

5 Imperatives for Surviving Now

Water

- Book: *Safe Water* <https://payhip.com/b/53p9W>
- Video: *Managing Your Emergency Water* <https://youtu.be/6ku5YsS5xE0>
- Video: *Water 1: Storing Water for Emergencies* <https://youtu.be/xeXVNLz8Cts>
- Video: *Water 2: Filtering and Sanitizing Emergency Water* <https://youtu.be/tGjZEIAWdpQ>
- Video: *Water 3: Managing House Water in an Emergency* https://youtu.be/Y_laua7YwYM

60 Days of Food (Level 1 Food Storage)

- Book: *A Comfortable Food Storage Plan for Uncomfortable Times* (245 pages) <https://payhip.com/b/yIfYk>
- Book: *Advance Prep for 60 Days of Meals—Integrating Your Freezer, Refrigerator, & Pantry* <https://payhip.com/b/LEChW>
- Book: *40+ Recipes Using Food Storage Ingredients* <https://payhip.com/roseredhomestead/collection/all?&page=16>
- Book: *Baking Bread for Survival and Enjoyment* <https://payhip.com/b/KPfZu>
- New video coming in April: *Baking Bread for Beginners*—watch for it.
- Video: *Level Up Your Food Storage* <https://youtu.be/2vAaB0182z0>
- Video: *Dry Mix Meals in Jars* <https://payhip.com/b/l2WgE>
- Video: *Soda Bottle Soup Mix* https://youtu.be/S0B_4HuQsaQ
- Recipes (free download): *Food Storage Meals* <https://roseredhomestead.com/recipes>
- Video: *Food Safety During a Power Outage* <https://youtu.be/8hxxwVOweos>
- Video: *Foods That Warm Your Body in Winter* <https://youtu.be/Tq8PyaA-hHl>

Prep for Off Grid Living (Think redundancies)

- Backup power and fuel
 - Video: *How We Use Our Bluetti Power Stations* <https://youtu.be/F3WUDCUyjYM>
 - Video: *Powering Our Freezers Off Grid* <https://youtu.be/3sPlpzalLms>
 - Keep propane and gasoline tanks filled, store charcoal briquettes
- Cooking equipment
 - Book: *Dutch Oven Cooking When It Counts* <https://payhip.com/b/N7tUx>
 - Video: *Off Grid Cooking in Your Kitchen* <https://youtu.be/16htxmU5yFU>
 - Video: *Best Pots for Off Grid Cooking* https://youtu.be/BhP_AgNqTfg
 - Video: *Off Grid Kitchen* <https://youtu.be/tvU9p7jf84M>
- Lighting, heating and cooling options
 - Video: *Backup Heat for Freezing Weather* <https://youtu.be/WZTKsTnF9Ug>
 - Video: *How We Stay Warm in Winter* <https://youtu.be/QGNOafCeuyM>
 - Video: *Emergency Heating and Lighting* <https://youtu.be/DNZU6LMO-6E>
 - Video: *Staying Safe During. Heat Wave* <https://youtu.be/zFokgn0VtAl>
 - Video: *Upgrading Our Emergency Lighting* https://youtu.be/TSU_VzJGWq4
- Grow a garden
 - Video: *Garden Seeds for Emergencies* https://youtu.be/2_aowNgC3X0
 - Video: *Our Kitchen Garden is Flourishing* https://youtu.be/hg6TKOF4_Qk

Fortify Your Home

- Secure windows and doors
- Make necessary repairs—weather stripping, leaky faucets, etc.
- Keep a supply of emergency cash in small bills
- Create a safe room
 - Video: *Creating a Shelter in Place Room at Home* <https://youtu.be/9CwBksxZR34>
- First Aid and medications
 - Video: *OTC Pain Medication Primer* <https://youtu.be/icUsj3de3WE>
 - Video: *OTC Medications for Emergency Preparedness* <https://youtu.be/4G8gvFKTdkM>
- Personal hygiene items
 - Video: *Emergency Preparedness for Feminine Hygiene* https://youtu.be/7gAdmN3G_jo
 - Video: *Emergency Toilet & Sanitation System* <https://youtu.be/oBIlcT3Mtr4>
 - Video: *Adapt Your Home Toilet for Emergency Use* <https://youtu.be/xfuFGPISsso>

Create and Share Joy (Maintain sense of optimism)

- Music—Listen to uplifting music, family singing time, play an instrument
- Nature—Hikes, walks, collections, photography
- Writing—Document sharing joy, list your blessings, create original poetry or prose
- Grow a garden and share produce
- Lift and help neighbors, friends, family and others
- Advance personal knowledge/skills in a hobby or talent or content area

This book covers many of the above topics:
Preparedness Basics <https://payhip.com/b/BXO1r>