

RSO meeting held on 13<sup>th</sup> May 2025

**PLEASE MAKE SURE THE MINUTES ARE READ OUT AT YOUR NEXT GROUP MEETING**

**IT HAS BEEN BROUGHT TO THE ATTENTION OF THE R.S.O.** that some groups are not reading #7 "We encourage every Gamblers Anonymous member to have a pressure relief group meeting....." that is ok if you choose not to read it as each group is self-governing, but think of the new member coming in facing court, needing a counselor etc. and does hear it. They will be inclined to ask for help and someone in your group will be able to lead them to the services that they require. It is important that this paragraph be read out.

**NOMINATIONS FOR NEW DELEGATES TO THE R.S.O. MEETINGS** will be attached to these minutes. Please check with your group to have a nominated delegate to attend the meetings held the 2<sup>nd</sup> Tuesday of each month. It is very fulfilling to do service within G.A.

**THE NSW G.A. WEBSITE:** [ga-nsw.org.au](http://ga-nsw.org.au) is up and running. From the website your group can place literature orders, submit group announcements for upcoming birthdays and so much more.

**THE PUBLIC RELATIONS GROUP** is needing more volunteers for their South Pacific roster. If you are able to help out please give Mark H a call. **Ph. 0410 714 510**

**THE TRIVIA NIGHT FUNDRAISER** is on Saturday 14<sup>th</sup> June at Yagoona. Please go to website [ga-nsw.org.au](http://ga-nsw.org.au) for more information.

**QUEENSLAND WILL HOST THE NATIONAL CONFERENCE FOR 2025 29<sup>TH</sup> AUGUST - 31<sup>ST</sup> AUGUST.**

I have attached Conference flyers plus "week-end" and "Day rate" flyers

**Flyers attached**

**BIRTHDAY CELEBRATIONS - See full list at <https://ga-nsw.org.au/events-and-news>**

GROUP	NAME	YEARS	ACTUAL DATE	CELEBRATING
Mount Annan	Lee	1yr	22 <sup>nd</sup> May	28 <sup>th</sup> May
	Lindsay	1yr	23 <sup>rd</sup> May	28 <sup>th</sup> May
	Ann Maree	13yrs	15 <sup>th</sup> May	21 <sup>st</sup> May
Castle Hill	Gary	1yr	15 <sup>th</sup> May	15 <sup>th</sup> May
Springwood	Matt	90 days		3 <sup>rd</sup> June
Penrith	Simon	4 yrs	5 <sup>th</sup> June	9 <sup>th</sup> June
Cessnock	Lyle	2years	May	21st July
	Lenny	16 years	19 <sup>th</sup> July	21st July

**NEXT R.S.O. MEETING TUESDAY 10<sup>th</sup> JUNE AT 6.30PM.**

**ZOOM I.D. 811 3626 3542**

**PASSCODE: 1234**

# NSW REGIONAL SERVICE OFFICE

## RSO NSW Meeting Minutes Tuesday 13<sup>th</sup> May 2025

PO Box 122  
FAIRFIELD NSW 1860  
PH: (02) 9727 5519

### RSO Executive

Coordinator - Anna  
Alt. Co-ord - Maureen  
Secretary - Anne Maree  
Treasurer - Warwick  
P.R. - Mark

Online Meeting Commenced: 6.30 pm.

Unity Program read by: Warwick

Attendance: 14

Attendees / Delegates:	Apologies:
Anna - Liverpool Peter - Springwood Maria (Newcastle) Darren - Western Sydney Zoom Mark - Fairfield Maureen - Penrith Anne Maree - Women's Zoom/Mt Annan Luke - Campbelltown Warwick - Rockdale Thurs Tyrone - Hornsby Dale - City Steps Tony B - Blacktown Caroline - Visitor/Website Ann - Visitor (Office)	Rob - Dulwich Hill

Accuracy of previous minutes:

Received by - Maria/Warwick

All in favor

READ AT BEGINNING OF MEETING ITEMS COLOURED GREEN PLEASE. (Not at half time as people leave.)

PLEASE LIST UPCOMING BIRTHDAYS for the next 2 months via the WEBSITE ([ga-nsw.org.au](http://ga-nsw.org.au) on the members page -> group announcements form), WHATSAPP Group 'NSW announcements' or email to [ga\\_nsw@hotmail.com](mailto:ga_nsw@hotmail.com) so members can look for birthdays & travel.

