

SPHERES OF INFLUENCE

The Spheres of Influence (Adapted from Aguilar, 2014) emphasizes understanding where individuals or groups have control, influence, or limited reach when working toward meaningful progress.



WITHIN YOUR CONTROL

The sphere of control includes actions and decisions that are entirely within one's power to shape, such as personal attitudes, behaviors, and immediate responsibilities.

WITHIN YOUR INFLUENCE

The sphere of influence expands to areas where one can indirectly affect outcomes, like inspiring colleagues, advocating for change, or shaping organizational priorities.

OUTSIDE OF YOUR CONTROL

Beyond these lies what is outside one's control, such as broader societal factors, external policies, or others' choices.