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Georgetown's Health & Wellness Expo: A Celebration of Whole-Person Well-Being

Georgetown, TX — Wellness is more than just fitness — it's about thriving in every area of life. On **Sunday, February 1, 2026**, **Georgetown's Health & Wellness Expo** invites the community to come together for a full day dedicated to physical, mental, emotional, and social well-being.

This isn't your typical health fair. The Expo is a vibrant community celebration connecting residents with local businesses, holistic health practitioners, fitness experts, and wellness innovators — all passionate about inspiring healthier lifestyles right here in Georgetown and the surrounding areas.

Attendees can explore a variety of exhibitors, from holistic health studios and wellness coaches to nutritious food vendors and natural remedy specialists. Many participants are small, family-owned, or newly launched local businesses, making this event a great way to discover hidden gems while supporting the heart of Georgetown's entrepreneurial community. And it will be fun, with **music, demos, free samples, and dancing** throughout the day to keep the energy high and the smiles wide.

"We believe wellness starts with awareness — knowing what is available right here in our local area that can help us live better," says Christy Lane, event coordinator. "Whether you drop by before the big game or after church, you'll find inspiring conversations, new ideas, and practical ways to enhance your well-being. Because when we take care of ourselves — and each other — our entire community thrives."

A few of our valued sponsors include **Clean Eat**, a café serving the entire county with affordable dine-in and grab-and-go healthy meals; **Maintaining the Machine**, a personal training and holistic wellness studio offering group and private classes; **Novita Beauty & Regenerative Wellness Clinic**, recognized for its award-winning skincare and cellular rejuvenation; and **Dare to Dance**, a mobile dance service that brings people together for social wellness with fun, easy lessons in popular styles, from line dancing to wedding dances.

The Expo will be held at the **Georgetown Community Center**, located at 445 E. Morrow Street. Admission is **\$5 per person or \$10 per family (up to six children)**. Tickets are available now at www.txwellnessexpo.com.

Photos available from exhibitors on request.