floyd died while struggling to breathe due to the officer's knee across the back of his neck.

Repeated statements by Floyd of "I can't breathe" were ignored.

Immediately, a call for justice rang out from just about every corner of the world. The results... criminal charges were placed against the officers involved, protests, riots and looting all took place. The protests were focused on the theme of "Black Lives Matter."

Needless to say, the repercussions were far and wide...farther and wider than just about anyone would have imagined. Few locations, if any, were spared from the impact of this event. In Illinois, downtown Chicago grappled with civil unrest in the aftermath of Floyd's death and was hard hit with large scale property destruction and looting. Police vehicles were vandalized, some set on fire and some totally destroyed. Looters struck up and down the area of 111th and Halsted in Chicago cleaning out liquor stores in particular.

Closer to home, the Orland Square Mall was shut down as it was being protected by police after a Facebook post saying that people were prepared to loot.

An Orland Park jewelry shop was among many south suburban stores hit by looters. Bess Friedheim Jewelry at 151st and Regent Drive was smashed and luckily none of the jewelry was stolen. Looting was also reported in Mokena, Matteson, and Tinley Park. Protests took place

throughout the southern suburbs and continue in some.

During the aforementioned events, Chicago apparently didn't get the memo to take some time off from the unchecked mayhem that permeates the city on a daily basis and give some real thought to *Black Lives Matter*.

In just one day, Chicago had 18 murders in 24 hours. It was the deadliest day in the Windy City in roughly 60 years. The slayings took place on May 31st according to data provided to the Sun Times newspaper by the University of Chicago Crime Lab. "We've never seen anything like it, at all," the crime lab's senior research director, Max Kapustin, told the newspaper. "I don't even know how to put it into context. It's beyond anything that we've ever seen before." For the seven-day period surrounding May 31st, the figures were 40 killed with 137 wounded. Data from the lab does not pre-date 1961, but the next highest single-day murder total in Chicago was on Aug. 4, 1991, when 13 Chicagoans died in homicides, according to the report. Yikes.

While the world is protesting, it appears that Chicago's isn't listening to the thunderous roar bellowing through its neighborhoods. It's as if the murder rate doesn't matter.

Chicago's Mayor, Lori Lightfoot, said that they need to do more and stop with all of the rhetoric. Duh, do ya really think so! Sound familiar?

Update: The day that this was written, Monday, June 15th, fifteen people were shot, five of them fatally, in Chicago.

Update: Sunday, June 21st, Father's Day, 102 people were shot, 14 of them fatally, including a 3-year-old boy Chicago. So much for Father's Day!

Well, that's all folks...until the next newsletter. Stay safe and remember to remain socially distant. Also, please remember that the above thoughts are mine and mine alone. While they may be, or not be, the thoughts of many others, they are not necessarily the thoughts of Action Sertoma.

While our mantra is "PROUD TO BE A SERTOMAN" please also include "and take care and remain safe" and make sure to practice it.

Bob Clifford
Newsletter Editor



The **Fourth of July**—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues. The Fourth of July 2020 is on Saturday, July 4, 2020.



A History of Independence Day

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical. By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet "Common Sense," published by Thomas Paine in early 1776. On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies' independence. Amid heated debate, Congress postponed the vote on Lee's resolution, but appointed a five-man committee,

including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York, to draft a formal statement justifying the break with Great Britain.

On July 2nd, the Continental Congress voted in favor of Lee's resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively). On that day, John Adams wrote to his wife Abigail that July 2 "will be celebrated, by succeeding Generations, as the great anniversary Festival" and that the celebration should include "Pomp and Parade...Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other." On July 4th, the Continental Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on July 2nd, from then on, the 4th became the day that was celebrated as the birth of American independence.



Did you know? John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence, and would reportedly turn down invitations to appear at July 4th events in protest. Adams and Thomas Jefferson both died on July 4, 1826—the 50th anniversary of the adoption of the Declaration of Independence.



