AS THE PLANETS TURN

The Elements

An explanation of:

Earth

Air

Fire

Water

and the Void of Course

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Fire Moon Signs - Aries, Leo, Sagittarius 🧼

Action taken during the Fire moon will give you more energy, power, momentum and excitement.

This Moon is good for:

Completing projects

Announcing a new project

Launching new products

Actively selling

Being physically active

What to be careful of:

Impulsiveness, hot tempers, rushing tasks, or feelings of urgency.

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Earth Moon Signs - Taurus, Virgo, Capricorn



Grounding / Practical – This is an excellent period for smaller-detail oriented work, improving systems and functionality of your business. Tasks that are repetitive, and where concentration and focus is needed.

This Moon is good for:

Secure funding such as go-fund-me/kick-starter, loans, income

Business plan creation

Putting a client contract through

Mapping out a program or offer

Securing resources or important pieces to the success of a project

Refine and clarify

Creating website, business cards, physical tangible marketing materials

Bookkeeping, taxes

Signing & sending off contracts

Marketing or launching something that involves a lot of details

Audience will be able to focus and be more receptive to receiving details

What to be careful of:

Jealousy, bossiness, stubbornness and overspending/indulging,materialism, overspending, self criticalness, judgment, giving of unwanted advice.

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Air Moon Signs - Gemini, Libra, Aquarius



Thinking + Research: This period is excellent for abstract thinking, rather than the study of deeper more complex thoughts and problems. This moon can be very 'heady' with thoughts taking up most of our time. Concentration on deeper subjects or our emotions, is more difficult. 'Squirrel'

This Moon is good for:

- Communication
- Brainstorming
- Researching
- Holding classes and workshops
- Multitasking
- Processing information from multiple sources
- Creating dialogue and understanding the perspectives of others
- Promoting yourself interviews, podcasts, PR, social media etc.
- Socializing
- Networking
- Communicating the value and benefits of your offers that were worked on during the earth moon where you have built up the foundation of your offers/marketing.

What to be careful of:

Not a good time to commit to anything (especially contracts) Shorter attention span. Gossip, and low impulse control, shallowness, nervousness andanxiety can run higher as we are more in our heads. Hold off on having too much caffeine during this time.

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Water Moon Signs - Cancer, Scorpio, Pisces



Emotional / Intuitive: Intuition and dreams may be strong at this time. Focusing on our emotions and our inner world will help to uncover any mindset blocks that we carry withus in our business and personal lives. Therefore, wounds and triggers may pop up more intensely at this moon. Creating healthy boundaries very much falls under water moons and helps with healing. The work that is done under a water moon is deep, and long lasting, on an inner level rather than physical.

This Moon is good for:

Self-care

Meditation

Journaling

Vision boarding

Reading

Mind-mapping

Praying

Using your intuition

Therapy

Self Care - baths, long walks, nurturing yourself + others, yoga, massage

Cooking (and eating comfort food)

Using or smelling of essential oils

Clearing your space

Re-evaluating your relationships + roles

What to be careful of: Crankiness, neediness, over or under nourishing ourselves, co-dependency, not honouring the boundaries of others, jealousy or possessiveness, obsessiveness (especially over work), isolation, sarcasm/snappy comebacks, emotional manipulation - guilt tripping, daydreaming, and self-pity.

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Void of Course (VOC)

A VOC moon occurs when the moon is moving from one zodiac sign to another. The moon takes approx. two half days to go through each sign.

It is like being in the room of say Aries, then stepping out into the hallway, where not much happens, this is the void, and then after a few minutes, hours or even days, you step into the next room of say Taurus.

This space and time spent in the hallway is the Void, where there is nothing to hangonto or grasp.

These periods can last anywhere from a few minutes to hours or even days.

The moon will reflect whatever it is passing through and when it isn't reflecting anything, it can feel like a quiet period. This would be in the hallway.

The Void of Course Moon is an opportunity to tune into what you want and go inward.

Initiating, anything, during a VOC moon does not tend to work out the way you would like, such as - launches, projects, presentations, webinars, job interviews, first dates, announcements, social media posts etc.

It will lack the momentum needed to propel them forward and will require significantadjustment and changes to make it successful.

What to do During a VOC

Instead of starting anything new:

Finish Up Old Projects

Edit

Review

Refine Your Writing, Packages, Offers

Take A Trip

Make To-Do Lists,

Sleep

Declutter

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