

# Vientos Bajos Codger

## Activities in and around San Ramon

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Upcoming Activities	
NOV 4	Beginning Pickleball, Clinics
Daily	Walking Club
Tu, Th, Sa, Su	Pickleball (Regular Play)
NOV 17	Little Theatre Group, "A Christmas Carol"
DEC 1	TubaChristmas
DEC 14 & 15	Christmas Madrigal Dinner
TBD	Court Sports: Basketball, Volleyball, Ping Pong, Badminton

### Pickleball Classes, Beginning NOV 4, 2019.

**Beginning Pickleball.** We know you've heard about the game. Interesting in seeing what it's like? Vientos Bajos is offering a one-month beginner's class. Join our instructors, Rick Reimer and Kyle Baker to learn the basics of the game. Classes will be offered Mondays and Wednesdays, beginning 4 NOV on the VB courts. Previous sign-up is necessary to coordinate number of students and schedule the hour of the day. Be sure to wear appropriate shoes and shorts. (It can be a warm game.) Paddles and other pickleball equipment will be provided.

**Details:** The beginning class will last four weeks, teach the basics. You will be playing pickleball from the first day. Classes last 90 minutes. Attend your first two classes for free. If you decide to stick with it, you will be asked to join Vientos Bajos—membership is 10k colones per month or 2k colones per use of the court. There will be no extra charge for the remaining classes. If you can't make the first or second class, no problem. Contact us to see what you can schedule. If you can't make MON or WED, we also may be available to schedule an alternate time if there are other students available.

**Proviso:** Not an athlete? Not to worry. Although basic athletic skills are an advantage, these skills aren't necessary to have fun, learn, and play the game. If you've been wanting to start or gently increase your exercise regimen, this may be what you've been looking for—an opportunity to learn a new game, increase your



exercise, meet new people, and most importantly, have FUN. Don't let any perceptions like "I'm not an athlete" hold you back. Pickleball is the fastest growing 55+ recreational activity in the world. Join us to find out the reason.

**Beginning-Intermediate Pickleball Clinic.** While John Buford was in the States, in SEP, he made a pointed effort to become certified as a pickleball instructor/coach by the major pickleball organization in the world, the USA Pickleball Association (USAPA) as well as the Professional Pickleball Registry (PPR). He is offering to share the skills and techniques he learned in his certification in a series of pickleball clinics for beginner-intermediates. Again, there will be no cost for these clinics, but everyone will be required to be a member of Vientos Bajos (10k/month).

**Registration.** If you're interested in either the beginning classes or the clinics, please contact us at [vientosbajos@gmail.com](mailto:vientosbajos@gmail.com) This will allow

us to set times and days which work for your schedule.

**Regular Play.** And don't forget, we've got regular play pickleball at 8:30 AM on TU, TH, SAT, and SUN. Just show up to play.

### **Walking Club - Daily.**

For the past eight years, walkers have met regularly to experience different parts of the San Ramon area. Some bring dogs. This is a "join us if you want, or don't" activity. We generally meet at the chosen place to begin the walk at 7 AM and finish the walk within an hour.



On a scale of 1-5, 5 being high, the walks generally are between 2.5 and 3.5. We walk seven days a week. Walk at your own pace. Some of the walks are loops, many are 25 to 30-minute walks with a turn-around. We currently have about 25 people on the Walking Club email list.

Please contact [jsummers721@gmail.com](mailto:jsummers721@gmail.com) to be added to the email list.

### **LTG (Little Theatre Group) and High Tea, NOV 17.**

**Exciting news!** LTG is coming to Vientos Bajos on SUN, November 17, 2 PM, for another of their wonderful shows. This time, Annette Hallett, playwright and director, tells me they are working on Charles Dickens' "A Christmas Carol," but she tells me she's added a few twists—so don't expect it to be the same ole—same ole. The performance will be followed by a high-tea—savories and sweets, bocas, and non-alcoholic drinks. It will be BYOB, so if you want a beer or a glass of wine, please feel free to bring your own. We're asking a donation of



3k colones to cover their transportation, costumes, props, and the cost of food. Seating will be limited to 60, so please RSVP to [vientosbajos@gmail.com](mailto:vientosbajos@gmail.com)

### **Low Brass Group.**

During the first week of NOV, we're beginning rehearsals for this year's presentation of *TubaChristmas*, SUN, 1 DEC at Vientos Bajos, followed by a presentation at the Christmas Madrigal Dinner on 14 and 15 DEC, 2019. This will be our ninth consecutive *TubaChristmas* in Costa Rica and our seventh consecutive appearance at the Madrigal Dinner. If you have played a low brass instrument-- baritone/euphonium, trombone, or tuba—have we got a deal for you! The music is level 1.5 to 2.5—pretty easy—and we'll have a month to six weeks to rehearse! If you're interested, please contact John Buford at [vientosbajos@gmail.com](mailto:vientosbajos@gmail.com) to get music and even coordinate an instrument!

### ***TubaChristmas*, SUN, 1 DEC, Vientos Bajos.**

This year, we'll be hosting the ninth consecutive *TubaChristmas* at Vientos Bajos. This year, as we have always done, we've invited instructors and students from SiNEM, San Ramon (the public music school) to join us. We're unique for being the only one south of the United States in the Western Hemisphere, but we're also unique for encouraging any SiNEM students who play B-flat instruments to join us. So rather than seeing just tubas and euphoniums, you might find a clarinet, oboe, or bassoon in the line!

Music will begin at 2 PM. There is no charge for the concert. However, we'll follow the

performance with some Christmas treats and non-alcoholic drinks, and would greatly appreciate any donations to help out. Certainly, this can be in the way of Christmas cookies or other food items! So, if you're looking for something to put you in the Christmas spirit, we hope you'll join us. No RSVPs required—just show up!



**First TubaChristmas in Costa Rica, 16 DEC 2011**

### **Christmas Madrigal Dinner.**

The ninth annual Costa Rica Christmas Madrigal Dinner will be held at Vientos Bajos on SAT, 14 DEC, and SUN, 15 DEC, this year. If you're interested in attending, we're now accepting reservations.

**Details.** The Dinner will start at 12 noon. RSVPs are required, but it's Pay-At-The-Door. Cost is 15k colones per person, or for groups of four or more, 13k colones per person. Price includes the full meal and entertainment, but not alcohol. VB has a BYOB policy. RSVP to [vientosbajos@gmail.com](mailto:vientosbajos@gmail.com)



Interested in being more than an audience member? We are looking for volunteers to serve as table coordinators. You'll be in costume (which we will provide) and have just a few responsibilities—such as introducing people at your table to the process, standing when the lord of the castle stands (and asking your table mates to do the same), introducing the table to the hall, leading the table through toasts, etc. If you've done this before, you'll find it's very easy. If you haven't, just watch the head table and follow what they do.

Unfortunately, there's only a small financial break for being a table host—the cost of the meal, costumes, and serving and clean-up help all create a huge overhead. However, it will give you the opportunity to be in costume for a special occasion and it will definitely help set the mood for your tablemates. If interested, please contact John Buford at [vientosbajos@gmail.com](mailto:vientosbajos@gmail.com)