

## *saving the planet?*

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love in action

**harmony** | noun (plural **harmonies**)

**1** [mass noun] the combination of simultaneously sounded musical notes to produce a pleasing effect:

the piece owes its air of tranquillity largely to the harmony |

[count noun] : an exciting variety of improvised harmonies.

- *the quality of forming a pleasing and consistent whole*

the 'notion' of "giving in to the love inside ourselves" sounds a bit 'airy fairy' to me; yet i embrace the concept with all my heart.

i have read, that the reason for the warming of our planet, is due to the energies in all of us.

i believe the negative energy is a source of concern.

i feel this energy causes a reaction and reflection of the energies by 'mother earth' perhaps?

the rage within so many, hidden so often, unseen by most, is an anchor to despair within the individual and projects 'negative energy' beyond the individual to all life around at that moment.

in this way, we begin the corruption of those near; through that projection.

at any, and all specific moments of awareness, in time.

we affect their energy and we challenge their strength,

we affect ourselves every moment, as we 'spiral' out of control self-control.

to submit the 'will' to anger, is to lose the promise of awareness in the present moment.

it denies to a great extent the potential of balance through compassion and wisdom; the potential to learn/teach, and teach/learn.

rage is blind, and born of 'carnal mind'.

each beast within the individual must be controlled to truly progress.

such are the daily challenges we face.

'time and tide may wait for no man' but only in this world of natural infinite ongoing change as part of process.

only in this (and similar), perceptions of space/time.

here the perception is one of a continuous progression.

as opposed to time/space, where awareness in the perception of all that is, at a specific time, in relation to infinite space.

a perception that is omnipresent!

we are the 'abstract'.

all of us, as sensory based beings.

there is much imbalance than we can all help to slowly but surely change.

and the way is one of simplicity.

but the outcome from our combined and continually growing efforts, are unimaginable, yet profound; and importantly, a catalyst towards global harmony, peace and goodwill to all life on this our loving home, our planet.

i seek no praises ,no payments, no plaudits, no promises, for i only do what i do as an individual.

(as is this invitation to all, to do exactly the same, as individuals).

all these "things" can be kept by the individual, for the individual.

be happy in your expressions of unconditional love to your fellow human beings and all life here present.

and all life to come and all that has ever been.

for without any of these things, things would be different at this moment in space/time perhaps?

to move forward, i believe there is a benefit in focussing on the biggest collection of like-minded people already engaged in the harmony of thought, in meditation; with a bias towards the development of a global synchronicity.

i humbly offer a revision in practice, whereby, a rolling 'weekly' hour of operation based on time zone;  
that then excludes thoughts of bias in convenience;  
or put another, we all share the burden of commitment on occasions.

the cycle is simply based on the hourly time slices, from zero, through twelve, then twelve down to one. then back to zero again.  
this cycle gives us twenty five weeks per complete cycle.

on the completion of one 25 week cycle, we can just carry on regardless.

i believe to achieve change, we simply have to commit.  
to decide in our minds.  
to have the intention to be successful in our supporting of the 10 minutes of loving thought.  
to 'feel' untied - part of the whole - a growing in unified beingness

FOR TEN MINUTES, EVERY 24 HOURS, THERE IS A COMBINING OF THE CONSCIOUSNESS OF AN EVER GROWING NUMBER OF PEOPLE

simply repeat the following. over and over

**"i love the world and all life present, unconditionally"**

just repeat this for ten minutes, over and over again, slowly, with meaning and passion.

become aware of and bathe in the glory and power of our own love, as we unite, in harmony, and slowly but surely begin to feel change.

our personal, individual commitment to the time specific meditation, incites within, an expectation of change.

the expectation develops into a belief through experience of change within.

within self and others whether participating or not.

and again, with time, the actual numbers participating increases.  
feeling naturally inclined to join in with the 'loving vibe'.

the world *will* change if we do this.

we, will change, as we do this; and grow in our unity in thought and desire.

our combined projections of love, will simply begin to influence, in the most positive and productive ways, for all concerned, the growth of each and every one of us.

and the world will respond in our quest for global love and united mind.  
through united conscious desire.

globally.

continuously for 25 weeks (then another - ad infinitum).

every day, for the first ten minutes of each hour, whatever the hour is for that week.

it changes every week by moving forward (as per the attached map), as we all do.

*during that ten minute period, we all become of one mind.*

as energy, we transform the whole world, and all life on it.

*we transform ourselves!*

if one group is reluctant to unite the planet in this way, we search the next until the commitment becomes a reality.

we unite a group

i sincerely believe in the merit of unity, but equally in the shared convenience, to really unite the world.

why become involved in this?

because it can be anonymous.

it's something we can do in the privacy of our mind; our thought.

its potential is infinite.

the cost is zero!

so,

on 01042020 (= 9)

(1st april 2020).

the day of the fool?

the fool is spiritually enlightened

it bodes well for aspirations of ascension, perhaps?