Early Fourth of July Celebrations In the pre-Revolutionary years, colonists had held annual celebrations of the king's birthday, which

traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for King George III as a way of symbolizing the end of the monarchy's hold on America and the triumph of liberty. Festivities including concerts, bonfires, parades and the firing of cannons and muskets usually accompanied the first public readings of the Declaration of Independence, beginning immediately after its adoption. Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war. George Washington issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and in 1781, several months before the key American victory at the Battle of Yorktown, Massachusetts became the first state to make July 4th an official state holiday. After the Revolutionary War, Americans continued to commemorate Independence Day every year, in celebrations that allowed the new nation's emerging political leaders to address citizens and create a feeling of unity. By the last decade of the 18th century, the two major political parties—the Federalist Party and Democratic-Republicans—that had arisen began holding separate Fourth of July celebrations in many large cities.

Fourth of July Fireworks The first fireworks were used as early as 200 BC. The tradition of setting off fireworks on the 4 of July began in Philadelphia on July 4, 1777, during the first organized celebration of Independence Day. Ship's cannon fired a 13-gun salute in honor of the 13 colonies. The *Pennsylvania Evening Post* reported: "at night there was a grand exhibition of fireworks (which began and concluded with thirteen rockets) on the Commons, and the city was beautifully illuminated." That same night, the Sons of Liberty set off fireworks over Boston Common.

Fourth of July Becomes a Federal Holiday The tradition of patriotic celebration became even more widespread after the War of 1812, in which the United States again faced Great Britain. In 1870, the U.S. Congress made July 4th a federal holiday; in 1941, the provision was expanded to grant a paid holiday to all federal employees. Over the years, the political importance of the holiday would decline, but Independence Day remained an

important national holiday and a symbol of patriotism. Falling in mid-summer, the Fourth of July has since the late 19th century become a major focus of leisure activities and a common occasion for family get-togethers, often involving fireworks and outdoor barbecues. The most common symbol of the holiday is the American flag, and a common musical accompaniment is "The Star-Spangled Banner," the national anthem of the United States.

HAVE A SAFE AND



DID YOU KNOW?

- Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All the others signed later.
- The Declaration of Independence was signed by 56 men from 13 colonies.
- Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.
- The only two signers of the Declaration of Independence who later served as President of the United States were John Adams and Thomas Jefferson.
- The stars on the original American flag were in a circle so all the Colonies would appear equal.
- The first Independence Day celebration took place in Philadelphia on July 8, 1776. This was also the day that the Declaration of Independence was first read in public after people were summoned by the ringing of the Liberty Bell.
- President John Adams, Thomas Jefferson and James Monroe all died on the Fourth. Adams and Jefferson (both signed the Declaration) died on the same day within hours of each other in 1826.
- Benjamin Franklin proposed the turkey as the national bird but was overruled by John Adams and Thomas Jefferson, who recommended the bald eagle.
- Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.

7 Worst Invasive Plants in America

Kudzu



Commonly seen vine throughout the southeastern United States, the perennial kudzu originally hails from Asia. Although the United States Department of

Agriculture believes that kudzu spreads up to 150,000 acres annually, the Forest Service estimates that the weed spreads by 2,500 acres per year.

English Ivy



English ivy was brought to America by colonists who sought to recreate the charms of their native landscaping. In its new environment, ivy quickly became an invasive, and

destructive, covering (even eventually toppling) trees, and supplanting native species in forests and open areas.

Barberry

Though it is a commonly used shrub by landscapers, both common barberry and Japanese barberry are banned in many areas of the United States. Introduced to the country in the late 1800s, not only is it invasive, but it provides an ideal hiding place for deer ticks, which can carry Lyme Disease.



Black Locust

Black locust spreads quickly, and is also short lived. Its branches are brittle and break easily when exposed to high winds. As a result of its ability

to propagate quickly, it is considered invasive and is on the do-not-plant list in many localities. We try.

Butterfly Bush



Butterfly bush offers much-needed nectar for pollinators like butterflies and bees, but it is also considered a noxious weed in many states, where it pushes out native species and spreads into uncultivated areas where it is not wanted.

