

# AS FEATURED IN



**EDUCATION FOCUS**  
ANGELA ROJAS

## TAKE CHARGE OF YOUR LIFE

**A**ngela Rojas is a corporate trainer, beliefs coach and consultant. Over the past three years, she has refined her training to cater for individuals and organisations that are inspired by conscious change and growth.

If you are serious about building an emotionally intelligent, resilient, creative and fully engaged personality or workforce, you have two workshops or individual belief-coaching sessions that offer powerful insights and tools for change and goal-setting results.

As a trainer and consultant certified by Dr Joe Dispenza, Angela has the certification and capability to deliver Dr Dispenza's work to your organisation.

### CHANGE YOUR MIND, CREATE NEW RESULTS

Change Your Mind, Create New Results, a workshop formerly known as Breaking the Habit of Being Yourself, is an eight-hour program that can be delivered in one day, two half-days or four two-hour weekly sessions. The program utilises new discoveries in the fields of neuroscience and epigenetics and applies these findings to change and manage individuals, businesses and organisations.

There is true science to "changing your mind" and, once you understand "how the brain works", change comes naturally.

In this program, participants will:

- Identify a change they want to make
- Learn a model of change based on the field of neuroscience
- Learn about the "three brains" and their roles in the change process
- Apply practices based on neuroscience to the desired changes
- Incorporate all the lessons to activate the neurological process for change so as to mentally rewire the brain
- Understand what it means to "live in survival or creation"

Angela will use a dynamic combination of science, engaging lectures, multimedia tools and interactive exercises to teach you how to maximise the most powerful tool in



### ABOUT ANGELA ROJAS

Angela has worked in numerous corporate organisations for more than 15 years and has created her own business in providing personal coaching, consulting and training to individuals and organisations.

Over the past 22 years, Angela has studied to understand the mind and people and, in particular, explored her interest in how beliefs direct our lives. Her training evolved in personal self-awareness to identify how beliefs serve us to stay in survival mode and how we can change beliefs and perceptions to move forward in creation.

Angela began her path towards change and transformation in 1990 and, over the years, delved deeper into the subconscious mind through her yoga and meditation training, Dr Dispenza's model for change training and ThetaHealing.

To find out more, visit [angelarojas.com](http://angelarojas.com), email [me@angelarojas.com](mailto:me@angelarojas.com) or call +61 3 9331 1313 or +61 418 569 439.

your body: your brain. The workshop will allow you to make significant shifts within yourself and your organisation.

Angela works with clients to design the best individualised option for this innovative and timely program. Transform yourself, your organisation or business to a whole new way of thinking, doing and being!

Neuroscientist and *New York Times* bestselling author Dr Dispenza is a renowned researcher and lecturer in the fields of neuroscience and epigenetics. He has worked closely with master trainers and curriculum design experts to create this program.

Based on the book *Breaking the Habit of Being Yourself*, this course teaches people how to harness their brains' power to make significant life changes. Through a rigorous application, selection and certification process, Dr Dispenza has personally certified trainers to deliver his work.

### THE GAME OF LIFE

The second workshop or belief-coaching program Angela offers is called The Game of Life: Moving from Passenger to Driver of Your Life. It is for people who want to move into new paradigms and is unlike any other coaching program. It has been created to uncover and release all hidden beliefs and blocks that hinder you or your organisation from reaching maximum abundance, success and life or business goals.

The eight sessions (for individuals) or 16-hour program (for businesses) explores expanding your visions, comfort zones and self-realisation. It was originally created by a successful Japanese entrepreneur after he discovered remarkable success in his business when he worked on beliefs around income thresholds, attachments to previous workplaces, previous successes and failures and previous incomes.

From this revelation, the program expanded to finding and examining beliefs around society, parents, peers, receiving abundance, power and personal beliefs. It takes these findings to another level through working on them, releasing them and empowering the individual to reach their personal or business goals.

The Game of Life is the most comprehensive program on business, goals and financial success, clearing beliefs so you can become the driver of your life. It is designed to teach you in an easy-to-follow seven-step structure to be the real master of your life and to play the game of life with success, fun and great achievement.

Here is an outline of the program:

- Release parental obligations
- Release past attachments
- Become accepted by society
- Handle peer pressure
- Receive infinite abundance
- Expand your comfort zones
- Vision of creation and manifestation