



<b>1</b> SET YOUR GOALS	<b>2</b> READ YOUR FAVORITE BLOG	<b>3</b> WATCH YOUR FAVORITE SHOW	<b>4</b> DRINK YOUR FAVORITE HOT BEVERAGE	<b>5</b> DRINK YOUR FAVORITE COLD BEVERAGE
<b>6</b> DO A HOMEMADE FACIAL	<b>7</b> TRY A NEW HAIRSTYLE	<b>8</b> WATCH YOUR FAVORITE MOVIE	<b>9</b> COOK FOR FAVORITE MEAL	<b>10</b> BAKE YOUR FAVORITE DESSERT
<b>11</b> READ YOUR FAVORITE BOOK	<b>12</b> RELAX	<b>13</b> TAKE A SPONTANEOUS TRIP	<b>14</b> GO TO YOUR FAVORITE RESTAURANT	<b>15</b> GO TO YOUR FAVORITE BAKERY
<b>16</b> DO YOUR NAILS	<b>17</b> DEEP CONDITION YOUR HAIR	<b>18</b> GET A MASSAGE	<b>19</b> SCHEDULE AN APPOINTMENT FOR A MANICURE & PEDICURE	<b>20</b> SCHEDULE AN EYEBROW APPOINTMENT
<b>21</b> TRY ON A NEW LIP COLOR	<b>22</b> BUY A NEW PERFUME	<b>23</b> PURCHASE A NEW ARTICLE OF CLOTHING	<b>24</b> ADD A NEW HOME DECOR ITEM TO YOUR ABODE	<b>25</b> JOT YOUR DREAM ON PAPER
<b>26</b> OUTLINE TASKS TO COMPLETE YOUR GOALS	<b>27</b> VOLUNTEER WITH AN ORGANIZATION YOU LOVE	<b>28</b> LAUGH LOUD	<b>29</b> LISTEN TO MUSIC	<b>30</b> TAKE TIME TO REFLECT



# LOVE ON YOURSELF CHALLENGE!