

GAMBLERS ANONYMOUS

NSW REGIONAL SERVICE OFFICE

RSO MEETING MINUTES

Date: Tuesday 11.08.2026

Venue: via Zoom

RSO EXECUTIVE

Coordinator: Darren K
Secretary: Caroline
Treasurer: Warwick/Anna
PR/Office: Mark

NSW TRUSTEES

Andy: Cremorne
Tony T: Liverpool
Rob: Dulwich Hill
Maria: Newcastle

Meeting Commenced: 6.30pm **Meeting Concluded:** 7.18pm
Unity Program read by: Warwick **# of Attendees:** 16
Next Meeting: Tuesday: 8th September 2026 at 6.30pm (via Zoom)
Zoom ID: 811 3626 3542 Passcode: 1234

ATTENDEES		
Name:	Group Delegate	RSO Executive/Trustee
Darren K	Western Sydney Zoom (Fri)	Coordinator
Warwick	Rockdale (Thu/Sun)	Treasurer
Andy D	Cremorne (Wed/Thu)	Trustee
Rob L	Dulwich Hill (Mon)	Trustee
Caroline	Penrith (Mon)	Secretary
Mark H	Fairfield (Fri)	Public Relations & GA Office
Darren L	South Coogee (Wed)	
Lenny	Cessnock (Mon)	
Stewart	Springwood (Tue)	
Josh M	Bondi	
Martina	Fairfield (Tue)	
Greg	Manly Vale (Sat)	
Lukey	Campbelltown (Sat)	
Joey	Wagga Wagga	
Thelma	Visitor/Office	
Tyrone	Hornsby (Mon)	

APOLOGIES		
Name:	Group Delegate	RSO Executive/Trustee
Anna	Liverpool (Mon)	Treasurer
Anne Maree	Women's Zoom (Sun) / Mount Annan (Wed)	
Jen	Central West Zoom (Tue)	

AGENDA

1. BUSINESS ARISING FROM PREVIOUS MINUTES

- Darren K - Any business arising from July 2026 RSO meeting minutes?
 - No issues raised.
 - Accuracy confirmed

