

SIPPING ON YOUR I.C.E.-T.

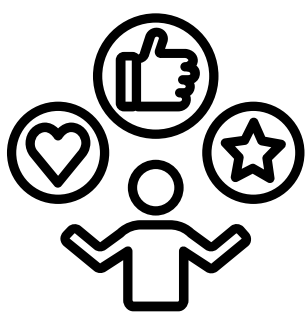
ICE-T is a framework designed to help individuals and organizations address challenges by examining four key components: Identity, Context, Experience, and Timing.

I - IDENTITY



Identity encompasses the unique aspects of who we are, such as race, gender, and background, which shape our perspectives and interactions.

E - EXPERIENCE



Experience highlights the importance of personal and collective histories, acknowledging that our past shapes how we approach challenges and solutions.

C - CONTEXT



Context focuses on the specific environments and circumstances, like workplace dynamics or societal influences, that affect how actions are perceived and implemented.

T - TIMING



Timing underscores the importance of when actions are taken, as external factors like political climates or social movements can influence outcomes.

