

Mindful Career Path: FOUR QUADRANT STRATEGY TO CAREER FULFILLMENT

**Write down areas where you are already successful & thriving in your career.**

These skills, talents, & accomplishments have brought you to where you are today. Reflect on what makes you successful in these areas & how you can continue to leverage them to achieve your future vision.

*(Success & Thrive)*

**Write down areas where you are successful in your career but not a genuine interest. While you may excel in these areas, they must align with your long-term goals or bring you fulfillment.**

Consider how you can delegate or outsource these tasks, allowing you to focus more on areas that genuinely ignite your passion & contribute to your future vision.

*(Success, but No Pursuit)*

**Write down areas where you still need to be successful but have a keen interest in learning more.**

These are the skills or knowledge gaps that you want to fill to progress toward your future vision.

*(Learning Opportunities)*

**Write down areas where you have responsibilities, but you are not necessarily an expert, nor do you wish to pursue them further.**

Acknowledge these responsibilities & identify ways to streamline or delegate them to others with the necessary expertise. It will free up your time & energy to concentrate on what truly matters.

*(Responsibility, Lack of Knowledge, No Pursuit)*