

## TRAINING SCHEDULE

MONDAY	WEDNESDAY	THURSDAY	FRIDAY
Brenan Park	Brenan Park		SMITHFIELD PARK
FOOTBALL TRAINING	SPEED TRAINING	Brenan Park	FOOTBALL TRAINING
FAIRFIELD/WETHERILL PARK	FAIRFIELD/WETHERILL PARK LOCATION	SPEED TRAINING	FAIRFIELD/WETHERILL PARK LOCATION
LOCATION	4:30 - 5:30 PM	FAIRFIELD/WETHERILL PARK LOCATION	4:30 - 5:30 PM
4:30 - 5:30 PM	5:30 - 6:30 PM	4:30 - 5:30 PM	5:30 - 6:30 PM
Ages 7 - 12			Ages 7 - 12
Brenan Park			
FOOTBALL TRAINING	Crillo Reserve		Crillo Reserve
FAIRFIELD/WETHERILL PARK LOCATION	SPEED TRAINING		SPEED TRAINING
5:30 - 6:30 PM	LIVERPOOL LOCATION		LIVERPOOL LOCATION
Ages 7 - 12	5:00 - 6:00 PM		5:00 - 6:00 PM
Ages 7 - 12			