

Solstice Recreation Group



Summer Outdoor Adventure Camps



Solstice Recreation Group

Solstice Recreation Group (SRG) has been providing Outdoor Recreation and First Aid programming for the past 25 years. Our mandate is to provide “meaningful outdoor recreation that challenges individual’s physically, mentally, and spiritually”. We offer a wide range of outdoor education programming. We have worked with numerous schools, organizations, non-profit societies and First Nations.



Our staff are certified Rafting guides, Rock Climbing / Mountaineering Instructors / Guides, Canoe and Sea Kayak Instructors, Lifesaving Society Instructors, First Aid Instructors.

All instructors are all either EMR OFA Level 3 or Advanced Wilderness First-Aid certified.



Programming:

Activities that take place during the five (5) day Summer Outdoor Adventure Camps can range among a number of activities. We have two form of camps, 1. Date, location and activity specific camps 2. Designer specific camps requested by an onsite requested camp.

Activities can range from the following activities:



➤ Hiking

- Rock Climbing – Introductory two day Course or one day Belay Course. Certification is awarded.
- Bronze Medallion Course – Certification awarded
- Emergency First Aid or Standard First Aid with CPR “C”
- River Rafting
- Big Canoeing
- Stand Up Paddle Boarding



What is included:



All transportation, equipment and instruction is included. If you would us to provide a 24 / 7 Camp this can be arranged. This includes having the participants camp at a designated location for the entire camp period. If this is the case we provide meals, tenting and supervision. Please contact SRG for more details on this style of camp for more info.



Dates:

We utilize the months of July and August to run our Camps. Please contact SRG is you are interested in a designer camp for your company or Nation early to ensure we can book the camp in advance of our regularly scheduled camps.

Cost:

Costs can range due to the location and type of camp. Please view our website for camp fees for location specific costs. The camps that are posted are for the typical “day camp” which mean the youth returns home after the end of each day.

We operate our camps on a non-profit basis to ensure the camps are as affordable as possible.



Payments:

All payments must be received prior to the commencement of the youths specific camp date. Forms of payment include credit card and cheque. We are able to invoice your agency, First Nation, society, school, etc. prior to the camp start but payments need to be received prior to the camp start. Please read our booking and refund policy document.

If you have any other questions please do not hesitate to contact SRG by either email or phone. Thank you

Regards

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