Promoting Positive Guidance with Infants and Toddlers



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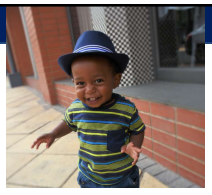
Presented by the Service Area 8 TTA Team

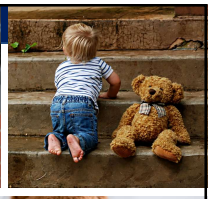


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Why are we here today?

- Explore strategies to help children be successful in different contexts
- Make caregivers lives easier







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Activity-How do these words make you feel:

Socialization Guidance Discipline Regulation

- What do these words mean when you consider them for young infants, mobile infants, and older infants?
- What do we want infants and toddlers to learn from the socialization and guidance we provide?
- How do we hope children will feel about themselves?

After our last discussion, what thoughts are sparked by this picture?



Infant and Toddler Guidance



Virtual Lab School

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Development & Challenges



Development's Influence on Challenges

- New challenges may emerge with development
- Development creates the need for caregiving shifts and modifications
- Challenges may occur because development has not yet occurred



Challenging Scenarios

- A 3-month-old screams and cries for long periods of time because…
- A 17-month-old hits another child because …
- A 2-year-old says "no" frequently because…



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Challenging Situation with a 9-Month-Old



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Socialization Challenges

(Actions that are developmentally appropriate but not socially acceptable)

What are some challenges and concerns you may be experiencing in your classroom setting?

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Understanding Guides Our Response

- Child's developmental level
- Message of the behavior
  - What is the child seeking?
  - What is the child wanting to avoid?

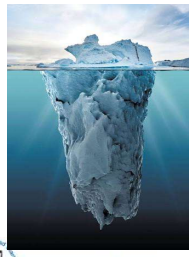


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Tip of the iceberg: Biting

Below the Surface



What is happening below the surface for the child that might lead to biting?

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Reasons Why Young Children May Bite and Strategies to Support:



Exploration
Provide a variety of sensorimotor experiences.

Teething:
Provide infants and toddlers with teething toys or clean frozen cloths.

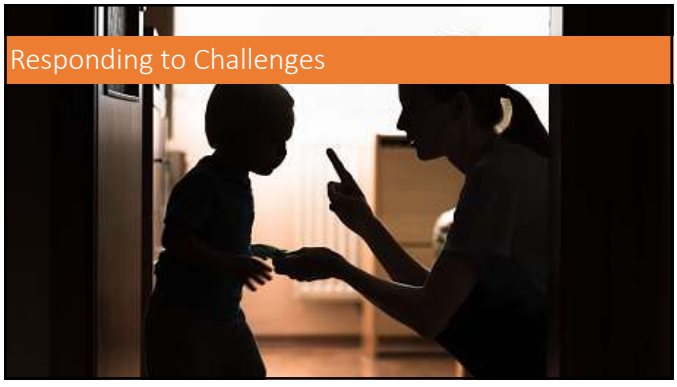
Attention
Notice when children display positive, curious, and helpful behaviors.

Frustration
Help young children further develop their own ways for handling frustration: For example, you can say, "I feel angry!" or "Not now!" to a child who grabs the toy you are playing with.

Anxiety
Work with families to determine the source of anxiety and provide calming activities such as water play.

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Responding to Challenges



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Responding to Behavior Challenges

- Respond immediately
- Remain calm and supportive
- Help children recognize their emotions



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Responding to Challenging Behaviors



- Provide positive attention to the child and acknowledge feelings
- Provide soothing support
- Use the opportunity to promote social-emotional development
- Redirect with choice

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Strategies that Support Infants and Toddlers



- Objects or visuals
- Visual boundaries
- First-Then
- Choices
- Preferences
- Transition warnings and cues

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Environmental Factors that create challenges for infants and toddlers:

- Space too small, too large or cluttered
- Materials too few, or two many
- Too much noise
- Too many transitions or too much change
- Inflexible or unpredictable routines and schedules
- Lack of large motor time





- Too many 'no's'
- Expectations of self-control
- Excessive requirements for sharing
- Too much wait time
- Too much adult directed time
- Long periods of sitting still

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Including Families

What are some ways that you include the family in creating consistency between school and home?

How do you address challenging behaviors with the families you work with?

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Let's Review



Today we:

Explored strategies to help children be successful in different contexts and thought about ways to make caregivers lives easier

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HEAD
(Thoughts or New Ideas)

HEART
(Feelings)





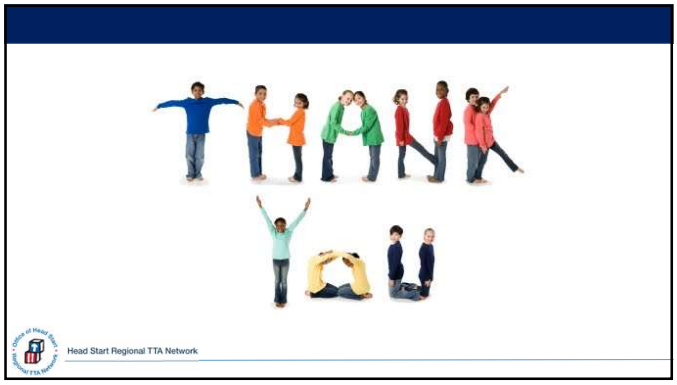
FOOT
(Next Steps: What Do You Plan to Do with the Information)

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