Common Buckthorn



Like so many invasive species, Common Buckthorn was introduced to this nation's gardens by well-meaning botanists in the late 19th century. Besides crowding out native shrubs, it plays host to many pests, and the

decomposition of its leaf litter can change the pH of the surrounding soil, which can cause problems for other nearby plants.

Burning Bush

Known for its bright red, fall color, burning bush is a popular landscaping shrub throughout North America. It has many invasive traits, however, that allow it to spread aggressively. It's not recommended for planting near uncultivated areas, and may end up on official invasive species lists in the near future.



by *Garden Tips* on June 4, 2020

What is the most dangerous animal in the world? Is it a Snake, alligator, bear, lion or tiger? Think about it and see if you get it right.

The answer is on page 19 (after the Club Anniversaries.) *If you get it correct, you win a free drink. *After you submit a 250,000-word paper on how to solve world hunger and famine in emerging 3rd world countries with a GNP of less than 3 trillion dollars in a free market economy. Free drink must be w/in a price range of no more than \$1.79. Limit one per winner.

let the
good times
roll

Illinois Recreational Marijuana Sales Set Record in Month of May



Pot purchasers paid \$44.3 million for nearly 1 million recreational cannabis products last month.

More than \$80 million on legal marijuana, both medical and recreational, was spent during May 2020, according to the Departments of Financial and Professional Regulation and of Public Health. (Shutterstock)

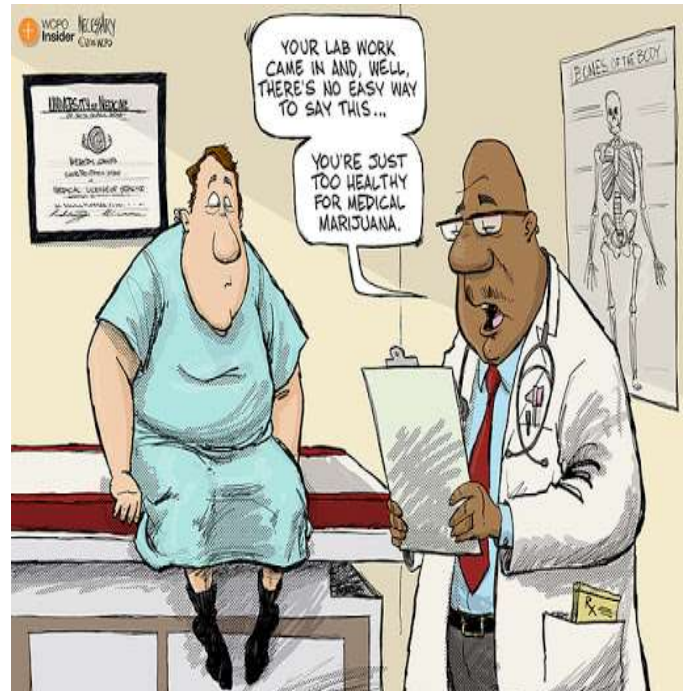
CHICAGO — Legal sales of recreational marijuana in Illinois set a record high in May, with the state's pot shops selling more than \$44 million of cannabis products, according to state regulators. That figure does not include the more than \$10 million shoppers spent on state and local and taxes, nor the \$32 million worth of cannabis products spent by those with medical marijuana cards.

Illinois residents spent more than \$34 million before taxes on cannabis, while those with out-of-state identification spent over \$10 million, according to the Illinois Department of Financial and Professional Regulation, or IDFPR. Both totals exceeded a record set in January, the first month of legal adult-use cannabis sales. More than 989,000 individual items were sold, an increase of over 17,000 from the post-legalization record, with pot purchasers spending \$5 million than in the first month of the year, according to data from IDFPR.

Although executive orders issued by Gov. J.B. Pritzker's in response to the coronavirus pandemic

have restricted many activities and led to limitations on retailers, the cannabis industry was among those declared "[essential](#)." Sales have continued to increase every month since February under the governor's stay-at-home order, which expired May 29.

