



MINDFUL. CAREER. PATH.

Want to maximize your **CAREER ENERGY** for your next opportunity?

Previously, we discussed the importance of these -4- actionable steps:

- ✚ Write out your Career Achievements
- ✚ Create a Target Company List
- ✚ Build a Job Framework / Ideal Job Description
- ✚ Blend #1, #2 & #3

Next up – Start building relationships through networking.

An easy-to-use resource is LinkedIn's alumni tool. Introducing yourself to others that are within your undergraduate / graduate alumni network is a great / easy-to-use conversation-starter.

- ✚ Log on to LinkedIn.
- ✚ In the top left corner, type in your College/University name.
- ✚ Select your official College/University LinkedIn page.
- ✚ Once on the page, select 'Alumni' on the left side of the page.
- ✚ From this point you can find alumni that live in your ideal location, and currently work in / or have worked in your target companies.

Want to learn more? Let us connect: www.mindfulcareerpath.com

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