

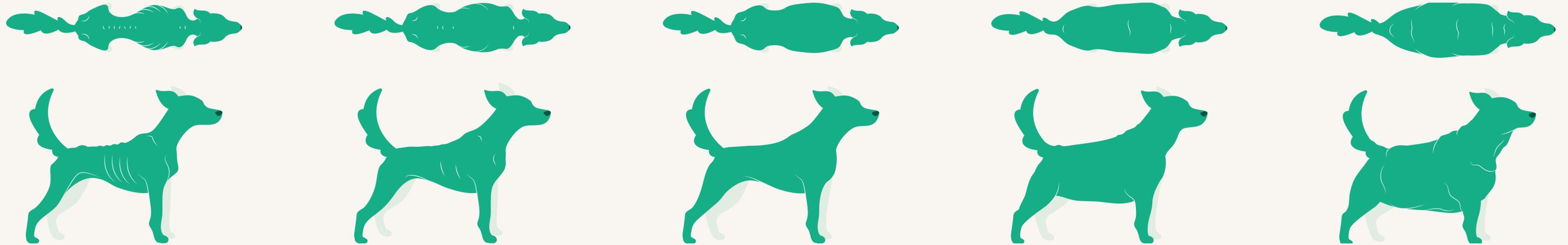
Lyka's weight score chart

How do you know if your dog is the right weight? We've put this helpful, vet-endorsed chart together to guide you when conducting an at-home check.

If their diet is the issue, try Lyka

Lyka's recipes are made from fresh wholefood ingredients, perfectly portioned and specially formulated to encourage a robust microbiome and healthy weight at all life stages.

We recommend discussing any dietary changes with a trusted veterinarian.



UNDERWEIGHT

IDEAL

OVERWEIGHT

1

Ribs, spine, and hip bones easily visible from a distance

No visible body fat

Lost muscle mass

2

Ribs, spine, and hip bones easily visible

No fat can be felt

Some muscle mass lost

Some bones visible from a distance

3

Ribs can be felt and may be visible with no fat covering them

Tops of spine bones visible, hip bones are somewhat prominent

Visible waist and tuck in the belly area

4

Ribs can be felt and have no excess fat covering

Waist is easily noticeable when looked at from above

Abdominal tuck visible

5

Ribs can be felt and may be visible with minimal fat covering them

Waist can be seen behind ribs when viewed from above

Abdomen area is tucked up when looked at from the side

6

Ribs can be felt with a some fat covering them

Waist can be seen when looked at from above

Abdomen has a noticeable tuck

7

Difficulty feeling ribs due to heavy fat covering

Noticeable fat over spine and tail base

Waist is barely or not visible

No abdominal tuck

8

Difficulty feeling ribs due to heavy fat covering

Heavy fat over spine and tail base

Waist is not visible

No abdominal tuck and abdomen could be protruding

9

Large fat deposits over chest, spine, and tail base

No waist or abdominal tuck

Fat deposits on neck and legs

Heavily protruding abdomen