

About the Owner:

Diane Lynch



With almost 25 years of experience working as an environmental professional, Diane Lynch has first-hand knowledge of the challenges in the field.

However, due to the increasing rate of global climate change, she recognizes the urgency for environmental professionals to act with more speed and intentionality.

Diane is convinced that by embracing innovative tools and techniques, they can transform their approach and make a greater impact in their critical work.

For more information, contact **Diane Lynch** at Sacred Earth Science at diane@sacredearthscience.com, 651-675-7988 or at: www.sacredearthscience.com

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Sacred Earth Science
Healing Ourselves and the Planet

Sacred Earth Science, provides personal development support to environmental professionals and leaders who are committed to preserving a planet that is livable for all life.

We understand that environmental professionals face many challenges, such as: heavy workloads, looming and conflicting deadlines, and a lack of staff or financial resources to get the job done well.

Balancing work and home life can also be a significant obstacle, especially when additional responsibilities such as caring for older relatives and/or children are added to the mix.

Our programs are designed to address these challenges and help clients develop the skills and tools they need to manage their workload, balance their responsibilities, and create a sustainable, fulfilling life both at work and at home.

Our personal development support includes:

✓ Individualized workshops and seminars designed to empower individuals and organizations to develop an intentional and mindful approach to leadership:

- Leadership Development and Growth. We believe that everyone possesses an innate wisdom that can be accessed and enhanced through exploration and courage. We teach innovative tools and techniques based upon eastern, western and indigenous traditions that maximize positive results with minimal efforts.
- Mindset Training. We assist clients develop a growth mindset that allows them to overcome obstacles and achieve their goals.

✓ Next Level Coaching:

- Virtual Personal Coaching. We help individuals identify what they want to achieve, what they want to avoid and inspire and support them to create an action plan for their next level of success.
- Virtual Group Coaching. A confidential setting is provided for similarly minded professionals to receive support and guidance while learning from each other.

✓ Public Speaking:

- We serve small audiences, such as at brown bag or executive sessions/workshops. We also present at conferences.
- Topics can be requested by the client or suggested by Sacred Earth Science. Past presentations include topics such as: Burned Out—Who, Me?!; Indigenous Wisdom's Lessons for Science; Applying Innate Wisdom to Our Work; Embracing Spirituality with a Scientific Mind and Applying the Wisdom of Nature to Our Work.

