

NSW REGIONAL SERVICE OFFICE

Meeting Minutes Tuesday 10th February 2026

RSO EXECUTIVE

Coordinator - Anna
Alt. Co-Ord - Maureen
Secretary - Anne Maree
Treasurer - Warwick
P.R. - Mark

Online Meeting Commenced: 6.30 pm.

Unity Program read by: Warwick

Attendance: 12

Attendees / Delegates:	Apologies:
Anna – Liverpool Warwick – Rockdale Nathan B- Castle Hill/Blacktown Darren – West Sydney Zoom Mark - Fairfield Lenny -- Cessnock Maria - (Newcastle) Andy - (Cremorne) Maureen – Penrith Anne Maree – Women’s Zoom/Mt Annan Darren L – South Coogee Luke - Campbelltown	

Accuracy of previous minutes: Received by: Maureen/Mark and all in favor

MINUTES SUMMARY

- Website ga-nsw.org.au usage down, especially reporting upcoming milestones. It is suggested Groups nominate a person to use the **group announcements form** on the members page of the website.
- See attached conference flyers
- See attached Income and Expenditure Statement
- Public Relations – Volunteers needed for H&Is and distributing “There is Help” Pamphlets
- RSO Attendance - Groups please make sure you have a representative attending the RSO meetings
- Next RSO meeting: Tuesday 10th March at 6.30PM ZOOM I.D. 811 3626 3542
PASSCODE: 1234

INCOMING CORRESPONDENCE – Feb 2026

- Received QLD Minutes
- Received VIC Minutes
- Website Update –
 - The ga-nsw.org.au domain is due for renewal 26.2 and website is due for renewal on 27.2. Auto payment set up, so no action required.
 - The website had 22,984 site visitors and the SEO average position is now 11. However, usage has been down recently, with a significant drop in how many groups are getting their group announcement forms to us for upcoming birthdays etc and a drop in the literature orders and general correspondence thought the website.
 - Contact from website was down 31%,
 - Interaction with the group meetings page was down 69%
 - But in good news activity directly from google was up 37% with 356 searches for Gamblers Anonymous and 118 visits directly from the Gamblers Anonymous NSW Google Business Profile 😊
 - Reminder to Groups to use **the group announcement form**, so we can pass on the message (Step 12) to other members and more importantly to those not yet in GA so they can see it GA works.
 - **Also suggest:** Groups have 1 person responsible for sending through the upcoming milestones or special group events (including 90 days) for home group members. Please note: For those that do the birthday tour, your home group celebration will be the only one added to the website, in fairness for all.
- Correspondence via Website contact page:
 - Meeting enquiry via website from US GA Member who will be traveling to Australia
 - Job opportunity enquiry via website
 - Several requests for meeting details and help to stop gambling

Received by - Darren/Mark

OUTGOING CORRESPONDENCE

- Responded to correspondence that came in via the website

TREASURERS REPORT – Warwick

Expenses/Bills

- See Income and Expenditure Statement December 2025 (Attached)
- See Income and Expenditure Statement January 2026 (Attached)

Closing Balance General ACC #8208	\$29151.65
Closing Balance Debt Card ACC #3099	\$ 379.29
Total Closing Balance	\$29530.94

Received - Anna/Maureen

OFFICE REPORT – Mark

- Thelma and Ann getting literature orders filled and posted out
- Office been quite

PUBLIC RELATIONS – Mark

- H&Is – looking for volunteers so if you are able to attend a H&I or would like more information about H&Is please contact Mark
- There is HELP! Pamphlets are available from the office, looking for people to distribute the pamphlet to community services, gambling counsellors, GPs etc etc.

THANK YOU- Rock on GA- my number 0410714510. Mark H

HELPLINE (previously known as Diverter Phone)

- Penrith had the helpline phone over Christmas and New Year and passed it onto Ann at Fairfield.

TRUSTEE REPORT – Andy

- Nothing to report

GENERAL BUSINESS

• **ONE DAY CONFERENCE REPORT**

Over 100 attended

Praise and gratitude given to the teams that organized the day, ran the day and managed all aspects of feeding the crowds.

\$540.00 Profit Made

• **ANNOUNCING UPCOMING MILESTONES AND GROUP EVENTS**

Group members can announce upcoming milestones and group events via

- The NSW Website “ga-nsw.org.au” using the “Group Announcement Form”
- WhatsApp “NSW Announcements” or
- Emailed to ga_nsw@hotmail.com

• **NSW WEBSITE “GA-NSW.ORG.AU”**

Meeting Secretary’s you can complete the “GROUP ANNOUNCEMENT FORM” and “LITERATURE ORDER FROM” online. Forms are located on the members page of the website.

• **RSO ATTENDANCE**

Groups please make sure you have a representative attending the RSO meetings, they are held monthly on every 2nd Tuesday expect January.

