

LEVEL UP YOUR FOOD STORAGE

LEVEL 1: IMMEDIATE (2 MONTHS) MOSTLY FRESH

60 DAYS OF MEALS + 3 DAYS WATER (MINIMUM)

FREEZER - REFRIGERATOR - PANTRY

LEVEL 2: SHORT TERM (1 YEAR)

ORIGINAL PACKAGING
VACUUM SEAL, BINS
OXYGEN ABSORBERS

CANNED GOODS - DEHYDRATED GOODS - FROZEN FOODS

SHELF STABLE GOODS

LEVEL 3: LONG TERM (BEYOND 1 YEAR)

MYLAR BAGS
#10 CANS

GRAINS - RICE - PASTA - FREEZE DRIED FOOD 5 GAL BUCKETS