

Fee Schedule

2026-2027



Aged Care - Support at Home (SAH)

Support At Home clients are charged at the rates set by Enable Fitness Centre, which fall within the indicative pricing range provided by the Department of Health and Aged Care.

<https://www.health.gov.au/resources/publications/summary-of-indicative-support-at-home-prices?language=en>

Description	Fee type / Billable units	Total Fee
Exercise Physiology Hourly rate: \$195		
Initial Assessment	<i>Direct service: 1 hour assessment Indirect service: 30 minutes</i>	\$292.50
Individual Consultation and Therapy Session	<i>Hourly rate - other durations charged pro rata</i>	\$195.00
Quarterly Program Review	<i>Direct service: 1 hour assessment Indirect service: 30 minutes</i>	\$292.50
Group (3) Therapy Session	<i>1 hour session</i>	\$65.00
Clinical Report	<i>Indirect service: 2 hours required</i>	\$390.00
Physiotherapy Hourly rate: \$195		
Initial Assessment	<i>Direct service: 1 hour assessment Indirect service: 30 minutes</i>	\$292.50
Individual Consultation and Therapy Session	<i>Hourly rate - other durations charged pro rata</i>	\$195.00
Group (3) Therapy Session	<i>1 hour session</i>	\$65.00
Clinical Report	<i>Indirect service: 2 hours required</i>	\$390.00
Hydrotherapy (Physiotherapist or Exercise Physiologist led) Hourly rate: \$210		
Individual Therapy Session	<i>Hourly rate - other durations charged pro rata</i>	\$210
Dietetics Hourly rate: \$200		
Initial Assessment	<i>Direct service: 1 hour assessment Indirect service: 30 minutes</i>	\$300
Individual Consultation	<i>Hourly rate - other durations charged pro rata</i>	\$200
Group Session (3)	<i>1 hour session</i>	\$66.60
Clinical Report	<i>Indirect service: 2 hours required</i>	\$400
Applicable to all services		
Non-face-to-face support provision	As per above rates	
Clinician travel	Additional fees not applicable - included in above rates	
Short notice cancellations	Less than 48 hours' notice is charged at the Full service fee	

*All prices are GST inclusive where applicable (exercise physiology services are subject to GST)

Last updated: 25 June 2026