With no further business to discuss:

Meeting closed at 7:30 pm

Contributions \$0

NEXT MEETING: Tuesday 10th March at 6.30PM ZOOM I.D. 811 3626 3542 PASSCODE: 1234

Gamblers Anonymous NSW Regional Service Office
Income and Expenditure Statement for the month of December 2025
Debit Card Operating Account #3099

		DECEMBER 2025	2025/2026 FinYear to Date
	INCOME		
1	Transfers from general operating account #8208		
2	03-July-2025		\$300.00
3	Officeworks refunds x 2		\$51.24
4	11-August-2025		\$300.00
5	Officeworks refund		\$77.85
6	01-October-2025		\$400.00
7	10-November-2025		\$400.00
8	Officeworks refund		\$15.00
9			
10			
11			
12			
13			
14	Income for the current month		\$1,544.09
15			
16	EXPENDITURE		
17	Zoom accounts	\$160.10	\$316.20
18	Zoom account transaction fees	\$2.37	\$11.85
19	Postage items, stationery, etc	\$30.30	\$826.83
20	ISO order - mixed goods		
21	Other goods-banners, brochures, etc		
22			
23	TOTAL EXPENDITURE	\$192.77	
24	Surplus/(Deficit)	-\$192.77	\$1,154.88
25	Opening cash at bank	\$716.43	
26	CLOSING CASH AT BANK	\$523.66	
		\$523.66	
	OPERATING ACCOUNTS - SUMMARY		
	Closing balance account #8208	\$29,341.14	(General operating account)
	Closing balance account #3099	\$523.66	(Debit card operating account)
	CLOSING COMBINED TOTAL	\$29,864.80	

Gamblers Anonymous NSW Regional Service Office
Income and Expenditure Statement for the month of December 2025
General Operating Account #8208

		DECEMBER 2025	2025/2026 FinYear to Date
1	INCOME		
2	Normal sales	\$564.30	\$3,652.55
3	Donations - general	\$515.00	\$4,732.50
4	Postage	\$30.00	\$171.00
5	GST refund from the ATO		\$162.00
6	Conference receipts & donations		
7	Fundraisers - hall hire refunds		\$500.00
8	Interstate GA RSO insurance splits		\$1,005.36
9	Gam-Anon insurance split		
10	TOTAL INCOME	\$1,109.30	\$10,223.41
11	EXPENDITURE		
12	Travel allowance		
13	Phone system - office & Helpline	\$179.00	\$1,105.26
14	Photocopier, printer, scanner	\$242.00	\$1,452.00
15	NAB EFTPOS Merchant service fee	\$20.00	\$142.08
16	Conference/fundraiser expenses incl. refunds		\$1,347.55
17	Computer - office		
18	GA Australia website hosting		
19	Office stationery, goods & postage		\$104.99
20	GA literature including ISO purchases		\$744.16
21	GA badges & 30-day tokens - stock		
22	Transfer to debit card a/c #3099 (see page 2)		\$1,400.00
23	Transfer to conference a/c 082356 782610611		
24	Office rent (Oakdene House)		
25	Insurances - Business & Volunteer		\$1,738.04
26	Post Office box rental		
27	Miscellaneous payments		\$197.90
28	Payment to the ATO		
29	TOTAL EXPENDITURE	\$441.00	\$8,231.98
30	Surplus/(Deficit)	\$668.30	\$1,991.43
31	Opening cash at bank	\$28,672.84	
32	CLOSING CASH AT BANK	\$29,341.14	

Gamblers Anonymous NSW Regional Service Office
Income and Expenditure Statement for the month of January 2026
General Operating Account #8208

	JANUARY 2026	2025/2026 FinYear to Date
1	INCOME	
2	Normal sales	\$3,794.55
3	Donations - general	\$4,872.52
4	Postage	\$171.00
5	GST refund from the ATO	\$162.00
6	Conference receipts & donations	
7	Fundraisers - hall hire refunds	\$500.00
8	Interstate GA RSO insurance splits	\$1,005.36
9	Gam-Anon insurance split	
10	TOTAL INCOME	\$10,505.43
11	EXPENDITURE	
12	Travel allowance	
13	Phone system - office & Helpline	\$1,284.75
14	Photocopier, printer, scanner	\$16.94
15	NAB EFTPOS Merchant service fee	\$162.08
16	Conference/fundraiser expenses incl. refunds	\$1,347.55
17	Computer - office	
18	GA Australia website hosting	
19	Office stationery, goods & postage	\$104.99
20	GA literature including ISO purchases	\$744.16
21	GA badges & 30-day tokens - stock	
22	Transfer to debit card a/c #3099 (see page 2)	\$1,400.00
23	Transfer to conference a/c 082356 782610611	
24	Office rent (Oakdene House)	
25	Insurances - Business & Volunteer	\$1,738.04
26	Post Office box rental	
27	Miscellaneous payments	\$197.90
28	Payment to the ATO	
29	TOTAL EXPENDITURE	\$6,996.41
30	Surplus/(Deficit)	-\$189.49
31	Opening cash at bank	\$29,341.14
32	CLOSING CASH AT BANK	\$29,151.65

3rd Annual Mitchelton Gamblers
Anonymous One Day Conference
with GamAnon Participation

Mitchelton Presbyterian Church,
40 Ruby St
Saturday, April 18, 2026
8.30 am to 5.00 pm

Agenda

- 8.30 am Conference registration
- 8.50 am Welcome
- 9.00 am Combined Open meeting
- 10.15 am Morning tea
- 10.40 am "Relationships/Partnerships in Unity pt 1" Brian F and Di F
- 11.55 am Lunch
- 12.45 pm "Relationships/Partnerships in Unity pt 2" Brian F and Di F
- 2.00 pm Afternoon tea
- 2.30 pm "Unity 1" Kristy G
- 3.45 pm Combined Open meeting
- 4.45 pm Close and clean up

Contacts:

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