









Puppy feeding schedule



Age		Meal times	
WEEKS 4 TO 8	Offer them moistened food 4 times a day, spacing the meals approximately 4 to 6 hours apart.	 MEAL 1 _: __ AM	 MEAL 3 _: __ PM
		MEAL 2 _: __ AM	MEAL 4 _: __ PM
WEEKS 8 TO 12	Continue offering them puppy food 4 times a day, gradually reducing the added moisture content as they become more comfortable with eating solids.	 MEAL 1 _: __ AM	 MEAL 3 _: __ PM
		MEAL 2 _: __ AM	MEAL 4 _: __ PM
MONTHS 3 TO 6	Move them to 3 meals a day during this stage. Feed them breakfast, lunch, and dinner, spacing the meals approximately 6 to 8 hours apart.	 MEAL 1 _: __ AM	 MEAL 2 _: __ PM
			MEAL 3 _: __ PM
MONTHS 6 TO 12	Transition to 2 meals a day. Feed them breakfast and dinner, spacing the meals approximately 8 to 12 hours apart.	 MEAL 1 _: __ AM	 MEAL 2 _: __ PM

TIPS AND TRICKS



Support hydration when transitioning to solids

4 to 8-week-old puppies have only just developed teeth which makes it tricky to chew and swallow. Add a little extra water to help your pup slurp up their meals.



Adjust their portions

Divide the total daily recommended amount of food based on the number of meals. Adjust portion sizes according to their age, size, and activity level to prevent underfeeding or overfeeding.



Take it slowly

Slowly transitioning to a new diet helps prevent digestive issues and allows your puppy's system to gradually adjust to new nutrients while minimising the risk of stomach upset.

Build your first box today!

Need some help creating a personalised diet that supports your puppy's early development and beyond?

Lyka's meal plans are tailored to your puppy's breed, weight, age, and activity level that updates as they grow, so you never have to worry about them getting the nutrients they need to thrive.