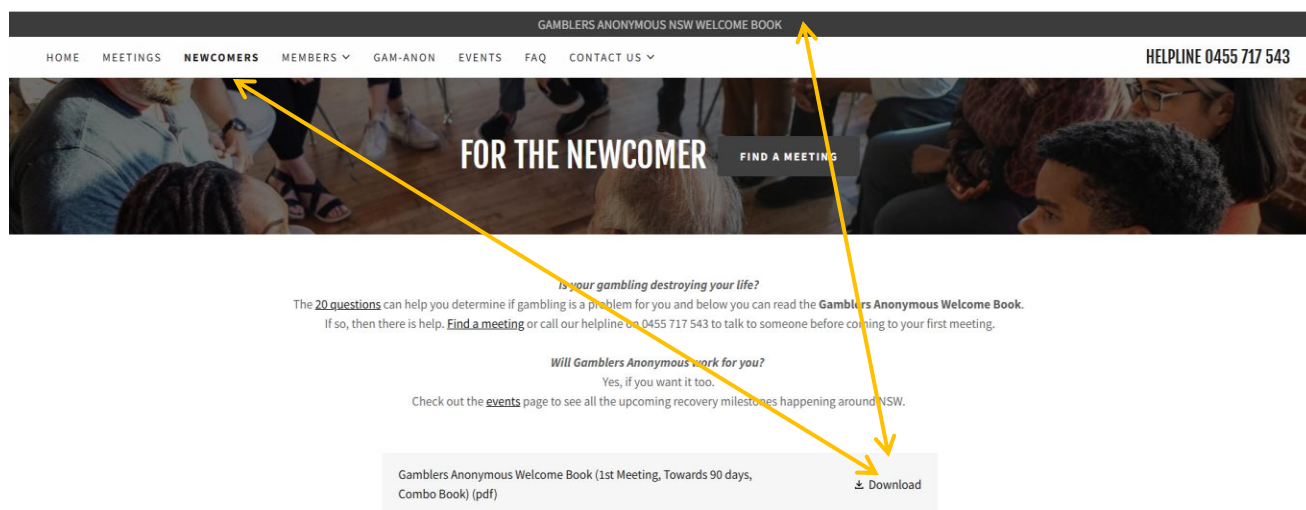
Received by: Andy

Seconded by: Darren L

2. OFFICE REPORT (INCOMING/OUTGOING CORRESPONDENCE)

Office Report

- Reported by Mark:
 - New meetings have started at Wagga Wagga and Byron Bay.
 - Helpline mobile was recovered
- New Welcome Book
 - Thelma reported the test print of the new Welcome Book was successful, there are still older copies available but once they are distributed the new Welcome Books will be available.
 - Caroline reported she was able to create a new booklet which includes ISO approved Literature “Your 1st Meeting”, “Towards 90 Days” and the “Combo Book” with the “STOP THINK ACT” Red Card and refers all to the NSW website for an up-to-date meeting list.
 - Caroline reported the new welcome book is also available digitally on the website – see *newcomer page* or by clicking the *black banner* at the top of each page.



Incoming Correspondence

- Queensland July RSO Minutes Received
- 2 x New Meeting Forms received (Byron Bay & Wagga Wagga)
- Group Announcement Forms via website for upcoming birthdays
- Literature orders forms via website
- Received the following invoices:

Item	Amount
Officeworks (July and August)	\$ 165.00
Australia Post - Not received	\$ -
Officeworks - Not received	\$ -
Telstra (Helpline) –	\$ 55.00
Richo - Not received	\$ 256.43

Zoom (3 accounts (North West South) @ \$26.35 each)	\$ 79.05
NAB - Not received	\$ -

Received by: Warwick

Seconded by: Darren K

Outgoing Correspondence

- Mark reported
 - Office responded to a couple of enquiries from professional services and group members.

Received by: Stewart

Seconded by: Andy D

3. TREASURERS REPORT

Warwick gave the following details:

Item	Amount
Income (July)	\$ 1,220.00
Expenditure (July)	\$ 677.00
Closing Balance (Both Operating Accounts)	\$ 29,480.00
Funds held in 2027 National Conference Account	\$

- See Income and Expenditure Statement July 2026 (Attached)

Received by: Mark

Seconded by: Darren L

4. PUBLIC RELATIONS REPORT

- Reported by Mark:
 - PR enquires are low, with the normal response provided - "GA has no opinion on outside issues".
 - Sutherland Mental Health enquired about meetings.
- Luke (Campbelltown) reported
 - Greg (Manly Vale) has taken over the roster for the H&Is at SPP.
 - Volunteers are needed for the roster and if you commit please turn up as there has been some no shows, at least advise Greg if something has come up with enough notice for him to find a replacement.

Received by: Martina

Seconded by: Darren L

5. TRUSTEES REPORT

- Andy D reported
 - Nothing to report

Received by: Caroline

Seconded by: Darren K

6. HELPLINE REPORT

- Darren K
 - Any feedback from the proposed Group Helpline Roster?
 - Some groups have not been able to discuss it yet but will raise it and provide feedback at next RSO meeting.
- Andy D suggested
 - Changing it to a 17-month or 14-month roster rather than a 12-month roster to include some of the groups not on the current proposed roster.
- Mark suggested
 - Trustees can speak with members who are answering the calls on the Helpline, to help them have boundaries and redirect callers to either a meeting or an appropriate professional service.

Received by: Warwick

Seconded by: Thelma

7. 2027 AUSTRALIAN NATIONAL CONFERENCE (see flyer on website ga-nsw.org.au)

- Andy D reported
 - Next National Conference Committee meeting will be on early September.
- Darren L reported
- There will be an update for the RSO at next RSO meeting.