### **Incoming correspondence – Apr '25**

- Telstra 195.00
- Telstra 50.00
- NAB Merchant fee 20.00
- Aust Post 10.95
- Richo (Photocopier) 276.79
- Office Works 41.71 (incl Credit)
- Office Works 55.90
- Zoom 73.89 (24.63 x 3)
- Kmart 42.00
- Received Qld Minutes
- Received Vic Minutes
- Correction re previous Minutes that stated Victoria had shown interest in joining the new NSW Website. It was QLD that contacted NSW showing interest.
- Qld provided a Flyer re the Day Rates for Qld Conference. It is attached to these minutes and on the What's App NSW Announcements.
- Email received from Victoria in response to an invitation extended following Qld's expression of interest to be included in the new NSW Website.

### **Received by - Maureen/Darren**

### **Outgoing correspondence**

- As suggested by RSO, an email was sent to VIC and QLD to formally see if there was any interest in using the new NSW website as the national website, following expression of interest from QLD.

### **Treasurers Report – Warwick**

- April 2025
- Total Income \$776.97
- Total Expenditure \$1244.68
- Cash at bank \$51,278.18 (Total Both Accounts)

New NSW Conference Account has been opened by Maureen and Warwick and \$25,000.00 has been deposited into our third account.

### **Received - Anna/Maureen**

### **Office Report – Maureen**

- **Moved premises to 29 Vine St, Fairfield NSW from 1 Dale, St Fairfield NSW 2165 on 07 April 2025.**
- It's a beautiful premises. Significant problems/delays getting the photocopier delivered and working and with Telstra and NBN. Finally sorted and fully operational.

### **Public Relations– Mark**

Priority has been getting flyers out.

Vincent H is Sth Pacific Private roster organized.

- Herbert ST clinic
- Sydney clinic private
- SPP private
- Long bay jail forensic centre

GA Tapes available.

Please find time & communicate with the groups you attend – asking if anyone will be willing to drop some flyers off at their GP, community centres, gambling counsellor etc.

THANK YOU- Rock on GA- my number 0410714510. Mark H

#### Diverter Phone -

- Roshi/Castle Hill managed office calls that had to be diverted to the Diverter Phone. Thankfully she managed to coordinate these with the office as well as taking 5 calls per week.

#### Trustee Report - Mark

- Nothing to report

#### General Business

- Please read out the items of interest in these Minutes at the beginning of your meetings not at half time when people take breaks.
- Upcoming Birthdays can be added on Website “ga-nsw.org.au”, via WhatsApp ‘Announcements Only Group’ or emailed to [ga\\_nsw@hotmail.com](mailto:ga_nsw@hotmail.com)
- Oakdene House has moved to 29 Vine St Fairfield so Fairfield GA Meetings now held there also.
- NSW Website - Caroline has been updating any items given to her in feedback. The website is working well.

-Secretary’s of Meetings to complete the “GROUP ANNOUNCEMENT FORM” ONLINE, listing the coming birthdays. This information will then be updated onto the Website. Please arrange another member to complete if you are unable to do it yourselves. Form located on the members page of the website, <https://ga-nsw.org.au/group-announcement-form>

- Maureen correction from previous minutes. It was Qld that contacted us as they may wish to join our new NSW website.
- The NSW RSO unanimously voted to continue to keep the NSW Website as NSW Only.
- Lukey asked for suggestions to help lift the numbers of his Campbelltown meeting. Maureen, Anna and Mark all offered ideas including adding his meetings details via label to our Flyer and doing drops at Financial and Gambling Counsellors and AOD Centres/Rehabs in the area.
- Maureen suggested that all meetings READ OUT, # 7 PRESSURE RELIEF GROUP MEETING on PAGE 17. Yes they are not run anymore due to available professional services people can access, however, it does prompt a struggling member to ask about it so that we can refer them to Gambling Counselling Services, Financial Counselling, Legal Services etc – it’s a conversation starter.
- PLEASE ENCOURAGE MEMBERS OF EACH GROUP TO ATTEND RSO SO WE HAVE MORE PEOPLE TO TAKE OVER THE ROLES.

