

SAM Form

(Transportability version)

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| Form ID | | | | | |
| Organization | | | | | |
| Team | | | | | |
| Supervisor Name | | | | | |
| Therapist | | | | | |
| Current Consultant/System Supervisor | | | | | |
| Date Form Completed (mm/dd/yyyy) | | | | | |
| Please consider your supervision sessions over the past two months as you complete the following items. | | | | | |
| 1. When the supervisor recommended changes in my course of action, the rationale for the recommendation was described in terms of one or more of the MST principles. | Never | Rarely | Sometimes | Often | Almost Always |
| 2. You could tell that the supervisor was in charge of the sessions. | Never | Rarely | Sometimes | Often | Almost Always |
| 3. Team members took a long time to describe the details of cases before the supervisor spoke. | Never | Rarely | Sometimes | Often | Almost Always |
| 4. The supervisor asked clinicians for evidence to support their hypotheses about the causes of problems targeted for change or of barriers to intervention success. | Never | Rarely | Sometimes | Often | Almost Always |
| 5. The supervisor asked clinicians how descriptions of this week's case developments pertained to identification of barriers to success. | Never | Rarely | Sometimes | Often | Almost Always |
| 6. When clinicians talked about events in the distant past, the supervisor recommended that current interactions within the family and between family members and others be examined first. | Never | Rarely | Sometimes | Often | Almost Always |
| 7. When clinicians reported on a variety of interventions tried during the week, the supervisor asked for clarification regarding which intermediary goals the interventions aimed to address. | Never | Rarely | Sometimes | Often | Almost Always |
| 8. The supervisor followed up on recommendations made in previous supervision sessions. | Never | Rarely | Sometimes | Often | Almost Always |
| 9. When interventions were not successful, discussion focused on identifying the barriers to success and actions the clinician should take to overcome them. | Never | Rarely | Sometimes | Often | Almost Always |
| 10. I have the skills to implement all of the recommendations made in supervision. | Never | Rarely | Sometimes | Often | Almost Always |
| 11. Interventions that were discussed targeted sequences of interaction between family members. | Never | Rarely | Sometimes | Often | Almost Always |
| 12. Clinicians received positive feedback during the sessions. | Never | Rarely | Sometimes | Often | Almost Always |
| 13. The supervisor asked clinicians how descriptions and questions about case developments pertained to "fit" assessment. | Never | Rarely | Sometimes | Often | Almost Always |
| 14. It was easy for team members to acknowledge frustrations, mistakes, and failures. | Never | Rarely | Sometimes | Often | Almost Always |
| 15. When a clinician presented information about events that transpired during the week, the supervisor asked the clinician and team to clarify the relevance of the information to one or more steps of the analytical process. | Never | Rarely | Sometimes | Often | Almost Always |
| 16. Weekly case summaries were referred to during the discussion of cases. | Never | Rarely | Sometimes | Often | Almost Always |

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| 17. Interventions that were discussed targeted sequences of interaction between family members and individuals at school, in the child's peer group, or in the neighborhood. | Never | Rarely | Sometimes | Often | Almost Always |
| 18. When an intervention was only partially successful, the supervisor asked questions to determine whether the clinician had adequately and completely implemented the intervention. | Never | Rarely | Sometimes | Often | Almost Always |
| 19. We spent more time discussing cases in which progress was limited. | Never | Rarely | Sometimes | Often | Almost Always |
| 20. The supervisor referred to specific MST principles while discussing cases. | Never | Rarely | Sometimes | Often | Almost Always |
| 21. The supervisor made a note of case-specific recommendations. | Never | Rarely | Sometimes | Often | Almost Always |
| 22. When new areas were targeted for intervention, the supervisor encouraged the clinician to articulate new intermediary goals accordingly. | Never | Rarely | Sometimes | Often | Almost Always |
| 23. Outcomes were described in observable and measurable terms. | Never | Rarely | Sometimes | Often | Almost Always |
| 24. When clinicians reported plans to meet with teachers, neighbors, or officials from other agencies, the supervisor asked what it would take for a caregiver to hold the meeting. | Never | Rarely | Sometimes | Often | Almost Always |
| 25. When clinicians reported that things were going well in a case, the supervisor focused discussion on factors in the natural ecology that were sustaining progress. | Never | Rarely | Sometimes | Often | Almost Always |
| 26. When clinicians reported doing things for family members, the supervisor asked what it would take for family members to do these things for themselves. | Never | Rarely | Sometimes | Often | Almost Always |
| 27. When clinicians reported that they discussed a particular problem with a family, the supervisor asked what plans were put in place to address the problem this week. | Never | Rarely | Sometimes | Often | Almost Always |
| 28. When clinicians described their ideas about the causes of problems, "fit circles" were developed and discussed in session. | Never | Rarely | Sometimes | Often | Almost Always |
| 29. When clinicians talked about events in the distant past, the supervisor asked for evidence that these events are contributing to a current problem. | Never | Rarely | Sometimes | Often | Almost Always |
| 30. In the past two months, the supervisor and I have discussed the extent to which my case summaries and in-session presentations are consistent with the MST principles and analytic process. | Never | Once | Twice | 3-5 Times | Weekly |
| 31. In the past two months, the supervisor and I have set goals for development of my specific competencies in MST. | Never | Once | Twice | 3-5 Times | Weekly |
| 32. In the past two months, my supervisor has accompanied me to therapy sessions (i.e., field supervision) OR reviewed audiotapes of my therapy sessions. | This has never happened | This has happened in past, but not in last two months | Once in the last two months | Twice in the last two months (e.g., once a month) | At least twice, and more when necessary |
| 33. In the past two months, I left supervision knowing how to carry out recommended actions. | Never | Once | Twice | 3-5 Times | Weekly |
| 34. How skilled do you think your supervisor is in implementing MST interventions? | Not very | Somewhat | Moderately | Very | Extremely |

| 35. How skilled do you think your supervisor is in the treatment modalities used in MST such as cognitive-behavioral therapy? | Not very | Somewhat | Moderately | Very | Extremely |
|------------------------------------------------------------------------------------------------------------------------------------|----------|-------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 36. How often have you and your supervisor met to develop and monitor a plan to help you increase your knowledge and skill in MST? | Never | Plan developed but never monitored and followed | Plan developed but monitored and followed infrequently | Plan developed but monitored and followed periodically, e.g. once every 3 months | Plan developed but monitored and followed regularly, e.g., once per month |

Notes (250 character limit)

Thank you for taking the time to complete this survey.