



Ravi K. Mootha, M.D.

Certified by the American Board of Urology

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STATEMENTS RELATIVE TO VASECTOMY CONSULTATION

The following points relative to performing a segmental vasectomy were discussed in detail and any questions pertaining to the operation or post-operative results were answered to the patient's satisfaction.

1. The operation, when satisfactorily completed, should be considered a permanent change from being fertile and able to reproduce to becoming sterile and NOT able to reproduce.
2. It was explained that the patient will not be sterile immediately after the procedure is performed, as there will still be sperm between the point of division of the vas deferens and the penis. These sperm must be cleared from these ducts before he will be considered sterile. This clearing is essential and is accomplished by ejaculation.
3. The importance of continued use of contraceptives until the semen has been examined and cleared by the doctor was stressed. Only when there are no sperm, living or dead, present in the semen will we consider the patient sterile. The patient was advised that he will have to ejaculate 20 - 30 times prior to bringing a specimen to the office for examination, as it takes this many ejaculations to clear the ducts.
4. This patient was told that the operation would not be a cure for any sexual incompatibilities, such as difficulty in developing or maintaining an erection, premature ejaculations, or other abnormalities relating to sexual relations. He was assured also, that the operation would have no adverse effects on their sexual function either anatomically or physiologically. However, sexual relations are to a great extent governed by psychological factors and some men can become convinced that because they are sterile, they are not able to perform sexually. This is not the normal result of a vasectomy.
5. The surgical procedure was explained as the removal of a segment of the vas deferens, the tube which carries the sperm from the testes to the penis. Specimens may be sent to Pathology for analysis. Chances of these tubes growing back together are very remote. Under normal circumstances blood will still flow from the testes and carry hormones to the rest of the body.
6. It was explained that the procedure would be done in this office, normally under Novocaine or Novocaine-like anesthetic. The patient has not had a reaction from Novocaine in the past. If not performed in the office, it will be in the hospital.
7. The patient was told he should wash the genital area vigorously with soap for 5 minutes on each of the three days prior to the operation. He should shave his scrotum the night before coming for the operation and should bring an elastic athletic supporter.
8. The patient was instructed to sign a properly witnessed legal release for the bilateral segmental vasectomy that will result in permanent sterilization.
9. The patient was informed of the charge for the operation and follow-up care until sterile.

CERTIFICATION

I certify that I have read the above instructions and explanations and request the vasectomy be performed. I have received and read the detailed brochure that outlines the procedure and its risks and have had an opportunity to ask any questions. All of my questions were answered by the doctor to my satisfaction. The doctor whose name appears below also discussed with us orally in substantially the same language the preceding facts. This statement and certification is made as a general release of said doctor from legal liability and constitutes evidence of informed consent.

(Patient)

(date)

Signature Witnessed By:



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VASECTOMY PRE-OPERATIVE INSTRUCTIONS

1. Wash penis and scrotum thoroughly on the morning of the procedure.
2. Shave the front of your scrotum the night before the surgery.
3. Bring a pair of tight fitting underwear to the clinic for use after the procedure. A pair of briefs or an athletic supporter will work.
4. We recommend that you bring someone to the clinic that can drive you home after the procedure.
5. Plan to stay off your feet for at least twelve hours following your surgery.
6. It is OK to have a light breakfast or lunch prior to your procedure.
7. Plan on being in the office from thirty to forty-five minutes.
8. If you must cancel, please notify us two (2) days in advance.
9. Our office will contact your insurance company to get benefits and to pre-certify for the vasectomy if needed. The cost of the vasectomy may be applicable to your deductible. We will ask that you make any payments prior to your procedure. We advise you to call your insurance company to get benefits for your vasectomy prior to your procedure.



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STERILIZATION PERMIT

Date: _____

I, the undersigned, each being over eighteen (18) years of age, do request and authorize Ravi K. Mootha, M.D. to perform a bilateral segmental vasectomy under local anesthesia for the purpose of sterilization on _____ (patient).

It has been explained to me that this procedure is intended to prevent future pregnancies and that a sterile person is not capable of becoming a parent. I understand that the procedure may not result in sterility and that no guarantee of sterility has been given and I further understand that if sterility does result from the procedure, it should be considered irreversible.

I have been advised of the possible complications such as infection, bleeding, spontaneous reunion of the severed ends of the vas deferens, and reaction to local anesthesia and have also been made aware of the necessity for follow-up seminal analysis before sterility can be confirmed.

With full understanding, I voluntarily request that the procedure be done.

(Patient)

Signature Witnessed By:



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VASECTOMY

POST-OPERATIVE INSTRUCTIONS AND INFORMATION

1. No shower or tub bath for 24 hours.
2. Some drainage, bruising and swelling are common.
3. Keep incisions covered with a band-aid until healed or until drainage stops.
4. No work or exercise on the night of surgery. You may return to work the following day if you have no discomfort. If there is any question, stay home and off your feet.
5. A “knot” will be present on each side for months. This is where the tubes were tied and is quite normal.
6. Apply an ice bag directly to the scrotum for 12 hours following the vasectomy. This will help to reduce the swelling.
7. In the event of any problems or questions, call immediately.
8. Please bring your post-vasectomy specimen to the office after three (3) months. Mark the container with your name. There is a form to fill out at the window when specimen is brought into the office. Please **call the office (972-235-3248) before bringing your specimen in to make sure a doctor will be available.** The office opens at 9:00 AM Monday thru Friday.

You may call the office the following day for report. A few dead sperm are occasionally found in the initial post-operative specimen. If present, you will be requested to submit another specimen in 4 to 6 weeks.

