



**THE
CARDINAL**
HERBS, TEAS AND SPICES
45-3321 Mamane St. Honoka'a - Hawai'i

Whole Leaf Tea Menu

Enjoyment Teas – Serving Organic Whole Leaf Tea

1 Razzlemint Tea, Organic

This tea will provide you with a medley of mints and tasty citrus flavors with just a hint of cinnamon spice. The Raspberry Leaf gives this tea a more robust flavor, especially when combined with the citrus flavors. Caffeine-Free.

INGREDIENTS: Organic spearmint leaf, organic lemongrass, organic orange peel, organic peppermint, organic rosehips, organic raspberry leaf and organic cinnamon.

2 Turmeric Spice Tea, Organic

This is a deliciously healthful blend, with the subtle spicy taste of turmeric and cinnamon, combined with the soothing taste of ginger. The primary active ingredient in Turmeric is curcumin, a potent antioxidant with therapeutic benefits. Turmeric promotes healthy liver function, and can help support blood purification, joint and bone health, and your body's natural defenses. It is truly a delightful blend to be enjoyed any time of the day. Caffeine-Free.

INGREDIENTS: Organic turmeric root, organic cinnamon, and organic ginger root.

3 Energy Adjustment Tea Organic

Liven up your day with this blend of Organic Young Hyson green tea combined with eleuthero and ginkgo. It supplies your body with necessary antioxidants, while promoting a positive and greater energy. Enjoy this delightful, invigorating green tea throughout the day to support your energy and well-being. Revitalize yourself naturally!

INGREDIENTS: Organic Young Hyson tea, organic eleuthero root, organic schisandra berry, organic ginkgo leaf, organic gotu kola, organic licorice root and organic ginger root.

4 Hibiscus Heaven Tea Organic

Tropical hibiscus and rosehips give this tea a high Vitamin C content. While blended with the citrus flavors of orange and lemon, together all of these herbs and spices produce a deliciously refreshing citrus herbal tea. It can be tasty served both hot or as the perfect summer iced or sun tea. Caffeine-Free.

INGREDIENTS: Organic hibiscus flower, organic rosehips, organic orange peel, organic lemongrass, organic lemon peel, and organic lemon oil.

5 Afternoon Delight Tea Organic

An elegant and soothing combination of peppermint, chamomile flowers, licorice, and cinnamon makes this blend a delightful and a relaxing afternoon tea. Caffeine-Free.

INGREDIENTS: Organic peppermint, organic chamomile flower, organic licorice root and organic cinnamon.

6 Spice Delight Tea Organic

A delightful blend of warming spices to help keep you warm on cold winter days. Caffeine-Free.

INGREDIENTS: Organic licorice root, organic orange peel, organic cinnamon, organic cardamom seeds and organic cloves.



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7 Serendipitea Tea Organic

A sweet and spicy mix of tasty herbs and spices, giving this tea a fruity, floral, and spicy flavor, with a fragrant aroma. Caffeine-Free.

INGREDIENTS: Organic licorice, organic spearmint, organic orange peel, organic cinnamon, organic red rose buds and petals, organic raspberry leaf, and organic lemon verbena.

8 Peach White Tea Organic

Refreshing peach flavor is combined with our delicate, naturally sweet premium white tea, giving this tea the pleasant aroma and taste of sweet ripened peaches with a peach-nectar aroma. It has a delicate and light fruity flavor, and makes an invigorating and refreshing white tea! Milk and sugar complement this tea well, and it's perfect either hot or served as a chilled iced tea.

INGREDIENTS: Organic Shu Mee White Tea, Organic peach flavor.

10 Chai Herbal Tea Organic

It's a refreshing, spicy beverage with a soothing finish that is both healthful and full of flavor. This combination of organic herbs and spices creates a delicious and uniquely different type of chai. Without being blended with black or green teas, it's also caffeine-free.

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INGREDIENTS: Organic cinnamon, organic cardamom, organic cloves, organic fennel, organic orange peel, organic ginger, organic licorice, and organic black pepper.

11 Rooibos Chai Tea Organic

This unique chai blend combines Organic Rooibos Tea with the traditional zesty chai tea INGREDIENTS like cinnamon and cardamom along with stevia, creating a sweet and refreshing beverage. It tastes great whether served hot or cold! Caffeine-Free

INGREDIENTS: Organic Rooibos tea (*Aspalathus linearis*), organic cinnamon, organic ginger root, organic cardamom seed, organic cloves, and organic stevia leaf.

12 Organic Yerba Maté Leaf Green C/S

Brewed from the naturally caffeinated and nourishing leaves of the species of holly native to the South American. Pure leaf, with little to no stem, warm air dried (smoke free) and aged for a minimum of 9 months to allow its natural bitter flavor to mellow. It produces a light green beverage, with a refreshingly bold flavor and full bodied taste. It has a satisfying richness that many people may find lacking in green tea, but it is less acidic than coffee. It does usually contain slightly less caffeine than coffee.

INGREDIENTS: Yerba Maté leaf

Black Teas

1 English Breakfast Tea, Organic

This blend of black teas is usually described as a medium-bodied, rich morning beverage. It is blended to go well with milk, sugar or stevia, and typically associated with a hearty breakfast. Enjoy this tea as a wonderful morning beverage or at tea-time in the afternoon with freshly baked goods.

