The Pyramid Model in Home Visiting

Rhythm for every visit

1. **Ask**
   What is most important today?
2. **Listen**
   What is working?
3. **Co-Plan**
   Set a goal, choose a strategy
4. **Practice in Routines**
   Try it out
5. **Reflect**
   Notice and adjust

Family engagement in practice

FAMILY-CENTERED

- Use the family's preferred language.
- Respond to unique needs.
- Offer unbiased choices; protect safety.

CAPACITY-BUILDING

- Start with existing knowledge.
- Build and practice new skills.
- Strengthen parenting self-efficacy.

COLLABORATION

- Invest in the relationship.
- Share decisions about priorities.
- Plan, reflect and adjust together.

Pyramid Model Universal Practices to Promote Social-Emotional Development

5:1 Principle	Build five positive interactions for each negative; including responsive communication
Regular and Predictable Routines	Use regular routines so children know what comes next. Repeat steps, offer choices and support participation
Clear Behavior Expectations	Say what TO DO, stay consistent and notice success
Teach social skills	Teach emotion words, support interaction and respond intentionally

One new strategy I will try:

Adapted from National Center for Pyramid Model Innovations
www.challengingbehavior.org
& Pyramid Model Consortium

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