- **PLEASE APPOINT A MEMBER AT YOUR GROUP TO BE RESPONSIBLE FOR SUBMITTING GROUP ANNOUNCEMENTS WITH BIRTHDAYS SO THE WEBSITE CAN BE UPDATED. It helps with PR, shows the program works to anyone viewing the website.**

**With no further business to discuss:**

**Meeting closed at 7.35 pm**

**Contributions \$0**

**NEXT MEETING TUESDAY AT 6.30PM on 10<sup>TH</sup> June 2025**

**ZOOM I.D. 811 3626 3542**

**PASSCODE: 1234**

	<b>Gamblers Anonymous NSW Regional Service Office</b> <b>Income and Expenditure Statement for the month of March 2025</b> <b>General Operating Account #8208</b>		
		<b>MARCH 2025</b>	<b>2024/2025 FinYear to Date</b>
1	<b>INCOME</b>		
2	Normal sales	\$723.93	\$5,911.01
3	Donations - general	\$660.00	\$6,068.00
4	Postage	\$23.00	\$273.00
5	GST refund from the ATO		\$4,790.00
6	Conference receipts & donations	\$1,890.77	\$29,586.77
7	Fundraisers - hall hire refunds	\$500.00	\$500.00
8	Interstate GA RSO insurance splits		\$898.11
9	Gam-Anon insurance split		\$10.00
10	<b>TOTAL INCOME</b>	<b>\$3,797.70</b>	<b>\$48,036.89</b>
11	<b>EXPENDITURE</b>		
12	Travel allowance		\$250.00
13	Phone system - office & Helpline	\$195.00	\$1,755.00
14	Photocopier, printer, scanner	\$262.48	\$2,902.85
15	NAB EFTPOS Merchant service fee	\$26.21	\$214.21
16	Conference expenses incl. refunds	\$958.51	\$38,143.16
17	Computer - office		
18	GA Australia website hosting	\$241.79	\$252.39
19	Office stationery & postage		\$13.00
20	GA literature including ISO purchases		\$2,218.66
21	GA badges & 30-day tokens - stock		\$1,759.90
22	Transfer to debit card a/c #3099 (see page 2)		\$2,700.00
23	Office rent (Oakdene House)		\$960.00
24	Insurances - Business & Volunteer		\$1,467.89
25	Post Office box rental		
26	Miscellaneous payments		\$10.95
27	Payment to the ATO		
28	<b>TOTAL EXPENDITURE</b>	<b>\$1,683.99</b>	<b>\$52,648.01</b>
29	Surplus/(Deficit)	\$2,113.71	-\$4,611.12
30	Opening cash at bank	\$49,298.26	
31	<b>CLOSING CASH AT BANK</b>	<b>\$51,411.97</b>	

	<b>Gamblers Anonymous NSW Regional Service Office</b> <b>Income and Expenditure Statement for the month of March 2025</b> <b>Debit Card Operating Account #3099</b>		
		<b>MARCH 2025</b>	<b>2024/2025 FinYear to Date</b>
	<b>INCOME</b>		
1	Transfers from general operating account #8208		
2	10-July-2024	\$300.00	\$300.00
3	05-August-2024	\$200.00	\$200.00
4	16-September-2024	\$300.00	\$300.00
5	23-October-2024	\$300.00	\$300.00
6	25-November-2024	\$1,000.00	\$1,000.00
7	OfficeWorks refund_4-December-2024	\$29.98	\$29.98
8	4-February-2024	\$300.00	\$300.00
9	27-February-2025	\$300.00	\$300.00
10			
11			
12	<b>Income for the current month</b>		<b>\$2,729.98</b>
13			
14	<b>EXPENDITURE</b>		
15	Zoom accounts	\$147.78	\$517.23
16	Zoom account transaction fees	\$2.22	\$15.54
etc	Postage items, stationery, etc	\$164.00	\$976.33
18	ISO order - mixed goods		
19	Other goods-banners, brochures, etc		\$1,544.40
20			
21	<b>TOTAL EXPENDITURE</b>	<b>\$314.00</b>	
22	Surplus/(Deficit)	<b>-\$314.00</b>	<b>\$3,053.50</b>
23	Opening cash at bank	\$886.33	
24	<b>CLOSING CASH AT BANK</b>	<b>\$572.33</b>	
	<b>OPERATING ACCOUNTS - SUMMARY</b>		
	Closing balance account #8208	\$51,411.97	(General operating account)
	Closing balance account #3099	\$572.33	(Debit card operating account)
	<b>CLOSING COMBINED TOTAL</b>	<b>\$51,984.30</b>	