In response to the spread of COVID-19, state regulators relaxed restrictions on medical marijuana purchases to allow curbside sales to medical cardholders, many of whom are immunocompromised. Delivery and off-site sales remain forbidden.



WEED QUOTES

"I think people need to be educated to the fact that marijuana is not a drug. Marijuana is an herb and a flower. God put it here. If He put it here and He wants it to grow, what gives the government the right to say that God is wrong?" ~ **Willie Nelson**
Musician, Writer, Actor, Activist

"When I was in England, I experimented with marijuana a time or two, and I didn't like it. I didn't inhale and never tried it again." ~ **Bill Clinton**
42nd U.S. President

"Everything is better with a bag of weed."
~ **Stewie Griffin** / *Family Guy*

5 Uses for Coffee Grounds

Our hyper-caffeinated culture has resulted in a glut of coffee grounds choking our garbage pails.

But before you toss out the stale remnants of yesterday's bean brew, check out a few of these surprising and useful ways that you can re-purpose coffee grounds in and around your home.



Enrich Your Compost Pile

Coffee grounds are chock-full of nitrogen, which helps speed decomposition by feeding the microorganisms

that break down the biological material in the bin. Coffee grounds also contain other trace nutrients, including potassium and magnesium. Just pour in the grounds, mix, and walk away.

Attract Worms

Everyone knows that worms are great for the lawn and garden, but what you may not know is that worms are attracted to coffee grounds. The grounds are gritty, and worms need that grit to aid in their digestive process. And if you are using worms as fishing bait, mixing coffee grounds into the soil in the bait box will help keep the worms fresh and wriggling all day long.



Repel Slugs and Snails

The same gritty texture that attracts worms to coffee grounds acts as a natural repellent to slugs, snails, ants, and other creepy-crawly bugs that can't stand the acidity of coffee. Sprinkling coffee grounds on the soil around sensitive plants or mounding up a ring of coffee grounds a few inches out from the base of those plants will keep these pests away.



Fertilize Flowers

Coffee grounds are acidic and therefore can be a great natural fertilizer for roses, azaleas,

evergreens, rhododendrons, blueberry bushes, camellias, and hydrangeas. Adding coffee grounds to the soil around hydrangeas can produce vibrant blue blossoms, because the extra acidity helps the flowers absorb aluminum, leading to a deep blue hue.

Produce A Nonskid Surface



Salt is a commonly used de-icing product for winter walkways and driveways, but it can also damage sensitive plants and over time can even wear away cement or asphalt surfaces. Coffee

grounds are a great alternative for making sidewalks and driveways less slippery; the acid in the grounds also helps melt the ice.

By *Garden Tips* on June 11, 2020

MORE FROM THE SERTOMA CENTRE

MEET THE STAFF



Dina Raya
Director of Customer Services

Dina began her career at Sertoma Centre in 2003. She is a motivated professional with extensive experience in serving individuals with intellectual disabilities and/or mental health diagnoses. She earned a Bachelor's degree in Criminal Justice from Illinois State University and a Master's degree in Criminal Justice from the University of Illinois.



Dana McFarlin-Lloyd
Director of Employment Services

Dana has been with Sertoma Centre since 2010. She has enjoyed a career in the field of job preparation and placement for over a decade, and has also worked as an educator and mental health professional. She holds a Bachelor's degree in Psychology from Southern Illinois University and is a Master's degree candidate in Counseling from Governor's State University.



Action Sertoma Donations

New Star	\$2,000
Country House	\$1,000



"To my dear friend, Chris O., from your good friend, *The Most Interesting Man in the World*. Stay safe my friend."

Meet One of the Most Interesting Sertomans in the World!

Chris Obaggy



-When the sun rises, if she has not yet awoken, the sun will wait ten minutes longer for her to rise.

- She can often be seen eating dark chocolates on her patio on any given afternoon while quoting Groucho Marx and Karl

Marx simultaneously.

- It is rumored that some CIA operatives have named both covert and overt operations after her.