INGREDIENTS: Organic Black Tea F.O.P.* and Organic Assam T.G.F.O.P. Tea*. *Fair Trade Certified™.



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2 Passion Fruit Flavored Tea Organic

Taste the decadent tropical flavor in every cup of this fruity black tea! The combination of passion fruit flavor and our premium full bodied black tea make this tea a pleasantly sweet and tasty beverage to enjoy any time of the day. It is a refreshing treat that is delicious both hot and iced. Milk and sugar complement this tea well.

INGREDIENTS: Organic China Black F.O.P. tea, Organic Assam T.G.F.O.P. Tea, organic calendula petals, and organic passion fruit flavor.

Proudly serving **LOCAL TEAS** from Mauna Kea Tea
Serving Whole leaf Tea

1 Organic Premium Green Tea-hand picked

"Mauna Kea Premium Green Tea is made from traditional two leaves and a bud and small batch processing. Young tender tips are harvested with utmost care to retain their freshness, which contains high levels of antioxidants. Harvested leaves are then processed in a small batch to give unique twist and curves to the leaves as they dry. Repeated rolling and unique drying motion slowly removes moisture from the leaves. The result: a wonderfully fresh and aromatic green tea, crisp with a mild sweetness of roast." *Mauna Kea Tea Co.*

INGREDIENTS: 100% Hawaii Grown, Certified Organic from Honokaa, Hawaii

2 Coconut Green Tea

"Each ingredient shows it's own unique flavor, complementing the character of it's mate. When the two blend in perfect balance, they are said to act like partners in a good marriage. Coconut has a mild and delicate flavor of its own and is easily overpowered by other more robust ingredients, yet its unique and complex flavor can be easily identified in its elusive nature. Mauna Kea Tea uses real coconut instead of extracts or coconut flavorings, which ultimately brings whole food experience of coconut. On the other hand, coconut compliments the delicate flavor of green tea." *Mauna Kea Tea Co.*

INGREDIENTS: 100% Hawaii Grown Leaf of Green Tea in Honokaa, Hawaii, Coconut

3 Ginger Turmeric Tea

"Fresh, fragrant Hawaiian ginger and turmeric add spice and richness to our very own Hawaii green tea. Hawaii's rich volcanic soil, abundant rain and warm tropical climate provide the optimal growing conditions needed for ginger and turmeric to become highly potent and flavorful. Big Island ginger has an elegantly clean spice. Turmeric's mild bitterness blends well with distinct spice of ginger. Fresh, fragrant Hawaiian ginger and turmeric add spice and richness to this very own Hawaii green tea." *Mauna Kea Tea Co.*

INGREDIENTS: Ginger, Green Tea, Coconut, Turmeric, Ceylon "True" Cinnamon, Black Pepper

4 Hawaiian Cacao Tea

"Cacao pods are harvested from Hawaiian trees and opened to reveal seeds, which are fermented, dried, then roasted and cracked into nibs. For our Cacao Tea the nibs are further milled into coarse powder. When brewed, rich and creamy texture of cacao comes alive. Mauna Kea Tea Co. combines this cacao with roasted green tea twigs, which is harvested from summer growth for more complex and full flavor and produced by traditional twig tea roasting for a crisp and pungent aroma that accents/enhances the richness of cacao." *Mauna Kea Tea Co.*

INGREDIENTS: Cacao, Coconut, Tea Twigs, Licorice Root, Cassia Cinnamon, Ground nutmeg, Peppermint leaf



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Other amazing LOCAL TEAS

5 Mamaki Tea

Mamaki *Latin: Pipturus albidus (Pine family)* is a indigenous Hawaiian tree or shrub with green leaves containing prominent red veins. The premium leaves are hand plucked from the tips of the plant and make a natural healing herbal tea and tonic. Enjoy it by itself for an earthy taste or it can be combined with lemon, pineapple or other fruit teas too.

INGREDIENTS: Mamaki leaves

Whole Leaf Green

Green Teas

1 Jasmine Pearls Tea Organic

This delectable tea is made with green tea leaves with silver buds, and they are hand rolled into tight pearls and infused with jasmine flowers. Each pearl becomes saturated with the jasmine fragrance, producing a richly aromatic and smooth cup of tea.

INGREDIENTS: Organic green tea scented with organic jasmine flowers.

2 Sencha Leaf Tea Organic, Fair Trade

Sencha Tea is made from the first tender emerald green leaves of the tea plant. The leaves are harvested in early summer then steamed, twisted, and dried. While fresh and bright, its flavor is bittersweet with a hint of an ocean breeze, and has a clean finish.

INGREDIENTS: Organic Green Tea*. *Fair Trade Certified™ by Fair Trade USA.

3 Bancha Tea Organic (Japan)

The leaves used to produce Bancha are typically plucked and harvested later, after Sencha season, resulting in a coarser appearance that often includes some stalk and stem. The coarse quality of the loose leaf gives the tea a unique character, milder infusion and lowered caffeine and tannin levels compared to many finer grade green teas. Bancha Tea has a light, refreshing flavor, with a mildly vegetal finish. It's your everyday drink: toasty, energetic, and strong.

INGREDIENTS: Organic Green Tea*. *Fair Trade Certified™ by Fair Trade USA.