Received by: Thelma

Seconded by: Martina

8. EVENTS AND FUNDRAISERS (see flyers on website ga-nsw.org.au)

- Martina discussed
 - Possibility of a fundraising committee. As she started the BBQ out west fundraiser without notifying the RSO, as she didn't know and there's also plans to host a Comedy night at Oakdene House (details to be provided soon).
- Caroline reintroduced the ***Fundraiser Announcement Form and Report (see attached)***
 - We used to have to complete a form and report back to the RSO financials for all fundraising and conferences but in recent years this has been absent.
 - We could not locate the old form, so a new form has been created for anyone wanting to host a fundraiser or conference to complete and submit to the RSO.
 - Caroline explained the purpose of the form and financial report is to ensure the principles of the Gamblers Anonymous Recovery and Unity Programs are upheld; there is transparency from our members and accountability to our members who we are asking donations/contributions from. It will also be a learning tool so we can see what works and what does not and why and areas where the RSO can be of more assistance and support.
 - Organisers are encouraged to attend the RSO meetings to provide updates and seek support.
 - ***The Fundraiser Announcement and Report Form is available from the GA Office***, email ga_nsw@hotmail.com.
- Darren K suggested you discuss it with your groups and if there are any issues or concerns, then they can be raised at next RSO meeting.

Received: Andy

Second: Thelma

9. GENERAL BUSINESS

Item 1: South Coogee meeting is temporarily relocating

- From Wednesday 26th August the South Coogee meeting will be at Burnie Park Community Centre 1R Bernie Street Clovelly , on street parking.
- Caroline will update websites

Item 2: GA Birthday Meeting 2026

- Andy D
 - This year the GA Birthday will fall on Wednesday 25th November
 - Groups with meetings on a Wednesday that are interested in hosting the GA birthday can submit their interest to the RSO.

Item 3: Paying petrol money to office staff

- Mark asked about
 - paying office staff petrol money, and
 - admin person for the office, someone with administration skills that can manage all aspects of the role.
- Darren K suggested holding off until Anna is back from holidays, as she is the Treasurer.

GENERAL INFORMATION

Announcing upcoming milestones and group events

- complete and submit the “Group Announcement Form” on the GA NSW Website “ga-nsw.org.au”; or
- post information in the WhatsApp Group Chat called “NSW Announcements”; or
- send an email to ga_nsw@hotmail.com

Literature orders:

- complete and submit the “Literature Order Form” on the GA NSW Website “ga-nsw.org.au”;
- An email will be sent to you shortly after, confirming order is ready and an invoice will be attached
- Use the invoice number as payment reference.

RSO Attendance

- All groups please make sure you hold a group conscience to elect a delegate to attend the RSO meetings and represent your group.
- RSO meetings are held on the 2nd Tuesday of each month, except January.

Minutes Taken by Caroline

	Gamblers Anonymous NSW Regional Service Office Income and Expenditure Statement for the month of July 2026 General Operating Account #8208		
		JULY 2026	2026/2027 FinYear to Date
1	INCOME		
2	Normal sales	\$682.00	\$682.00
3	Donations - general	\$314.00	\$314.00
4	Postage		
5	GST refund from the ATO	\$224.00	\$224.00
6	Conference receipts & donations		
7	Fundraisers - hall hire refunds		
8	Interstate GA RSO insurance splits		
9	Gam-Anon insurance split		
10	TOTAL INCOME	\$1,220.00	\$1,220.00
11	EXPENDITURE		
12	Travel allowance		
13	Phone system - office & Helpline	\$55.00	\$55.00
14	Photocopier, printer, scanner	\$242.00	\$242.00
15	NAB EFTPOS Merchant service fee	\$20.00	\$20.00
16	Conference/fundraiser expenses incl. refunds		
17	Computer - office		
18	GA Australia website hosting		
19	Office stationery, goods & postage		
20	GA literature including ISO purchases		
21	GA badges & 30-day tokens - stock		
22	Transfer to debit card a/c #3099 (see page 2)		
23	Transfer to conference a/c 082356 782610611		
24	Office rent (Oakdene House)		
25	Insurances - Business & Volunteer		
26	Post Office box rental		
27	Miscellaneous payments		
28	Payment to the ATO		
29	TOTAL EXPENDITURE	\$317.00	\$317.00
30	Surplus/(Deficit)	\$903.00	
31	Opening cash at bank	\$28,342.11	
32	CLOSING CASH AT BANK	\$29,245.11	

