

Rhythmic Gymnastics

Summer 2024 Schedule

June 10 – August 10

Lakeshore

DANCE AND GYMNASTICS

Team	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Xcel	5:00-8:00pm Rhythmic			6:00-7:15pm Ballet (optional)	5:00-8:00pm Rhythmic	12:45-2:00pm Ballet (optional)
Beginner ages 5+ Recommended dance classes listed. Can enroll for 50% off 2 nd class!					3:45-4:30pm Jazz ages 5-7 5:00-6:00pm Ages 5-7 Rhythmic	10:45-11:45am Ballet & Tap combo class ages 6-8

Class attire:

Rhythmic: black leotards or shorts and a t-shirt, white socks, hair in a bun

Ballet: black leotard, pink tights, pink ballet shoes, hair in a bun

Jazz: Leotard or form fitting athletic wear such as a tank top with shorts, or leggings

B/T combo classes: pink leotard, pink tights, pink ballet shoes, tan tap shoes. Hair tied back.