- When you ask her what she wants for dinner, she might answer, *"Whatever you're not having"*

-It rains because she's thinking of something sad.

-In museums, she's allowed to touch to the exhibits.

-Outlaw bikers walk their motorcycles past her home and they also have tattoos of her face.

-Even her enemies list her as an emergency contact.

-Her charm is so contagious, vaccines have been created for it.

-She doesn't always make spaghetti, but when she does, she makes enough to end hunger throughout the world.

-On every continent in the world, there is a sandwich named after her.

-She lives vicariously through herself.

-She doesn't always talk to Univ. of Michigan graduates, but when she does, she usually orders fries.

-if she were to pat you on the back, you would list it on your resume.

-Superman has pajamas with her logo.

"Stay thirsty my friends"

She is indeed, one of the most interesting Sertomans in the world!



Joke of the Day

CAMPAIGN



While walking down the street



one day a Member of Congress (Rep) is tragically hit by a truck and dies. His soul arrives in Heaven and is met by St. Peter at the entrance. 'Welcome to Heaven,' says St. Peter. 'Before you settle in, it seems there is a problem. We seldom see a high official around these parts, you see, so we're not quite sure what to do with you'. 'No problem, just let me in,' says the man. 'Well, I'd like to, but I have orders from higher up. What we'll do is have you spend one day in Hell and one in Heaven. Then you can choose where to spend eternity.' 'Really, I've already made up my mind. I want to be in Heaven,' says the Rep. 'I'm sorry, but we have our rules.'

St. Peter then escorts him to the elevator and he goes down, down, down to Hell. The doors open and he found himself in the middle of a green golf course. He sees a clubhouse with all his friends and other politicians who had worked with him standing in front of it. They run to greet him, shake his hand, and reminisce about the good times they had while getting rich at the expense of the people. They played a friendly game of golf and then dined on lobster, caviar and champagne.

Also present is the Devil, who really is a very friendly & nice guy who has a good time dancing and telling jokes. They are having such a good time that before he realizes it's time to go. Everyone gives him a hearty farewell and wave whilst the elevator rises....

The elevator door opens in Heaven where St. Peter is waiting for him. 'Now it's time to visit Heaven.' 24 hours pass with the Rep. joining a group of contented souls moving from cloud to cloud, playing the harp and singing. They have a good time and, before he realizes it, the 24 hours have gone by and St. Peter returns.

'Well, then, you've spent a day in Hell and another in Heaven. Now choose your eternity.' The Rep. reflects for a minute, then he answers: 'Well, I would never have said it before, I mean Heaven

has been delightful, but I think I would be better off in Hell.' So, St. Peter escorts him to the elevator and he goes down, down, down again to Hell.

When the doors open this time, he's in the middle of a barren land covered with waste & garbage. He sees all his friends, dressed in rags, picking up the trash and putting it in black bags as more trash falls from above. The Devil comes over to him and puts his arm around his shoulder. 'I don't understand,' stammers the Rep. 'Yesterday I was here and there was a golf course and clubhouse, and we ate lobster and caviar, drank champagne, danced and had a great time. Now there's just a wasteland full of garbage and my friends look miserable. What happened?

The Devil looks at him, smiles and says, 'Yesterday we were campaigning....Today you voted'.

BIRTHDAYS & CLUB ANNIVERSARIES



Birthdays:

July 2 Gene Esposito Jr.	July 5 Debbie DeMaar
July 6 Chris Obaggy	July 11 Joe Racine, Sr.
July 13 Bill Kamholz	July 15 Rob Surrosco
July 15 Rick Lakie	July 16 Bob Esposito
July 22 Gene Esposito, Sr.	July 29 Mike Corsi



Anniversaries:

In a little-known fact, there are no Action Club Sertomans who are celebrating a July club anniversary. Fascinating! So, why don't we do something about it? Bring in a new member this month and wipe this stain from our otherwise spotless record.

Answer to Question on page. Humans

Surprised? After all, we're animals too, and since we've been killing each other for 10,000 years, with the total deaths from war alone estimated at between 150 million and 1 billion (and that was a decade ago), it's a no-brainer that we top any list. If you're thinking non-human, it's the mosquito.

