



**THE
CARDINAL**
HERBS, TEAS AND SPICES
45-3321 Mamane St. Honoka'a - Hawai'i

Hot Drinks

Whole leaf teas

Organic whole leaf teas

Many varieties of tea mixes for the day.
Please look at the Tea Menu for selection.

Cup of Tea in water ... **3.50**

Cup of Tea w/ steamed plant milk ... **4.50**

Tea in a pot (Approx. full 4 cups) ... **6**

steamed plant milk in the side ... **1.50**

Herbal Fruit Tea ... 3.50

Fruit of the day

mint, basil in hot infusion

Coffee 100% Hawaiian

Americano ... **3**

Espresso ... **2**

Cappuccino ... **3.50**

Mocha ... **3.80**

Organic Turmeric Latte ... **4.50**

Organic Beet Latte ... **4.50**

Organic Green Tea Latte ... **4.50**

Chocolatte ... **4.50**

Cold Drinks

Cold Herbal Lemonade ... 4

Cold herbal tea with lemon and ice

Options: mamaki, yerba mate, lavender, chamomile, tulsi, lemongrass, tea mixes, ginger, turmeric, beet powder, red hibiscus, matcha.

Cold Coffee Latte ... 4.50

Coffee, plant milk, frothed milk, ice

Cold Mocha ... 4.50

Coffee, cocoa, plant milk, frothed, ice.

Cold Coco Lemon ... 5.50

Coconut milk, lemon, stevia

Cold Pineapple Gingi ... 5.50

Pineapple, ginger, lemon, mint, stevia

Cold Turmeric Latte ... 4.50

Turmeric, cinnamon, frothed Plant milk, ice.

Cold Green Tea Latte ... 4.50

We also have Can or Bottled SODAS,
Teas, and Sparkling H2O
Virgil, Seria, Shaka Tea,
Big Island Booch

We Proudly serve **Emilie's**
yummy vegan pastries

Plant milk options:

Almond, coconut, oat, soy, cashew
Ask for availability

To chew with that drink

We have a plant base menu. We can accommodate any preferences including
Gluten free, Sugar free, Caffeine free or Personal allergies please inquiry.

Night Owl Oats: oats, plant milk, blueberries

optional: maple syrup and nuts ... **3.80**

Papaya Boats: half papaya, vegan yogurt or Plant milk, oats and a dollop of
strawberry jam on top ... **5**

Sweet toast: bread of choice toasted ✨, strawberry or mango jam with one:
almond butter or coconut butter ... **2** Extra spread ... **.50¢**

Savory toast: bread of choice toasted ✨, with options:
hummus or guacamole ... **2** Extra spread ... **.50¢**

Sandwich: bread of choice toasted ✨, plant cheese, avocado slices, romaine lettuce,
tomato, vegan pesto. **Options:** hickory ham, pepper spiced rubbed ham,
lentil sage, jackfruit (GF), Portobello big cap. ... **6.50** w/ Roasted Peppers ... **.50¢**
Slow roasted mock chicken sandwich ... **7.50**

✨ → We proudly serve **Mamane Bakery** selection of breads.

Breads: Sourdough - Ciabatta - Bagels - Pita - ask for availability

We have Gluten free bread options but we are not a gluten free facility, please inquiry