



MINDFUL. CAREER. PATH.

Want to maximize your **CAREER ENERGY** for your next opportunity?

Before going out & networking, focus on these -4- actionable steps:

- ✚ Write out your Career Achievements
 - a. List out every single accomplishment (starting with your college education through your present profession).
- ✚ Create a Target Company List
 - a. Identifying at least 15 companies & their specifics (leaders, press releases, challenges they are facing, etc.).
- ✚ Build a Job Framework / Ideal Job Description
 - a. Identify career responsibilities you have thrived in and / or want to thrive in long term.
- ✚ Blend the First -3- Steps
 - a. Read through the responsibilities you want to do & the challenges the companies are facing.
 - b. List next to each responsibility & challenge any career achievements from your past that relate to how you have been successful as it relates to those responsibilities & how you can make an immediate impact on the specific challenges.

Want to learn more? Let us connect: www.mindfulcareerpath.com

aliciaramsdell@mindfulcareerpath.com

(781) 258-0399

