



Monthly Home Care Maintenance Checklist

A simple monthly reset to keep your home clean, organized, comfortable, and ready for whatever the month brings.

Use this checklist once a month to catch the tasks that often get overlooked during your regular cleaning routine.

Tip: You don't have to complete everything in one day. Break the list into manageable sections throughout the month.



Whole Home

- ☐ Dust ceiling fans and light fixtures
- ☐ Dust vents and return-air grilles
- ☐ Wipe doors, door frames, and handles
- ☐ Wipe light switches and frequently touched surfaces
- ☐ Dust baseboards in high-traffic areas
- ☐ Vacuum underneath furniture where accessible
- ☐ Clean behind commonly moved furniture
- ☐ Check walls for scuffs or marks
- ☐ Check for cobwebs in corners and ceilings
- ☐ Clean mirrors and glass surfaces
- ☐ Check smoke and carbon monoxide detector batteries
- ☐ Check air filters and replace according to manufacturer's recommendations
- ☐ Check for signs of leaks, moisture, or unusual odors
- ☐ Check light bulbs and replace as needed



Kitchen

- ☐ Clean inside microwave
 - ☐ Wipe cabinet and drawer fronts
 - ☐ Clean appliance exteriors
 - ☐ Clean refrigerator exterior
 - ☐ Check refrigerator for expired food
 - ☐ Wipe refrigerator shelves and drawers as needed
 - ☐ Clean and sanitize trash and recycling bins
 - ☐ Clean sink and faucet thoroughly
 - ☐ Clean backsplash
 - ☐ Wipe pantry shelves and check expiration dates
 - ☐ Organize frequently used pantry items
 - ☐ Check household staples and create a restocking list
 - ☐ Clean under small countertop appliances
 - ☐ Deep clean stovetop
 - ☐ Clean dishwasher filter according to manufacturer's instructions
 - ☐ Check garbage disposal and clean according to manufacturer's instructions
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Bathrooms

- ☐ Deep clean shower and tub
 - ☐ Clean grout and problem areas
 - ☐ Clean shower doors or curtains
 - ☐ Wash bath mats
 - ☐ Wash or replace shower curtain liner as needed
 - ☐ Clean inside and outside of cabinets
 - ☐ Check expiration dates on personal-care products
 - ☐ Declutter drawers and countertops
 - ☐ Clean exhaust fan cover
 - ☐ Clean mirrors
 - ☐ Clean fixtures and faucets
 - ☐ Sanitize trash cans
 - ☐ Check toilet for leaks or running water
 - ☐ Restock toilet paper and household essentials
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Bedrooms

- ☐ Wash bedding
 - ☐ Wash mattress protector
 - ☐ Rotate mattress according to manufacturer's recommendations
 - ☐ Vacuum mattress surface as appropriate
 - ☐ Dust bed frame and headboard
 - ☐ Clean underneath the bed where accessible
 - ☐ Declutter nightstands
 - ☐ Organize drawers
 - ☐ Review clothing that has accumulated
 - ☐ Put away seasonal clothing as appropriate
 - ☐ Check closets for items to donate
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Laundry Room

- ☐ Clean washing machine according to manufacturer's instructions
 - ☐ Clean detergent dispenser
 - ☐ Wipe washer and dryer exteriors
 - ☐ Clean dryer lint screen
 - ☐ Check dryer vent area for lint buildup
 - ☐ Wipe laundry shelves and cabinets
 - ☐ Check detergent and household supply levels
 - ☐ Organize laundry products
 - ☐ Remove empty containers
 - ☐ Check for leaks around appliances
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Organization Reset

Choose **one area each month** instead of trying to organize the entire house at once.

- ☐ Pantry
- ☐ Refrigerator
- ☐ Linen closet
- ☐ Bathroom cabinets
- ☐ Kitchen drawers

- ☐ Junk drawer
- ☐ Entryway
- ☐ Laundry room
- ☐ Bedroom closet
- ☐ Home office
- ☐ Children's spaces
- ☐ Garage
- ☐ Storage area
- ☐ Seasonal décor

Ask yourself:

Do we use it?

Does it have a home?

Would someone else benefit from it?

Can it be donated, recycled, repurposed, or discarded responsibly?



Natural Home & Wellness

- ☐ Refill household cleaning products
 - ☐ Check natural product inventory
 - ☐ Replace worn cleaning tools
 - ☐ Wash reusable cleaning cloths
 - ☐ Clean reusable water bottles
 - ☐ Wash reusable shopping bags
 - ☐ Check household fragrance products
 - ☐ Remove products that are no longer being used
 - ☐ Review single-use items that could be replaced with reusable alternatives
 - ☐ Check indoor plants and remove damaged leaves
 - ☐ Open windows when weather and air quality allow
 - ☐ Refresh frequently used spaces
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Pet Areas

- ☐ Wash pet bedding
 - ☐ Wash food and water bowls
 - ☐ Clean feeding area
 - ☐ Vacuum pet hair from furniture
 - ☐ Clean around litter boxes or pet stations
 - ☐ Wash pet toys as appropriate
 - ☐ Check pet supply levels
 - ☐ Check for damaged or worn items
 - ☐ Clean frequently used pet areas
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Household Supplies

Check your inventory and restock before you're completely out.

- ☐ Toilet paper
 - ☐ Paper products
 - ☐ Laundry products
 - ☐ Dishwashing products
 - ☐ Trash bags
 - ☐ Natural cleaning products
 - ☐ Personal-care essentials
 - ☐ Pet supplies
 - ☐ Batteries
 - ☐ Light bulbs
 - ☐ Air filters
 - ☐ Other household staples
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Home Maintenance Check

This checklist isn't a substitute for professional inspection, but a monthly visual check can help you notice issues early.

- ☐ Check under sinks for moisture or leaks
- ☐ Check around toilets for signs of leaks
- ☐ Look for water stains on ceilings or walls

- ☐ Check faucets for dripping
- ☐ Check doors and windows for obvious issues
- ☐ Check visible caulking for deterioration
- ☐ Check for unusual odors
- ☐ Check for signs of pests
- ☐ Check HVAC filter
- ☐ Check visible HVAC components for unusual buildup
- ☐ Check smoke detectors
- ☐ Check carbon monoxide detectors
- ☐ Check fire extinguisher expiration/status
- ☐ Note anything that needs professional attention

Found something concerning? Don't ignore it. Add it to your home maintenance list and contact the appropriate professional.



Monthly Planning

Before the month gets away from you:

- ☐ Review upcoming events
 - ☐ Review upcoming guests
 - ☐ Review travel plans
 - ☐ Schedule needed specialty services
 - ☐ Plan seasonal projects
 - ☐ Create grocery/restocking list
 - ☐ Schedule home maintenance appointments
 - ☐ Identify one organization project
 - ☐ Identify one area that needs deeper cleaning
 - ☐ Review your household's priorities
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Your Bare Necessities Monthly Reset

What needs attention this month?

Cleaning:

Organization:

Maintenance:

Restocking:

Seasonal Preparation:

Upcoming Events or Guests:

Other:

One Last Question

What would make your home feel noticeably better this month?

Start there.

You don't have to do everything at once. A well-cared-for home is built through small, consistent acts of care.

Don't Have Time for the Monthly Reset?

That's exactly where Bare Necessities can help.

Our recurring memberships are designed to keep up with the everyday maintenance while incorporating deeper care, organization, seasonal resets, and household support based on your needs.

You enjoy your home.

We'll help take care of it.

Explore Bare Necessities Memberships → www.barenecessities.club