	Gamblers Anonymous NSW Regional Service Office Income and Expenditure Statement for the month of July 2026 Debit Card Operating Account #3099		
		JULY 2026	2026/2027 FinYear to Date
	INCOME		
1	Transfers from general operating account #8208		
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13	Income for the current month	\$0.00	\$0.00
14			
15	EXPENDITURE		
16	Zoom accounts	\$79.05	\$79.05
17	Zoom account transaction fees	\$4.74	\$4.74
18	Postal items, stationery, mob phone	\$275.99	\$275.99
19	ISO order - mixed goods		
20	Other goods-banners, brochures, etc		
21	Web-site		
22			
23	TOTAL EXPENDITURE	\$359.78	\$359.78
24	Surplus/(Deficit)	-\$359.78	
25	Opening cash at bank	\$594.53	
26	CLOSING CASH AT BANK	\$234.75	
	OPERATING ACCOUNTS - SUMMARY		
	Closing balance account #8208	\$29,245.11	(General operating account)
	Closing balance account #3099	\$234.75	(Debit card operating account)
	CLOSING COMBINED TOTAL	\$29,479.86	

GAMBLERS ANONYMOUS NSW

FUNDRAISER NOTIFICATION AND REPORT FORM

The GA NSW REGIONAL SERVICE OFFICE (RSO) should be notified prior to any fundraising events you are planning on hosting, including 1-day conferences or gatherings where:

- attendance is open to all Gamblers Anonymous or Gam-Anon members and
- funds are going to be collected for the purpose of a donation.

ROLE OF THE RSO

Ensure that:

- The principles of Gamblers Anonymous Recovery and Unity Programs are upheld.

ORGANISERS ROLE AND RESPONSIBILITIES

Ensure that:

- The event upholds the principles of the Gamblers Anonymous Recovery and Unity Programs.
- Enough consideration has been given to plan and organising the event to ensure:
 - the event is inclusive and accessible to all Gamblers Anonymous and Gam- Anon members
 - members can attend even if they are not able to financially contribute
 - the event costs will be recovered by member contributions only
 - surplus funds collected from the event are donated to the RSO
 - promotional material has purpose, cost and contact information included.
- The organisers for the event are part of an existing or newly created committee [specifically for this event]. It is recommended that the committee appoint a treasurer who has at least 2 years of continuous abstinence.
- The treasurer shall keep a record of income and disbursements and provide a financial report to the RSO at the next RSO meeting after the event date. See page 2.

EVENT DETAILS. Please complete and return to the GA NSW RSO Office (ga_nsw@hotmail.com)

Event Name:

Event Description:

Event Proposed Date:

Event Proposed Charge to Attend:

Event Estimated Cost: (please estimate the total cost of running the event)

Event Purpose: (eg, Raise funds for the RSO or National Conference)

Do you need the RSO to approve an advance amount of funds to help with the initial expenses for this event?

If Yes, how much are you requesting the RSO approve and what are the funds need for?

EVENT COMMITTEE DETAILS:

Coordinator Name and Group:

Treasurer Name and Group:

Other Committee Member Names and Groups:

It is recommended the coordinator of this event attend the next RSO meeting for discussion.

Email completed report to ga_nsw@hotmail.com

Email completed report to ga_nsw@hotmail.com

Event Date:[illegible]

☐ Yes. Date? _____

☐ No. Please let us know why? _____

Balance minus (-)	\$
RSO Advance Contribution (If provided)	\$
Total Raised	\$

GA fundraiser event report completed by _____ Date _____