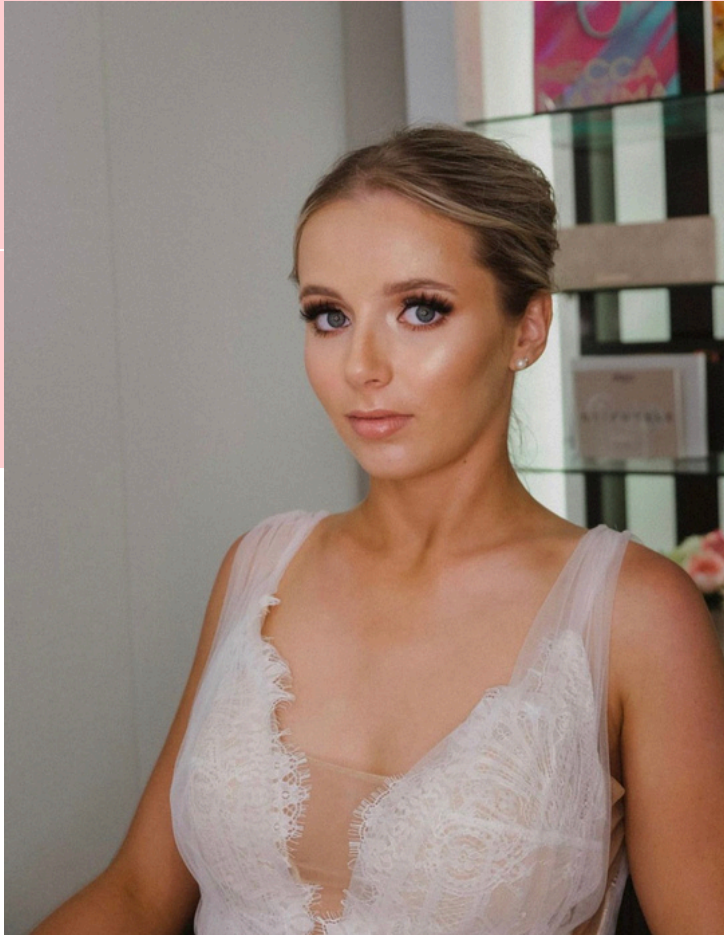


BRIDAL GLAM

SKIN PREP & TIPS

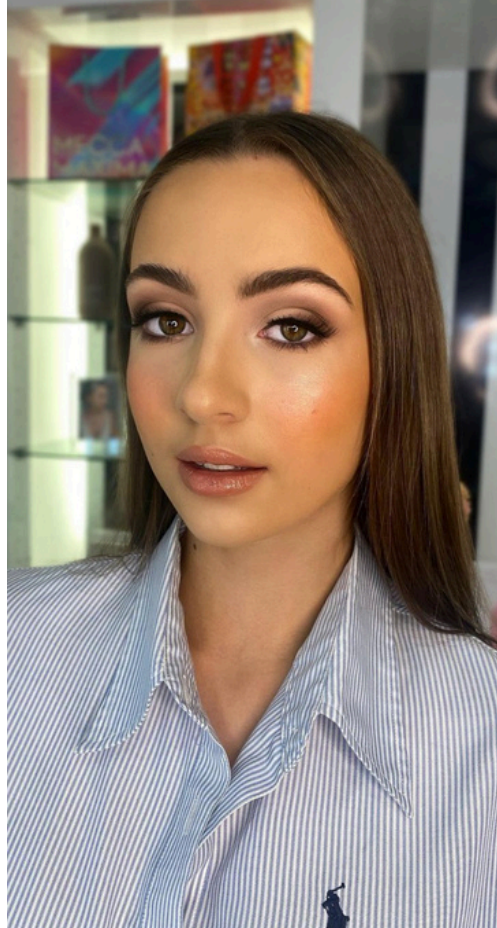


@GLAMBYTAYYYY

BRIDAL SKIN PREP

AVOID THESE THINGS:

