



Vol. 1 Number 10

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Warning! If this edition of The Codger looks a lot like the October edition, there's a good reason: The future activities and events listed in the October edition haven't changed--and that's a good thing!

Quick Overview:

- 1. Beginner Pickleball Classes: These begin MON, NOV 4. Feel free to call John Buford at 8530-6828 to schedule times and days of the week.
- 2. Walking Club: Daily, 7 AM. Call to get on the list.
- 3. A Christmas Carol, SUN, NOV 17, Little Theatre Group. Reserve a seat now!
- 4. TubaChristmas: SUN, 1 DEC, 2 PM, VB. No charge!
- 5. Christmas Madrigal Dinner: SAT & SUN, 14 & 15 DEC. RSVP: vientosbajos@gmail.com

Pickleball Classes, Beginning NOV 4, 2019.

Beginning Pickleball. We know you've heard about the game. Interesting in seeing what it's like? Vientos Bajos is offering a one-month beginner's class. Join our instructors, Rick Reimer and Kyle Baker to learn the basics of the game. Classes will be offered Mondays and Wednesdays, beginning 4 NOV on the VB courts. Previous sign-up is necessary to coordinate number of students and schedule the hour of the day. Be sure to wear appropriate shoes and shorts. (It can be a warm game.) Paddles and other pickleball equipment will be provided.



Details: The beginning class will last four weeks, teach the basics. You will be playing pickleball from

the first day. Classes last 90 minutes. Attend your first two classes for free. If you decide to stick with it, you will be asked to join Vientos Bajosmembership is 10k colones per month or 2k colones per use of the court. There will be no extra charge for the remaining classes. If you can't make the first or second class, no problem. Contact us to see what you can schedule. If you can't make MON or WED, we also may be available to schedule an alternate time if there are other students available.

Proviso: Not an athlete? Not to worry. Although basic athletic skills are an advantage, these skills aren't necessary to have fun, learn, and play the game. If you've been wanting to start or gently increase your exercise regimen, this may be what you've been looking for--an opportunity to learn a new game, increase your exercise, meet new people, and most importantly, have FUN. Don't let any perceptions like "I'm not an athlete" hold you back. Pickleball is the fastest growing 55+ recreational activity in the world. Join us to find out the reason.

Walking Club - Daily.



For the past eight years, walkers have met regularly to experience different parts of the San Ramon area. Some bring dogs. This is a "join us if you want, or don't" activity. We generally meet at the chosen place to begin the walk at 7 AM and finish the walk within an hour. On a scale of 1-5, 5 being high, the walks generally are between 2.5 and 3.5. We walk seven days a week. Walk at your

own pace. Some of the walks are loops, many are 25 to 30-minute walks with a turn-around. We currently have about 25 people on the Walking Club email list. Please contact jsummers721@gmail.com to be added to the email list.

LTG (Little Theatre Group) and High Tea, NOV 17.



Exciting news! LTG is coming to Vientos Bajos on SUN, November 17, 2 PM, for another of their wonderful shows. This time, Annette Hallett, playwright and director, tells me they are working on Charles Dickens' "A Christmas Carol," but she tells me she's added a few twists—so don't expect it to be the same ole—same ole. The performance will be followed by a high-tea—savories and sweets, bocas, and non-alcoholic drinks. It will be BYOB, so if you want a beer or a glass of wine, please feel free to bring your own. We're asking a donation of 3k colones to cover their transportation, costumes, props, and the cost of food. Seating will be limited to 60, so please RSVP to vientosbajos@gmail.com

TubaChristmas, SUN, 1 DEC, Vientos Bajos.

This year, we'll be hosting the ninth consecutive *TubaChristmas* at Vientos Bajos. This year, as we have always done, we've invited instructors and students from SiNEM, San Ramon (the public music school) to join us. We're unique for being the only one south of the United States in the Western Hemisphere, but we're also unique for encouraging any SiNEM students who play B-flat instruments to join us. So rather than seeing just tubas and euphoniums, you might find a clarinet, oboe, or bassoon in the line!



First TubaChristmas in Costa Rica, 16 DEC 2011

Music will begin at 2 PM. There is no charge for the concert. However, we'll follow the performance with some Christmas treats and non-alcoholic drinks, and would greatly appreciate any donations to help out. Certainly, this can be in the way of Christmas cookies or other food items! So, if you're looking for something to put you in the Christmas spirit, we hope you'll join us. No RSVPs required just show up!

Christmas Madrigal Dinner. The ninth annual Costa Rica Christmas Madrigal Dinner will be held at Vientos Bajos on SAT, 14 DEC, and SUN, 15 DEC, this year. If you're interested in attending, we're now accepting reservations.



Details. The Dinner will start at 12 noon. RSVPs are required, but it's Pay-At-The-Door. Cost is 15k colones per person, or for groups of four or more, 13k colones per person. Price includes the full meal and entertainment, but not alcohol. VB has a BYOB policy. RSVP to <u>ventosbajos@gmail.com</u>