

Welcome!

We are entering week number 4 of the school year at Lakeshore Dance & Gymnastics. Lakeshore has had 43 years of providing education to children in the fields of gymnastics and dance. We are so thankful to have the opportunity to be a part of your young athlete's life. Take some time and read all about Lakeshore and some upcoming events!

October 25th - Annual Halloween Party! \$25

5:30-7:00pm
Ages 3 and up
(split into age groups)

- > Costume Contest
- > Open Gym
- > Goody/Treat bags
- > Games
- > More surprises than ever before



SIGN UP HERE



Class Halloween Treat Exchange: Friday, 10/24 through Thursday, 10/30;

During your child's normal class time.

Students are invited to dress up for class in a not too scary, safe for class costume. Get creative! Watch out! Wearing a mask, gloves, or costumes that can restrict movement will not be safe for gymnastics & dance.

We will take some time at the end of the class to allow students to exchange treats with their classmates.

Please be mindful of allergies & no baked goods.



About Our Gymnastics Classes

Our gymnastics classes are designed to be fun, challenging, and progressive. Lesson plans change weekly and build in difficulty over time to help students continually improve their skills.

We have a variety of experienced coaches, each with their own unique teaching style and personality, because we know that every child learns differently.

Progress reports are sent home twice a year, in December and May, but students have the opportunity to move up levels at any time throughout the year based on their individual progress.

Any questions on our program or staff, contact Anna; anna@lakeshoregym.com

Did you know?

We offer several different studies at Lakeshore! Including:

Gymnastics
Dance
Tumbling
Rhythmic gymnastics
Adaptive gymnastics for those children on the spectrum



We teach all genders and all levels of experience from age 16 months to 18 years!

Ask one of our wonderful receptionists for more information on any of our offerings!

Health and Cleanliness

Did you know we're one of the only gyms in the area that sanitizes our preschool area between every class?

Because our youngest athletes have more vulnerable immune systems, we make it a priority to keep their equipment as clean as possible.

You'll often see our staff hard at work sanitizing mats, bars, and activity circles between classes to help ensure a safe, healthy environment for your little ones.

Why progress in Gymnastics sometimes look 'slow'...

One of the biggest questions we get is, "When is my child ready to move up?"



Gymnastics isn't about rushing to the next level. It's about building a strong foundation, just like building a house. If the base isn't solid, everything above will crumble.



Skills must be SAFE, STRONG, and CONSISTENT before moving levels.

Athletes develop "invisible skills" too! Like strength, confidence, flexibility, form, and discipline.



Every child's journey is unique. Some fly through early levels, others take more time. Both paths can lead to incredible growth.

So if your child stays in a level longer than expected, that's not a setback. It's an investment in their future success and safety.

Remember: Progress isn't measured only by new levels. It's measured in stronger cartwheels, straighter handstands, more confidence, and the joy of saying, "I did it!!"



We are constantly monitoring our student's progress. In **Stepping Stones**, as they become ready for the next level we will notify the family to sign up for a try out. We have students try out for the next level so we can make sure they're placed where they'll grow the most. Challenged but still set up for success.

Our **preschool levels** are mostly based on age, but do have opportunities to move levels based on ability and maturity.

Tuition Fees:

Tuition is automatically charged on the 15th of each month for the next 4 weeks.

You will always get 4 weeks for the price you pay even over the holiday breaks and studio closings.

You can view our payment & school year calendars on our website; lakeshoregym.com



Dropping classes:

While we will miss you as a Lakeshore family member, we understand there are challenges. Ask about transferring to another study (dance, rhythmic, etc).

To withdraw from a class, simply email Irene: irene@lakeshoregym.com

Remember to submit notice by the 1st of the month to avoid any charges for the following month.

We appreciate your time with us and hope to see you back in the future!