- **Skin peels & harsh facial treatments:** Avoid any skin peels at least a month before the day. They can cause swelling/redness.
- **Botox:** Avoid any Botox treatments at least 1-2 months before the day. Bruising & swelling is common.
- **Cosmetic Tattooing:** Avoid cosmetic tattooing at least 1-2 months before the day. I will not apply makeup on open wounds!
- **Lash lifts:** If you are wanting lashes on your day, do NOT get a lash lift. It is almost impossible to apply false lashes on top of permed natural lashes.
- **Getting sunburnt:** Try to stay out of the sun for long periods of time leading up to your day. The last thing you want is to be burnt!
- **Spray-tanning your face:** If you get a tan, please don't get your face tanned as it can cause clogged pores, acne & dry patches



BRIDAL SKIN PREP

DO THESE THINGS:

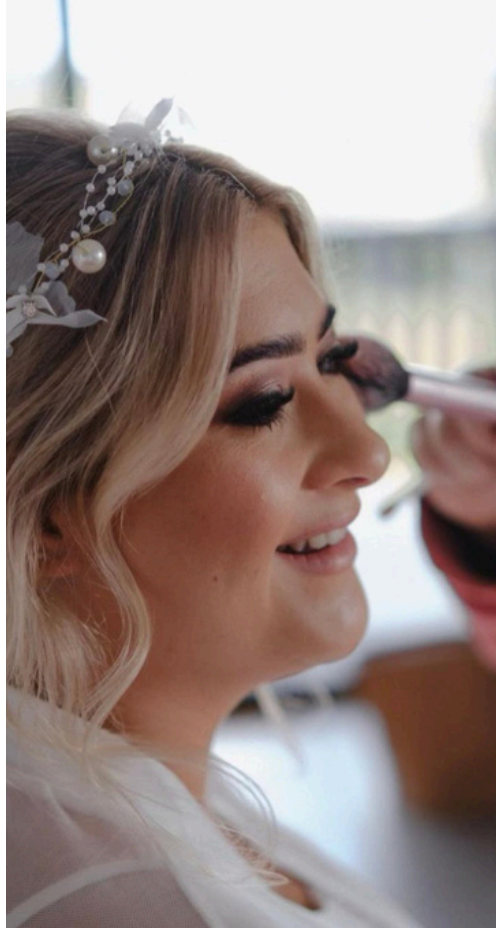
- **Brow wax:** For the best makeup result, get your brows waxed or tidied up!
- **Dermaplaining:** If possible, book in for a dermaplaining appointment to get rid of any peach-fuzz or do it yourself. Makeup will appear a lot smoother!
- **Botox:** If you have any lines/wrinkles that you don't want, look into getting Botox. Unfortunately makeup will not make these disappear!
- **Cleanse & Moisturise:** Try to do this every morning & night right up until your wedding day!
- **Eating clean:** Try to eat as clean as possible in the weeks leading up to your day. Fatty foods/junk food can lead to blemishes/clogged skin!



WEDDING DAY TIPS

Here are some tips for your wedding day to ensure things go smoothly!

- **Sleep:** Get as much sleep as possible in the days leading up to your wedding. It can be a stressful/chaotic time, so sleep is important!
- **Schedule:** Try to stay on schedule! Inform your bridesmaids etc to be on time to ensure makeup & hair aren't delayed. We want to make sure you're on time!
- **Food:** If you can, please avoid eating after your lipstick is done. I like to suggest breakfast before hair & makeup starts so everyone is on time & no one smudges their glam!
- **Don't go last for makeup:** I suggest going second last for your bridal glam. By the time the last person is up, things can get busy & chaotic especially when photographers arrive.
- **Have realistic expectations:** Unfortunately I am not a magician & can't get rid of wrinkles/creases. Naturally, makeup will sit in creases & it's unavoidable. This is especially important for mature-skinned ladies!



- **Stay cool:** If it's a super hot day, please make sure no one is running around outside in the heat after getting makeup done!
- **Stay off your phone while getting glam:** When it's time for glam, please try to stay off your phone. It is extremely hard to do makeup on someone who is looking down at their phone etc. Hand your phone to a bridesmaid if you can!

CAN'T WAIT!

· TAY XO



TAYLA MCLEOD

Makeup Artist & Owner of Glam
by Tay

CONTACT ME ANYTIME:

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☎ 0455 376 007 (SMS ONLY)

I am so excited to meet you & am
extremely grateful you have chosen
me to be your Makeup Artist for
your special day!

P.s... Don't forget to book in for a
trial!

See you soon,
Tay xo