

DR. SANDRA FASTLICHT got her dentistry start early—working in her orthodontist father’s office. She’s now a third-generation dentist and makes it her cause to help children with cleft lip and palate and craniofacial anomalies and disabilities (read more about her charitable work on page 8). Her love of children is so strong that if she wasn’t a dentist, she’d be a paediatrician. She works on all of the Planet Smile for Kids projects around the world and teaches at the University of British Columbia...but she also hangs out at elephant sanctuaries—for big hugs!

My name: Sandra Fastlicht
orthodontists—I’m the third generation

I live in: Vancouver, BC
My last trip: Vietnam and Malaysia

My training: DDS, MSc, Fellowship Cleft Lip and Palate/ Craniofacial Anomalies
Most exotic places I’ve travelled to: Thailand and Bali, Indonesia

Why I was drawn to dentistry: My grandfather and father were both
A favourite place that I keep returning to: Vietnam

Favourite city: Vancouver, BC

Best meal anywhere: In Mexico—all Mexican food

Memorable restaurant: Hum Vegetarian Restaurant, Ho Chi Minh City, Vietnam

Must-see TV: *Game of Thrones*

Favourite band/song: *All You Need is Love* by The Beatles

My first job: At my father’s orthodontic practice

I’d describe my home as: My sanctuary

My guilty pleasure: Chocolate-covered strawberries

My go-to exercise/sport: Dance: salsa, tango

Favourite spectator sport: Hockey, if my son is playing

Celebrity crush: I have two! Brad Pitt, Richard Gere

I’d want this with me if stranded on a desert island: Fishing rod

My secret to relaxing and relieving tension: Yoga, meditation, hot baths

A talent I wish I had: Play the cello

A big challenge I’ve faced: Moving from Mexico to Canada

The word that best describes me: Caring

I’m inspired by: My dad

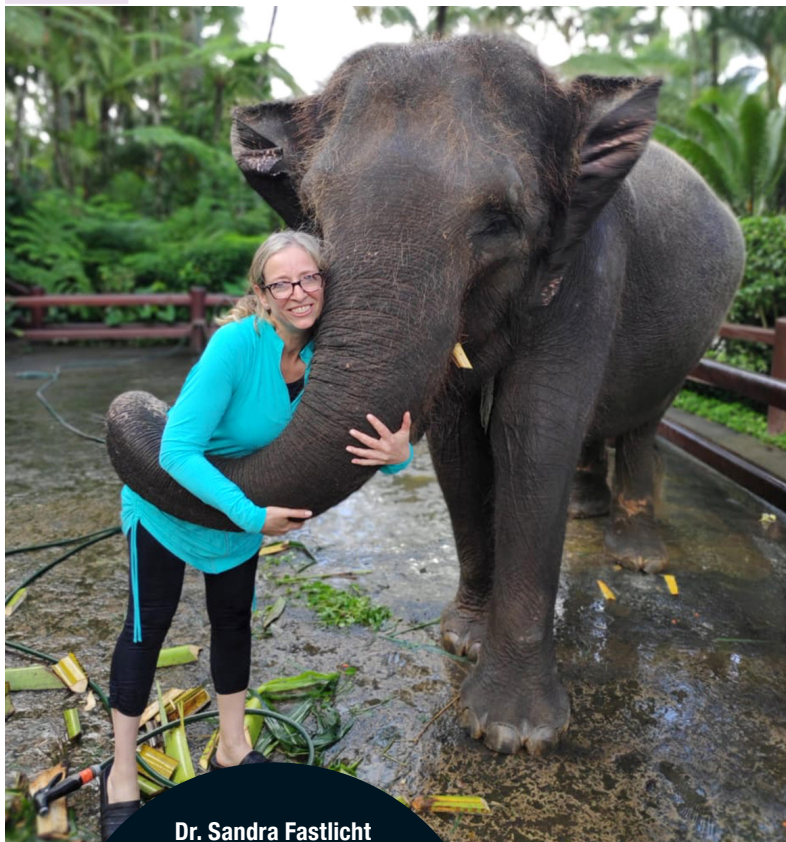
My motto: “For my good and the good of all”

A cause that’s close to my heart: Helping children with cleft lip and palate, craniofacial anomalies and disabilities

On my must-do list: See the Taj Mahal and the Great Wall of China

If I wasn’t a dentist, I’d be: Paediatrician—I love children

big Pachyderm love!



Dr. Sandra Fastlicht in Bali, where she spent time at an elephant sanctuary and combined two passions: “I love to travel and I love elephants... being so close to them was definitely a highlight and an experience I’ll never forget,” she says. Bali also gave her the opportunity to practise her zen, tour rice fields and visit temples. See page 8 for more on Dr. Fastlicht.

Can’t believe I’ve never been to: China

Dream vacation: Maldives

If I could travel to anywhere, I’d go to: Bali, Indonesia, Hawaii

A “wow” hotel/resort I’d happily stay at again: Anantara Hotel Thailand

My jet-lag cure: Wish I had one!

I always travel with: iPhone charger, outlet converter

My car: Simple: Corolla from Toyota

Most-frequented store: Crate & Barrel, Pottery Barn

My fridge is stocked with: Berries, veggies, cheese and tortillas

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