

Get Up & Move with Music Singing & Instruments

Carolyn Wolbrink



Agenda

1. Introduction
2. How Music Affects the Brain
3. PALS Songs
4. Thank You & Contact Info

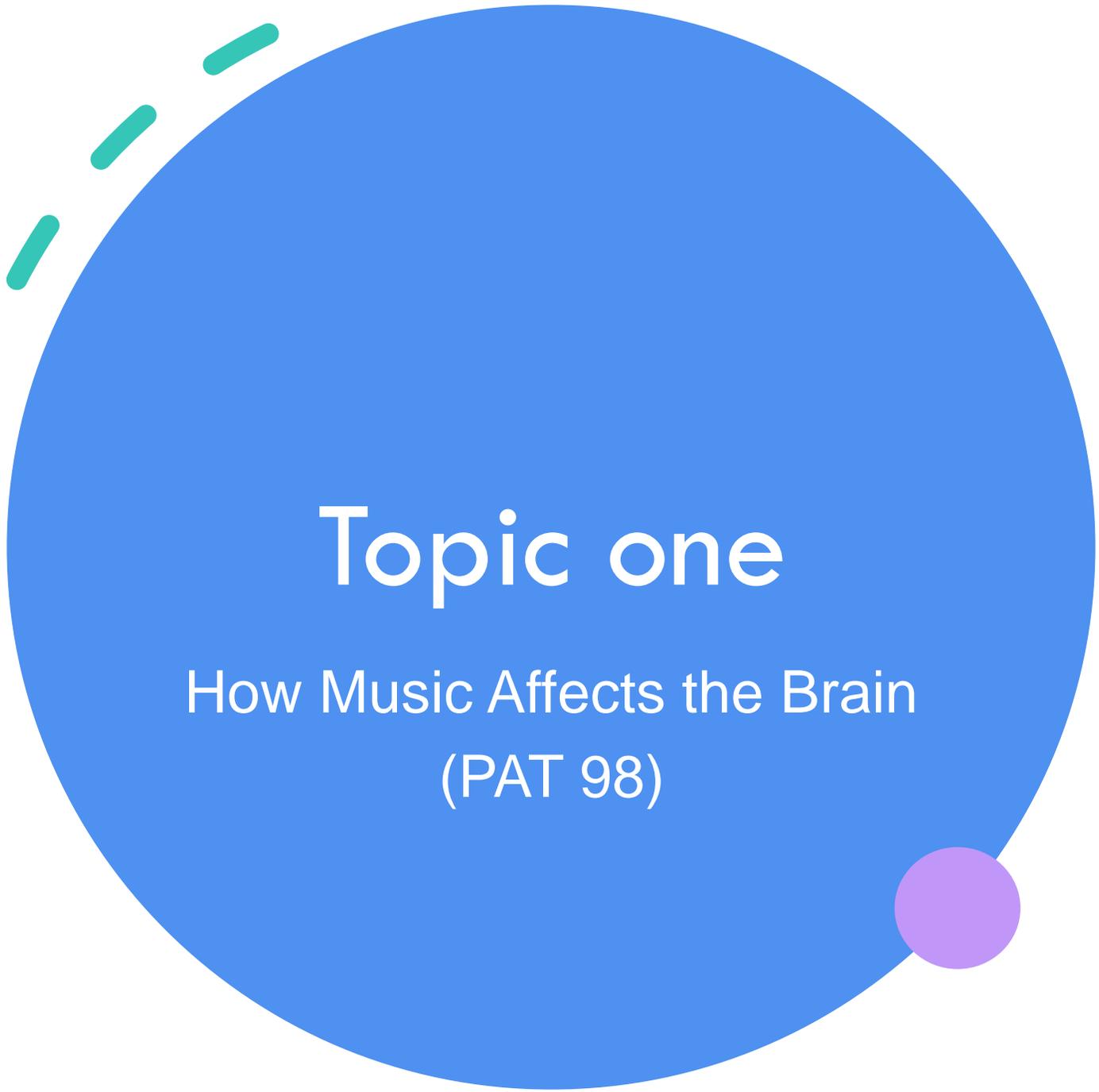
Introduction

*Education

*Family

*Why I'm passionate about music





Topic one

How Music Affects the Brain
(PAT 98)

How Music Affects the Brain (PAT 98)

- Develops pathways for other areas of learning
- Easier to remember facts



How Music Affects the Brain (PAT 98)

- Both sides of brain are activated
- Expands vocabulary and great for organizing brain





Topic two

PALS Songs

1. Welcome & Opening Songs



Hello How Do You Do?



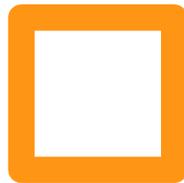
Eyes are watching. Ears are listening. Voices quiet. Bodies calm. This is how we listen at group time. (2nd Step Curriculum)



Head & Shoulders Song



2. Clap Clap
Clap Your
Hands



3. Cobbler Cobbler & Peter Hammers

- "Exercises large muscle groups."
(PAT 651)



4. Knock, Knock

"Your child was born with rhythm!" (PAT 704)



5. Shake Your Eggs

- Strengthens large muscles
- Develops self-confidence
- Identifies patterns
- Enhances memory skills

(PAT 930)



6. Bells Are Ringing

- Stimulates emotions
- Helps brain develop auditory processing (PAT 971)



Bells are ringing,
listen to them
ringing...All
through the day.

7. Hokey Pokey

- Uses both sides of the brain when moving to a music beat (PAT 1024)





8. Wheels on the Bus

- Encourages rhythm & balance
- Predictable & repetitive beat
- Helps with math skills (PAT 928)

9. Rainbow Song

- Helps understanding of patterns

- Enhances math & language learning

(PAT 1022)

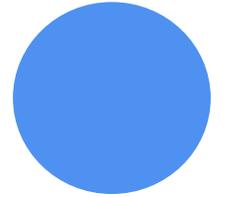
*Red, Orange, Yellow,
Green, Blue & Purple too.

See the rainbow in the sky,
it shines on me & you!



10. Closing & Goodbye Song / Everybody Wave & Sing Goodbye

- Develops flexibility, balance, agility & strength
- Noticing patterns helps prepare the brain for patterns in language
(PAT 900)



11. Videos





Thank you

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