

# OCTANE JANUARY GYM SCHEDULE @ ST. MARY'S 2021

January 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 POWER16 4:30-6:30  WOLVERINE JV 6:30-8:30	5 MIAMI 3:15-5:00 PANAMA 5:15-6:15 TAMPA 6:30-8:00	6 POWER 15 4:15-6:00  POWER 18 6:15-8:15	7 COCOA 3:30-5:30  POWER 17 6:00-8:00	8 TERROR 4:00-6:00	9 EVP 9:00-10:00 (Defense) EVP 10:15-11:15 (Hitters) EVP 1:00-2:00 (ALL SKILLS)
10 WOLVERIN VAR 1:00-3:00	11 POWER 16 & 17 TRAINING SESSION 4:30-6:30  WOLVERINE JV 6:30-8:30	12 SIESTA 3:15-5:00 PANAMA 5:15-6:15 TAMPA 6:30-8:00	13 POWER 15 & 18 TRAINING SESSION 5:00-7:00	14 COCOA 3:30-5:30  POWER 17 6:00-8:00	15 TERROR 4:00-6:00	16 EVP 9:00-10:00 (Defense) EVP 10:15-11:15 (Hitters) EVP 1:00-2:00 (ALL SKILLS)
17 WOLVERIN VAR 1:00-3:00	18 POWER 16 & 18 TRAINING SESSION 4:30-6:30 WOLVERINE JV 6:30-8:30	19 MIAMI 3:15-5:00 PANAMA 5:15-6:15 TAMPA 6:30-8:00	20 POWER 15 & 17 TRAINING SESSION 4:30-6:00 POWER 18 6:15-8:15	21 COCOA 3:30-5:30  POWER 17 6:00-8:00	22 TERROR 4:00-6:00	23 INVITATIONAL SETTERS 9:30-10:45 WOLVERIN VAR 1:00-3:00
24	25 POWER16 & 15 TRAINING SESSION 4:30-6:30  WOLVERINE JV 6:30-8:30	26 SIESTA 3:15-5:00 PANAMA 5:15-6:15 TAMPA 6:30-8:00	27 POWER 15 4:15-6:00  POWER 18 6:15-8:15	28 COCOA 3:30-5:30 POWER 17 & 18 TRAINING SESSION 6:00-8:00	29 TERROR 4:00-6:00	30 EVP 9:00-10:00 (Defense) EVP 10:15-11:15 (Hitters) EVP 1:00-2:00 (ALL SKILLS)
31 WOLVERIN VAR 1:00-3:00	<ul style="list-style-type: none"> <li>BE STRONG when you are WEAK, BRAVE when you are SCARED, and HUMBLE when you are VICTORIOUS</li> </ul>					