

Vientos Bajos Codger

Activities in and around San Ramon

Vol. 2 Number 7

Published by Vientos Bajos, S.A.

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July 2020

Upcoming Activities

Daily: Walking Club, 7 AM, Vientos Bajos

JUL 7: Yoga 8 - 9 AM

On Call: Libraries: DVD, CD, Books, Picture Puzzles

Vientos Bajos Update—The Virus Continues.

Another month, and the virus continues to dominate the local, regional, national, and global news. Here at Vientos Bajos, we read that as we enter July, Costa Rica has experienced over 3,000 cases and 14 deaths.

This is not necessarily something to celebrate, but from my understanding, this remains one of the lowest numbers of deaths and per capita death rate in the Western Hemisphere. The canton of San Ramon, continues to report increased cases, mostly among the agricultural workers and youth communities. The city of San Ramon has seen little impact and to my knowledge, no impact in the retired, expat community of the San Ramon area.

So, What's Happening at VB? Although we have begun only one new project, we're seeing results in ongoing efforts. Here's an update:

1. Golf Simulator. The upscale golf simulator and all its pieces remain in FL due to continued flight restrictions. We

can leave—we just can't get back--yet. Our July tickets were moved to AUGUST tickets. Fingers crossed!



- 2. Activities.** We continue to offer space for two pickleball groups, one a more competitive group, the second a leisure group. Days and times vary, so if you're interested, please contact us to get on the WhatsApp list. On Friday afternoons, we continue our small group for penny-ante poker. We're looking hard at beginning duplicate bridge lessons weekly. If interested in any of these groups/activities, please contact us.



- 3. Activities Room.** There is no change in converting the upper pickleball court to an activities room yet. The workers have been very busy assisting the municipality on

very necessary roadwork as well as developing the new off-road parking lot. (See below.)

- 4. Yoga.** Vientos Bajos will offer Yoga classes beginning Tuesday, JUL 7, from 8 - 9 AM. Classes will be led by Anna Gillespie, a certified yoga instructor who has been practicing and teaching yoga for the past 25 years. She specializes in therapeutic forms of yoga such as Svaroopa, Yin, Hatha and Restorative. This class is available to all, from the very beginner to the most experienced with modifications implemented in order to customize the practice to the individual. We will be keeping a minimum distance of 6 feet between all participants. No sign-up will



be necessary for the first class. Just show up. Classes are \$7 USD or 4,000 colones, payable at class time. You are encouraged to bring your own mat. If you do not have one, we can supply one for you. Just let Anna know ahead of time. Anna's phone number is 8735-5907. Anna also will be offering an Introduction to Yoga course in the near future. Please contact Anna if you have interest in registering for this course, have questions or any concerns.

- 5. Apartments.** We remain about a month out on completion of the two bed/two bath apartment at VB. Everything but a few details are complete, but with the workers focused on the road and landscape work, we're saving inside work for the rain days to come.

6. **Houses.** For the same reason mentioned above, we remain about a month out on completing the additional master suites for each of the duplex units, Rana and Colibri, converting them from one bed/one bath to 2 bed/one bath. So, if you're looking for a little more room on a secure campus with a few activities thrown in, either at Vientos Bajos or Jardin la Torre, feel free to contact vientosbajos@gmail.com or visit our websites at www.latorrecostarica.com and www.vientosbajos.com for more information.
7. **Landscaping the New Acquisition.** The property adjacent to Jardin La Torre continues to develop. Almost two months in, we have roughed in an off-road parking lot for about 20 cars and a service road to the houses on the upper part of Jardin La Torre, now accessible by golf cart, scooter, or ATV. We hope to lay asphalt for the entrance this first week of July, and have a decorative, secure gate into the property in place by mid-month.
8. **Roadwork.** The municipality completed the initial work leading up to asphaltting the roadway that collapsed just after Vientos Bajos for the past two years. Asphalt has not yet been put down, but we keep pressing the issue. Let's hope we have positive news to report in the August letter.



9. **Oh, Christmas Tree!** We have ordered a 20' musically synchronized outdoor Christmas tree that we plan to pick up when we're finally allowed back in Florida. Look for it from the inter-American highway beginning in late November! And if you want to hear the Trans-Siberian Orchestra playing along in synch with the light changes, tune in your FM radio as you drive by on Calle Elmpalme!



Future Events(?): The Costa Rican government has lifted the restrictions on many of the social activities. Although we are now free to host limited activities, we are moving slowly in organizing formally scheduled events. It's beginning to look more and more like *TubaChristmas* and the Christmas Madrigal, both December shows, may be our first scheduled events for the remainder of the year. Watch our Facebook page! In the meantime, keep your heads down, stay safe and healthy.