ACTION SERTOMA CLUB NEWS

WE HAVE A NEW MEMBER!

Let's give a big Action Sertoma welcome to our newest member, **DEBBIE DEMAAR**.

WELCOME DEBBIE! Everyone is looking forward to meeting you and getting to know you.

Nothing else to report. In this time of stay at home, it's hard to believe that everyone just sits around staring at each other and doesn't have anything to share. Maybe next month.

Please send me your news, good or bad, happy or sad, boring or not, so that your fellow Sertomans can know what's going on with our club members.



ACTION SERTOMA CLUB DINNER & BOARD MEETINGS ARE BACK IN ACTION !!

Club Members,

Where back in business for our in-person regularly scheduled Dinner and Board meetings.

This past Tuesday, June, 30th we had a joint Board and Dinner meeting at Capri.

Phase 4 allows gatherings of 50 people so we're now back on schedule.

Dinners on the 1st Tuesday of the month starting in August, and Board meetings on the last Tuesday of the month starting on July 28th.



MEMBERS DINNER MEETING

1st Tuesday of the Month at

CAPRI RISTORANTE ITALIANO

12307 S. HARLEM AVE.

PALOS HEIGHTS, IL 60463

6:00 PM COCKTAILS - 6:30 PM DINNER

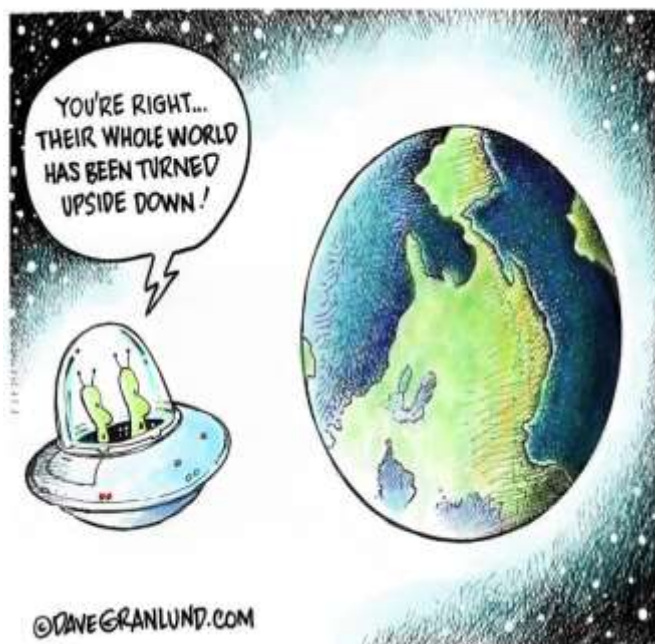


Last Tuesday of the Month at SERTOMA CENTRE

4100 W. 127TH STREET, ALSIP, IL

6:00 p.m. until 7:30-8:00 p.m.

As always, a delicious dinner will be served by one of the board members.



ACTION SERTOMA OFFICERS and BOARD MEMBERS



"I move that we debate whether to vote to decide whether to discuss bringing this meeting to an end."

CHAIRPERSON:

BOB SCOTT

PRESIDENT:

DENNIS FIORETTI

TREASURER:

JOHN PARKER

SECRETARY:

ED KELLY

VP SPONSORSHIP:

JOE RACINE, JR

VP MEMBERSHIP:

EILEEN CLANCY

VP SOCIAL:

STEPHEN REILLY

PUBLICITY:

CONNIE BARRERA

NEWSLETTER:

BOB CLIFFORD

DIRECTORS:

BILL KAMHOLZ

JOE RACINE, SR.

CHAS LAZZARA

CHRIS OBBAGY

DOM PORTO

KRISTINE KALNINS

SERTOMA BOARD MEMBERS:

CENTRE:

BOB SCOTT

CHRIS OBAGGY

FOUNDATION:

ED KELLY

DAN LETIZIA

GLEN BYLINA