

# *Solstice Recreation Group*

## *2019 Summer Outdoor Adventure Camps*

Where: Bella Coola Valley

When: July 8 - 12, 2019 Ages 10 - 13

July 15 - 19, 2019 Ages 15 - 17

Register at [www.solsticerecreationgroup.com](http://www.solsticerecreationgroup.com)

### **Activities Include:**

- Rock Climbing
- Rafting
- First Aid Training
- Big Canoeing (29' ocean canoes)

### **What's included:**

- All equipment and instruction
- Certifications
- Transportation



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