

# *Solstice Recreation Group*

## 2019 Programming at a glance:

White Water Raft / Commercial Bear Viewing Guide Training – Bella Coola Valley  
May 20 – June 14, 2019 – Intake #1

Commercial Bear Viewing Guide Certification Course – Bella Coola Valley  
May 12 – 13, 2019

Summer Outdoor Adventure Camp – Youth Ages 13 – 15 – Bella Coola Valley  
July 8 – 12, 2019

Summer Outdoor Adventure Camp – Youth Ages 16 - 18 – Bella Coola Valley  
July 22 – 26, 2019

Central Coast Expedition – Emergency Services – PTSD Fundraiser – Central Coast BC  
August 1 – 10, 2019

Summer Outdoor Adventure Camp – Youth Ages 16 - 18 – Bella Coola Valley  
August 12 – 16, 2019

Summer Outdoor Adventure Camp – Youth Ages 13 – 15 – Bella Coola Valley  
August 19 – 23, 2019

White Water Raft / Commercial Bear Viewing Guide Training – Bella Coola Valley  
September 2 – September 27, 2019

- For all First Aid Training please visit [www.solsticefirstaid.ca](http://www.solsticefirstaid.ca) for course dates and locations.
- For all Rock Climbing / Mountaineering programs please visit [www.solsticealpineguides.ca](http://www.solsticealpineguides.ca) for all course dates and location.

[www.solsticerecreationgroup.com](http://www.solsticerecreationgroup.com)

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