

# **ACTION SERTOMA**SUMMER BULLETIN 2022

"A Club helping those in the Community"

## MEMBER SPOTLIGHT Connie Barrera Publicity



I have been working Administration for 35 years. I retired my career downtown Chicago to raise my girls Julia, Jaime and Jiana. I re-entered the workforce as a Mortgage Banker for 11 years, then decided become self-employed to Administration and Marketing in 2013. incorporated in 2016. I have been a community volunteer for over 20 years that includes local schools, cheerleading program, basketball, Relay for Life, OAK FEST, Oak Forest Park District Advisory Board and food pantries in the city and surrounding area. I joined Action Sertoma in 2016. I was inducted for Action Sertoma's Publicity a year later. I admin our social media accounts, our website, bulletin, and rosters. I am a Rocktoberfest Committee member, point person for our Annual Big Game Fundraiser, point person for the Queen of Hearts Fundraiser along w/our Treasurer and Secretary, I volunteer at our Annual Golf Outing. Helping the community and for those in need grounds me and is very gratifying. I am Proud to be a Sertoman!

## Action Sertoma is a Proud Sponsor for Crisis Center South Suburbia's Dianne Masters Cup Golf Outing



The Dianne Masters Cup Golf Outing is in honor and memory of the late Dianne Masters, who founded the Crisis Center in 1979.



An espresso has less caffeine than a cup of coffee. A cup of drip brewed coffee has about 115 milligrams of caffeine, an espresso (and percolated coffee) about 80mg, while instant coffee has about 65mg of caffeine. Decaffeinated coffee is not totally caffeine free, containing about 3mg of caffeine. A 8oz can of Coca-Cola has about 23mg of caffeine, Pepsi Cola 25mg, Mountain Dew 36mg, and TAB 31mg. Tea has about 40mg of caffeine, while an ounce of chocolate contains about 20mg. The first Espresso machine was introduced in 1822 by the French, but it was the Italians who perfected and distributed it. Coffee is the world's most popular stimulant: 4 out of 5 Americans drink it, consuming more than 400 million cups a day. Consumption in Scandinavian countries is more than 12kg (26lb) per capita. With more than 25 million people employed in the industry, coffee is one of the largest trade industries in the world. Although coffee is believed to have been grown near the Red Sea since the 7th century, an Arabian author of the 15th century, Shehabeddin Ben, wrote that Ethiopians enjoyed coffee ever since anyone could remember. By the 16th centuries, coffee plants were found throughout the Yemen region of Arabia. After a Turkish ambassador introduced it to the court of Louis XIV in 1669, Europeans quickly acquired a taste for it. A few years later, the Dutch introduced In 1714, the Frenchman coffee into Java. Desclieux planted a single cutting of a coffee tree on the island of Martinique. Plantations soon grew from French Guiana to Brazil and Central America.

Today, coffee is planted in moist regions around the world. Instant coffee was invented in 1906 by Mr. G. Washington, an Englishman living in Guatemala.



## **NEWS**

Announcing the newest chartered Sertoma club — Sertoma Connections of the Great Plains Club

Located in Baxter, Minnesota, the Sertoma Connections of the Great Plains Club is hard at work to grow their 15-member club with new recruits from Iowa, Nebraska, and North Dakota.

Their board of directors maintains a membership split of 51% deaf and hard of hearing and 49% hearing individuals. It is crucial to their club that the deaf and hard of hearing communities in their region know their needs and views are of primary importance to their club's purpose.

Sertoma Connections of the Great Plains Club is committed to Sertoma, Inc. and Camp UBU and intend to maintain the integrity of the Club and Camp UBU for years to come.



### Action Sertoma Donations

Sertoma Centre Annually \$20,000
Sertoma Speech & Hearing Annually \$15,000
Two Charities Honoring Trey \$1,000
Operation Breakthrough \$500
House of Hope \$500
Alsip Golf Outing \$500
Orland Park Gridiron Golf Outing \$750



Gene Esposito Jr - July 2 Debbie DeMaar - July 5 **Christine Obbagy - July 6** Joe Racine Sr - July 11 Bill Kamholz - July 13 Rick Lakie - July 15 **Rob Surrusco - July 15 Bob Esposito - July 16** Gene Esposito Sr - July 22 Marco Corsi - July 29 Lisa Molloy – Aug 3 Andrew Sampalis - Aug 4 Dom Porto – Aug 11 Concetta Pinto - Aug 16 Eileen Clancy - Aug 17 Pat Harpold - Aug 21 Bob Scott – Aug 26 Mike Reeg - Sept 10 Ed Fioretti - Sept 24 Bob Hehl - Sept 28



Michelle Pinto - July 1 Gene Esposito - Aug 1 Dan Letizia Sr - Aug 1 **Bob Scott - Aug 1 Bob Esposito – Aug 8** Dennis Fioretti – Aug 9 Kristine Kalnins – Aug 10 **Jack Howe- Aug 16** Marco Corsi - Sept 1 Ken Castillo - Sept 1 Tom Finger - Sept 1 Joe Racine - Sept 1 Eileen Clancy - Sept 2 **Christine Obbagy – Sept 2** George Fetcho - Sept 18 Dom Porto - Sept 29



Every Tues 8pm - QUEEN OF HEARTS
Fundraiser, Details at
<a href="https://actionsertoma.org/queen-of-hearts">https://actionsertoma.org/queen-of-hearts</a>
July 20 - Action Sertoma Golf Outing
August 9-Crisis Center Dianne Masters Cup
Details at <a href="https://actionsertoma.org/golf-outing">https://actionsertoma.org/golf-outing</a>
October 21 - Rocktoberfest Raffle Fundraiser



Kelly R. FOUND THE QUEEN OF HEARTS
June 21<sup>st</sup>, #46, Jackpot \$34,875.
Tickets sold all week up to 5 min. before
Tues, drawing at NITE GAMES, Oak
Forest, IL. ONLINE sales ends 5pm night
before Drawing at www.actionsertoma.org.



Members Dinner Mtg
1st Tuesday of the Month at
CAPRI RISTORANTE ITALIANO

12307 S. HARLEM AVE. Palos Heights, IL 60463 6:00 pm Cocktails 6:30 pm Dinner



Action Sertoma Board Mtg Last Tuesday of the Month BLARNEY STONE

> 15400 Cicero Ave Oak Forest, IL 60452 5:30 pm

#### **ACTION SERTOMA BOARD MEMBERS**

CHAIRPERSON:
PRESIDENT:
TREASURER:
SECRETARY:
VP SPONSORSHIP:

CO-VP SPONSORSHIP: VP MEMBERSHIP:

**VP SOCIAL:** 

PUBLICITY/BULLETIN: SERGEANT AT ARMS:

**DIRECTORS:** 

**DENNIS FIORETTI GENE ESPOSITO, JR** JOHN PARKER **ED KELLY** JOE RACINE, JR **BOB SCOTT EILEEN CLANCY** TOM FINGER **CONNIE BARRERA ROBERT HEHL BILL KAMHOLZ CHRIS OBBAGY DOM PORTO** JOE RACINE, SR. **CHAS LAZZARA** KRISTINE KALNINS

#### **SERTOMA BOARD MEMBERS**

**CENTRE:** 

CHRIS OBBAGY DAN LETIZIA GEORGE FETCHO **FOUNDATION:** 

ANITA FLASSIG GEORGE FETCHO

ED KELLY
GLENN BYLINA
TOM FINGER