Gamblers Anonymous NSW RSO - Group Purchases & Donations									
Financial Year 2024/2025									
		MARCH 2025		FinYear to date					
		Purchases	Donations	Purchases	Donations	TOTAL			
1	Albury/Wodonga					\$0.00			
2	Ashfield					\$0.00			
3	Ballina					\$0.00			
4	Bathurst			\$179.00		\$179.00			
5	Belmont	\$123.00		\$123.00		\$123.00			
6	Blacktown (Seven Hills)			\$124.00	\$500.00	\$624.00			
7	Bondi					\$0.00			
8	Bondi Beach					\$0.00			
9	Bondi Junction					\$0.00			
10	Cardiff					\$0.00			
11	Castle Hill	\$50.00		\$100.00		\$100.00			
12	Central West (ZOOM)				\$15.00	\$15.00			
13	Cessnock (ZOOM)			\$30.00	\$40.00	\$70.00			
14	City Steps					\$0.00			
15	Coffs Harbour			\$100.50		\$100.50			
16	Coogee South			\$171.00		\$171.00			
17	Cremorne Steps			\$90.00	\$310.00	\$400.00			
18	Cremorne Wednesday			\$90.00	\$510.00	\$600.00			
19	Dapto					\$0.00			
20	Dubbo					\$0.00			
21	Dulwich Hill Steps (Monday)	\$322.50		\$322.50		\$322.50			
22	Dulwich Hill (Saturday)				\$115.00	\$115.00			
23	Dulwich Hill (Tuesday)					\$0.00			
24	Inner-west Zoom (Monday)					\$0.00			
25	Epping (ZOOM)					\$0.00			
26	Fairfield Steps (Tuesday)			\$190.00	\$700.00	\$890.00			
27	Fairfield Steps (Friday)	\$74.50		\$226.50	\$500.00	\$726.50			
28	Foster/Tuncurry					\$0.00			
29	Hornsby	\$14.00		\$14.00		\$14.00			
30	Lismore (temporary closure)					\$0.00			
31	Liverpool			\$80.00	\$520.00	\$600.00			
32	Long Jetty			\$453.00	\$195.00	\$648.00			
33	Maitland East			\$98.50	\$72.00	\$170.50			
34	Manly Vale			\$75.00		\$75.00			
35	Mayfield					\$0.00			
36	Miranda					\$0.00			
37	Mt Annan					\$0.00			
38	Newcastle					\$0.00			
39	Nowra					\$0.00			
40	Parramatta (ZOOM)					\$0.00			
41	Penrith	\$53.00		\$343.45	\$100.00	\$443.45			
42	Queensland RSO					\$0.00			
43	Rockdale (Sunday)	\$29.00		\$322.50		\$322.50			
44	Rockdale Steps (Thursday)	\$29.00	\$300.00	\$322.50	\$500.00	\$822.50			
45	Rozelle		\$350.00		\$650.00	\$650.00			
46	Springwood	\$52.00		\$96.00		\$96.00			
47	St Marys			\$165.00		\$165.00			
48	Sutherland			\$100.00		\$100.00			
49	Tamworth					\$0.00			
50	West Ryde			\$55.00		\$55.00			
51	Weston Creek (ACT)			\$25.00		\$25.00			
52	Wollongong					\$0.00			
53	Women's meeting (ZOOM)		\$10.00		\$135.00	\$135.00			
54	Conference Donations		\$1,890.77		\$19,580.77	\$19,580.77			
55	Interstate RSOs, Gam-Anon			\$1,680.50	\$450.47	\$2,130.97			
56	General donations				\$3,088.00	\$3,088.00			
TOTAL		\$0.00	\$2,550.77	\$5,576.95	\$27,981.24	\$33,558.19			

### Guidelines - 1972

**Group treasurers should not exceed one month's budgeted expenses plus 50%. All excess monies should be disbursed to the NSW RSO.**

As trusted servants being accountable to our fellow members, all groups are entitled to a record of purchases & donations made during the current financial year.