**i love the world and all life present, unconditionally**

with 25 hourly slots making a complete cycle, beginning with 12 noon, in london england. simple.

simply because we start with zero (see map).

all that **1st week**, we meditate for the first ten minutes of the hour, 12 noon. so from **12.00 noon to 12.10**.

the **2nd week**, beginning on the 8th of april we all meditate for the first ten minutes of **1pm, to 1.10pm**.

on the 16th of april beginning the **3rd week**, we begin at 2pm for the first minutes of that hour. **2pm to 2.10**

**and so it continues.**

i will include a list of the dates and stuff to assist

this document will be available on the 'changetheworldnow.org' website from monday 24th february 2020.

the final document will also be posted on fb. for people to share.

so you can share without any reference to anything or anyone; simply a "i'm doing it, i started today!" notification to the person you are sharing this with!

if we literally set an alarm for the ten minutes each day (because we are prepared to even break sleep for the world and life and unity), regardless of local time, **we will all be in sink.**

and the number will grow.

and the energy will change

and love will grow in the world

and things will begin to be better in our perceptions.

the planet will love us, as we love the planet.

all life will love us, as we love all life.

**now, begin**

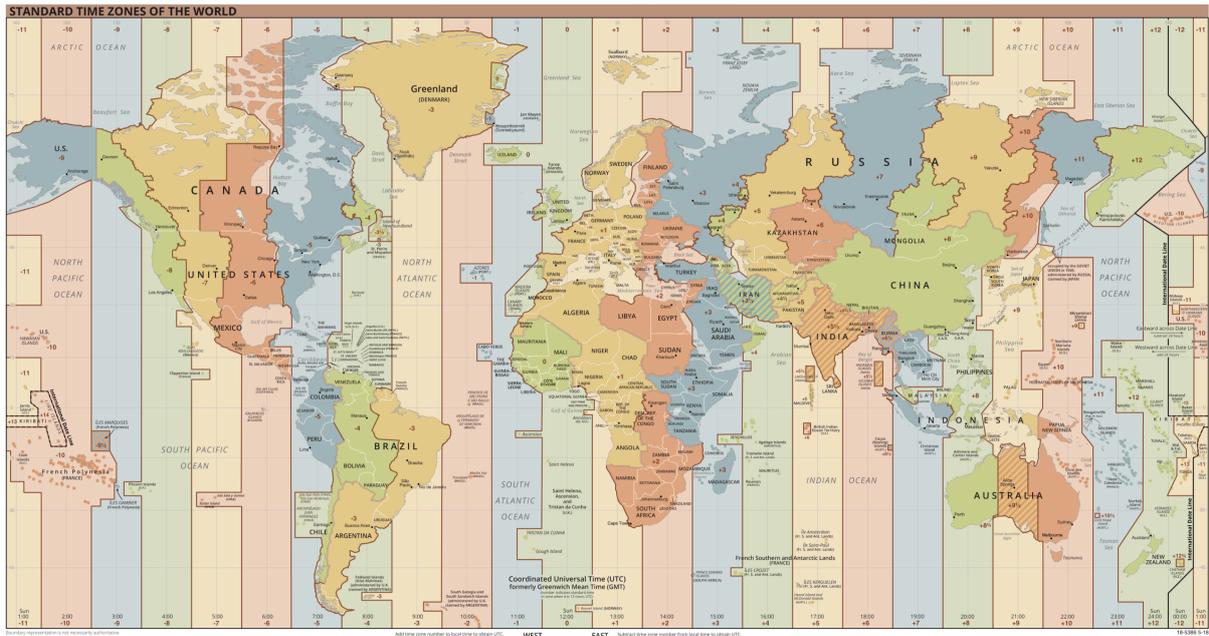
**practice every day.**

then begin in **synchronicity from the 1st of april 2020** -onwards.

**love all round. because it's free.**

*glory in the love and the light of the one infinite creator, knowing that all is well.*

*peace be with all of us.*



**"i love the world and all life present, unconditionally"**

repeat this, for ten minutes. over and over again

dates for synchronicity - **week beginning**

nb. **all times** are for '**london england**' - this acts as a base marker.

*the movement through the time zones, ensures we all experience the convenience of daytime meditations, as well as the burden of night time meditations also.*

[ for example, being in australia, i start 10 hours, ahead on week 1. so for the first 9 weeks, i meditate for 10 minutes during darkness ]

01 april 2020 - 12.00 to 12.10 (noon)  
 08 april 2020 - 01.00 to 01.10 pm  
 15 april 2020 - 02.00 to 02.10 pm  
 22 april 2020 - 03.00 to 03.10 pm  
 29 april 2020 - 04.00 to 04.10 pm  
 06 may 2020 - 05.00 to 05.10 pm  
 13 may 2020 - 06.00 to 06.10pm  
 20 may 2020 - 07.00 to 07.10 pm  
 27 may 2020 - 08.00 to 08.10 pm  
 03 june 2020 - 09.00 to 09.10 pm  
 10 june 2020 - 10.00 to 10.10 pm  
 17 june 2020 - 11.00 to 11.10 pm  
 24 june 2020 - 12.00 to 12.10 **am**  
 (midnight)

01 july 2020 - 12.00 to 12.10  
 08 july 2020 - 01.00 to 01.10  
 15 july 2020 - 02.00 to 02.10  
 22 july 2020 - 03.00 to 03.10  
 29 july 2020 - 04.00 to 04.10  
 05 august 2020 - 05.00 to 05.10  
 12 august 2020 - 06.00 to 06.10  
 19 august 2020 - 07.00 to 07.10  
 26 august 2020 - 08.00 to 08.10  
 03 september 2020 - 09.00 to 09.10  
 09 september 2020 - 10.00 to 10.10  
 16 september 2020 - 11.00 to 11.10  
 23 september 2020 - 12.00 to 12.10 **pm**

now, we can just continue - 30 september 2020 - 1.00 to 1.10pm :-)