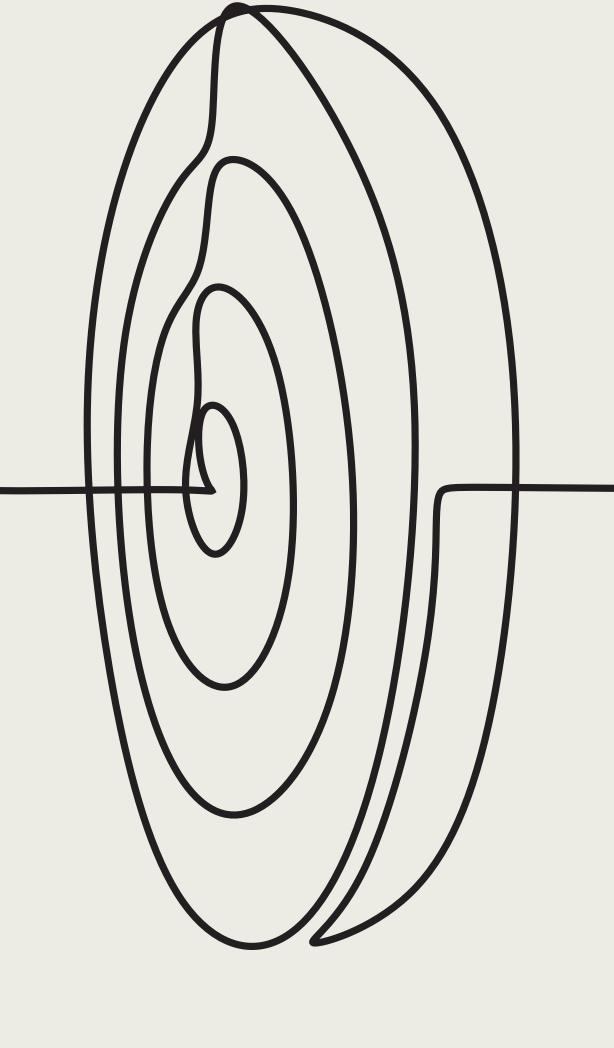


# WEEKLY DEVOTIONAL

In this life, we are promised one thing—troubles will come. Jesus Himself didn't shy away from this reality. In John 16:33, He tells His disciples plainly, "In this world, you will have tribulation." But He doesn't stop there. He goes on to give us hope, saying, "But take heart; I have overcome the world." Jesus offers the comforting assurance that no matter what we face, His power surpasses every challenge.



#### Day 1: Understanding Tribulation

Scripture: John 16:33

Reflection: Jesus promised that we would face tribulation in this world.

Reflect on the challenges you are currently facing. Acknowledge them, but also recognize that Jesus has already overcome the world.

Prayer: Lord, help me to understand that tribulations are a part of life. Give me the strength to face them with courage, knowing that You have already overcome the world. Amen.

## Day 2: Take Heart

Scripture: John 16:33

Reflection: "Take heart" means to be courageous and confident. Consider what it means to take heart in your current situation.

How can you be brave in the face of your challenges?

Prayer: Jesus, teach me to take heart and be courageous. Help me to trust in Your victory and find strength in Your promises. Amen.

#### Day 3: The Power of God

Scripture: 1 Samuel 17:45-46

Reflection: Reflect on the story of David and Goliath. David's confidence was in God's power, not his own.

Identify areas in your life where you need to rely more on God's strength rather than your own abilities.

Prayer: Father, like David, I want to trust in Your power. Help me to rely on You in every situation, knowing that Your strength is greater than any challenge I face. Amen.

## Day 4: God is With You

Scripture: Isaiah 41:10

Reflection: God promises to be with us and strengthen us. Reflect on times when you have felt God's presence in your life.

How does knowing that God is with you change your perspective on your current challenges?

Prayer: Lord, thank You for Your constant presence. Help me to feel Your nearness and draw strength from You in every trial. Amen.

#### Day 5: Greater is He

Scripture: 1 John 4:4

Reflection: The one who is in you is greater than the one who is in the world. Meditate on this truth and consider how it applies to your life.

What fears or doubts can you overcome by trusting in God's greatness?

Prayer: Jesus, remind me that You are greater than any obstacle I face. Help me to live in the confidence of Your power and presence. Amen.

## Day 6: Trusting God's Plan

Scripture: Romans 8:28

Reflection: God works all things for the good of those who love Him. Reflect on how God has worked in your life, even through difficult times.

How can you trust His plan for your current situation?

Prayer: Father, I trust that You are working all things for my good. Help me to see Your hand in my life and to trust Your perfect plan. Amen.

#### PERSONAL REFLECTION:

WHAT "GOLIATHS" ARE YOU CURRENTLY FACING, AND HOW CAN YOU APPLY THE LESSONS FROM THIS SERMON TO THOSE SITUATIONS?

ARE THERE AREAS IN YOUR LIFE WHERE YOU NEED TO SHIFT FROM FEAR AND DOUBT TO TRUST IN GOD'S POWER AND PROMISES?