Needless to say, your NSW RSO could not function without your support. Private sales & donations will be listed under 'Others'.

Please remember that private donations to the RSO over two dollars (\$2) are tax deductible & the NSW RSO will issue a receipt for tax purposes.





(G.A. & GAM-ANON CONFERENCE FUNDRAISER)

**WHERE?**

Yagoona Community Centre, 176D Cooper Road

**WHEN?**

7pm Saturday 14th June (food from 6pm – bring a plate!)

**COST?**

\$10 per person

**HOW?**

Teams of eight.

If attending as an individual or small group, we will DEFINITELY find you a team to join! Family and friends more than welcome.

**For further information please contact :**

**Andy D.**      0410 632 519

**Darren K.**      0410 692 188

**Ray S.**      0421 334 987

# **Keep Carrying the Message!**

## **50 Years of GA in QLD**



### **Golden Anniversary on “the Goldie”**

***“...the survival of GA depends upon one primary activity: carrying the message to the men and women still suffering.”***

**GA Big Book**



**29-31 August 2025**

**Mercure Gold Coast Resort  
64 Palm Meadows Drive  
Carrara QLD 4211**

**Brian 0401 253 211  
Sally 0412 971 673  
Ben 0424 289 614**

**Gamblers Anonymous 44th National Conference  
With Gam-Anon Participation  
"Keep Carrying the Message! (50 Years of GA in QLD)"**

**4pm Friday 29 August to 4pm Sunday 31 August  
Mecure Gold Coast Resort**

**Email Your Registration:** garsoqi@live.com.au

**Post Your Registration:** Conference 2025, PO Box 243, Nundah QLD 4012

- First Name + Surname Initial
- Group + State
- Anniversary Date
- GA or Gam-Anon?
- Mobile Number
- Dietary Requirements
- 



**Deposits (Non-refundable)**

Friday Night	Includes Supper	\$16
Saturday Daytime	Includes Lunch, Morning Tea and Afternoon Tea	\$79
Saturday Daytime + Dinner Dance	Includes Dinner	\$149
Saturday Night Dinner Dance Only	Includes Dinner	\$70
Sunday	Includes Morning Tea and Light Lunch	\$32

**Part payments outside these terms not accepted – only payment in full.**

**Account Details for Payment**

Account Name: Regional Service Office Queensland Inc

BSB No: 064 241

A/C No: 1006 9585

**Contacts**

- Brian 0401 253 211
- Glenn 0400 955 589
- Sally 0412 971 673
- Ben 0424 289 614
- garsoqi@live.com.au

**PLEASE DO NOT CALL MECURE FOR CONFERENCE QUERIES!**

Address All Mail To:-  
P.O. Box 122  
FAIRFIELD  
NSW 1860

Telephone: 02 – 9727-5519

**TO ALL GROUP SECRETARIES**

Has your group elected a new Delegate and Alternate for the R.S.O.?

The members eligible for election are required to have a minimum of 6 months abstention from gambling and to be available EVERY second Tuesday of every month to attend the R.S.O. meeting at Salvo's Office Lewisham St. Dulwich Hill 7.45pm.

In the case of a new group, the group needs to have been running for 3 months then the group can elect any member that is willing and able to serve as Delegate.

If your group has members with 2yrs. or more that are willing to serve, this is preferable, as the requirement for the R.S.O. executive committee (Coordinator, Secretary, Public Relations Treasurer Etc). is a minimum of 2yrs. abstention from gambling.

Delegates are required to attend all meetings themselves or ensure that the Alternate Delegate of the group attends in their place, **please try to make sure that YOUR group is represented.**

Any Country or Interstate group wishing to have a "city" member represent them please let us know.

Secretaries are asked to hold the election as soon as possible and return the lower half to the R.S.O.

**Group Name**

**Address of Meeting Place**

**Time and Day**

**DELEGATE NAME & CONTACT No:**

**SECRETARY NAME & CONTACT No:**

**TREASURERS NAME & CONTACT No:**

**GROUP MAILING ADDRESS:**