

**God is helping me  
make wise  
choices.**

**Prayer:**

When I'm not sure what to  
do, help me stop and ask  
You.



**Scripture:**

"If anyone lacks  
wisdom, ask God." —  
James 1:5

**Speak This Today:**

I can ask God for  
help!





**I was made to  
be a light in  
my school.**

**Prayer:**



Let me shine with  
kindness, joy, and love  
today.

**Scripture:**

“You are the light of  
the world.” — Matthew  
5:14

**Speak This Today:**  
I am God's light!





**When I feel left  
out, God is always  
near.**

**Prayer:**

Remind me that I belong  
to You, even if others don't  
see me.



**Scripture:**

"The Lord is close to  
the brokenhearted." —  
Psalm 34:1

**Speak This Today:**

God never leaves me  
out!





**God made my  
brain strong and  
capable.**

**Prayer:**

Help me stay focused and  
use the gifts You gave me.

**Scripture:**



“Whatever you do, do  
it with all your heart.”  
— Colossians 3:23

**Speak This Today:**

My mind is a gift from  
God!







**I forgive others  
because Jesus  
forgives me.**

**Prayer:**

Help me forgive quickly  
and love freely.



**Scripture:**

“Be kind... forgiving  
one another.” —  
Ephesians 4:32

**Speak This Today:**

I choose to forgive!





**God's grace gives  
me a fresh start  
every day.**

**Prayer:**

Thank You for second  
chances and clean hearts.



**Scripture:**

"His mercies are new  
every morning." —  
Lamentations 3:23

**Speak This Today:**

Today is a fresh start!





**God knows my  
name and my  
needs.**

**Prayer:**

You see me, God. Help me  
feel known and loved.

**Scripture:**

Before I formed you... I  
knew you." — Jeremiah  
1:5

**Speak This Today:**  
God knows me by  
name!

