

Soda Bottle Soup Mix

Layer the following ingredients in listed order in a 1 liter soda bottle

1. 300cc oxygen absorber
2. 1 cup mirepoix (or dried ½ cup onion, ¼ cup carrot bits, ¼ cup diced celery)
3. ½ cup pearly barley
4. ½ cup split green peas
5. ½ cup brown lentils
6. ½ cup bulgar, rice, or quinoa
7. 1 cup small pasta (We use ditalini)
8. Poke one flavor packet (see below) in a straw down into the bottle.

Wrap the threads of the bottle with plumbers tape, replace the lid, then wrap the lid with plumbers tape where it meets the bottle to make it airtight. Store for up to 1 year.

When ready to prepare the soup:

Add 3 quarts water to a large soup pot. Open the bottle, remove the flavor packet (straw), and set aside. Carefully pour out the pasta into a separate container to add later. Dump the remaining ingredients into the pot, but be sure to discard the oxygen absorber if it comes out of the bottle. Stir in the add-in ingredients from below for desired flavor. Simmer for 20 minutes, add the pasta and continue simmering for another 10-15 minutes until pasta is done and other ingredients are soft. Serve.

To make the flavor packets, fold one end of a large diameter straw up and tape it closed. Use a small funnel to add dry seasonings to the straw. Fold the top of the straw over and tape it closed. Place in the jar before sealing.

- Tex-Mex Add-In Ingredients
 - Beef bouillon for making 12 cups of broth (can be added to the top of the bottle)
 - 1 10-oz can RoTel Tomatoes and Green Chilis
 - 1 pint home canned hamburger with liquid, or 1 lb cooked and crumbled hamburger
 - Flavor Packet
 - 2 tbsp Taco Seasoning
- Italian Add-In Ingredients
 - Beef bouillon for making 12 cups of broth (can be added to the top of the bottle)
 - 1 15-oz can Italian Style Crushed Tomatoes
 - 1 pint home canned beef chunks or hamburger with liquid, or 1 lb cooked and crumbled hamburger
 - Flavor Packet
 - 2 tbsp Italian Seasoning
- Country Chicken Add-In Ingredients
 - Chicken bouillon for making 12 cups of broth (can be added to the top of the bottle)
 - 1 15-oz can crushed or diced tomatoes
 - 1 pint home canned chicken chunks or 1 12-oz can canned chicken with liquid
 - 2 bay leaves
 - Flavor Packet
 - 2 tbsp parsley flakes
 - ½ tsp lemon pepper
 - ½ tsp garlic powder